

**Te Whatu Ora**  
Health New Zealand

# **Education for Practice 2024**



**Practice Development Unit (Southland)  
Level 1, Learning and Research Centre  
SOUTHLAND HOSPITAL**

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## INTRODUCTION

This booklet outlines the training opportunities that are available in 2024 for current and future healthcare workforce staff via the Te Whatu Ora Southern, Southland Practice Development Unit. An electronic copy of this booklet can be found on the Practice Development Service sharepoint site, Workshop Resources and General Information, Resources and Documents, Southland. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. Each programme outline indicates the suitable target audience.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing, however scheduled sessions may change so please check the electronic version of this book on the Practice Development Service sharepoint site.

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Should there be a need to change the venue of your education session, you will be contacted via e-mail.

Some sessions have a maximum number of participants therefore it is important that those wishing to attend register via Employee Connect, or through the appropriate contact person, as per the details on the programme outline.

Once your booking has been electronically approved by your manager, you will receive an e-mail confirming the details of your booking. A reminder e-mail will also be generated prior to the study day. Staff are asked to please check the Practice Development Service Sharepoint site [PDU Workshop Resources and General Information](#) and click on the “Resources and Documents” tile (Southland site) for any information or pre-reading required for your study day.

A small number of sessions also have a booking restriction and are unable to be booked on Employee Connect. The programme outline will indicate who to contact to book in.

Before booking, please note if the session is hospital or community based as included in the schedule are sessions that have been specifically developed for primary providers wishing to attend.

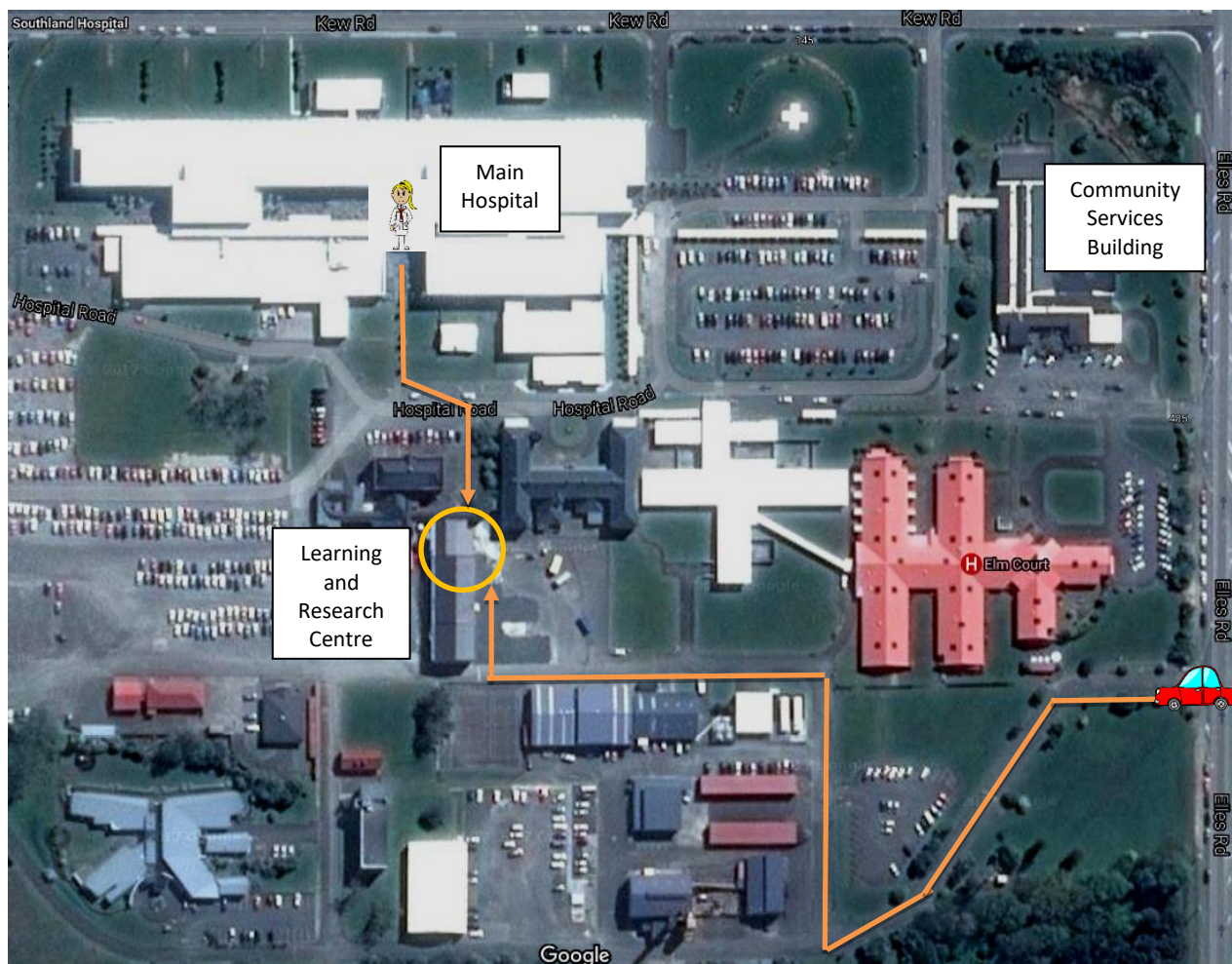
It is also important that you follow the required processes in your practice area before booking into an education session ie. discuss with or register through your manager.

If you are booked to attend a session and can no longer attend, please either cancel yourself, ask the person who booked you to withdraw you from the course, or contact the Practice Development Administrator on ext 47920 or DDI 03 2148920, as soon as possible, to allow others to fill the space.

Should the study day you are booked to attend be cancelled, you, your manager and your educator will be sent an e-mail advising of this.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2024.

## Southland Hospital Learning and Research Centre



**If your study day/workshop is being held in the Learning and Research Centre, please take the stairs or lift to the first floor.**

**For those requiring car parking, there is free parking on either side of the Learning and Research Centre building.**

## WORKSHOP CHRONOLOGICAL LIST

<b>JANUARY</b>			
Health Care Assistant / Kaiawhina Forum	17 January	NETP Launch	29 January
Cannulation Workshop	25 January	NETP IT	30 January
PDRP ePortfolio Workshop (for those on PDRP)	29 January	NETP Clinical Skills	31 January
<b>FEBRUARY</b>		<b>MARCH</b>	
NETP SMART (internal)	1 February	PDRP ePortfolio Workshop (for those on PDRP)	4 March
Health Care Assistant / Kaiawhina Forum	7 February	Child Health Study Day	5 March
CVAD Workshop (Central Venous Access Devices)	8 February	Immediate Life Support Instructor Workshop	5 March
Medical Ward Mandatory Catch-Up	8 February	SMART Training (Safe Moving and Restraint Minimisation Training) – Queenstown	5 March
Port Needle Insertion Mini-Workshop	8 February	Cannulation Workshop	6 March
NETP SMART (external)	9 February	NETP Palliative Care	6 March
SMART Training (Safe Moving and Restraint Minimisation Training)	12 February	Adult Respiratory Support Workshop by Fisher & Paykel Healthcare	7 March
Immediate Life Support Refresher	13 February	Emergency Midwifery Skills Study Day – Lakes District Hospital	7 March
NZRC CORE Advanced Rescuer Course	14 February	Immediate Life Support Refresher	12 March
Safer Moving and Handling Trainers Day (Hospital Setting)	16 February	VIP Family Violence and Child Protection (Refresher Training)	12 March
Cannulation Workshop	19 February	NZRC CORE Advanced Rescuer Course	13 March
PDRP Portfolio Workshop	19 February	Gastrointestinal Study Day	14 March
Safer Moving and Handling Revalidation Session	21 February	Newborn Life Support Training – Invercargill	14 March
Unstable Patient Workshop – Hospital Setting	21 February	Safer Moving and Handling Trainers Day (Primary/Community)	15 March
VIP Family Violence and Child Protection (Core Training)	21 February	Preceptorship Workshop	18 and 19 March
Emergency Midwifery Skills Day – Southland Hospital	22 February	Venepuncture Workshop	18 March
Essentials of Nursing Care – Day 1	22 February	Surgical Skills Study Day	19 March
Essentials of Nursing Care – Day 2	23 February	Health Care Assistant / Kaiawhina Forum	20 March
Wound Service: Lower Leg Compression Therapy Workshop	27 February	PDRP Assessor Workshop	20 March
De-escalation Study Day	28 February	Safer Moving and Handling Revalidation Session	20 March

Medical Ward Skills Day	29 February	Unstable Patient Workshop – Hospital Setting	20 March
Venepuncture Workshop	29 February	Immediate Life Support Instructor Revalidation	21 March
		Wound Assessment and Management Workshop (Inpatient Nurses)	21 March
		Emergency Department Skills Day Workshop (Fundamentals)	22 March
		SMART Training (Safe Moving and Restraint Minimisation Training)	25 March
		Childrens Ward Mandatory Practical Study Day	26 March
		Orthopaedic Study Day	27 March
		VIP Family Violence and Child Protection (Core Training)	27 March
<b>APRIL</b>		<b>MAY</b>	
Care of the Trauma Patient Workshop	3 April	NETP Unstable Patient (external)	1 May
Health Care Assistant / Kaiawhina Forum	3 April	Medical Ward Skills Day	2 May
Respiratory Support and Devices Workshop	4 April	Infection Prevention and Control Study Day	3 May
Diabetes Study Day	9 April	PDRP ePortfolio Workshop (for those on PDRP)	6 May
Immediate Life Support Refresher	9 April	Stroke Workshop	7 May
NZRC CORE Advanced Rescuer Course	10 April	Surgical Skills Study Day	7 May
CVAD Workshop (Central Venous Access Devices)	11 April	Cannulation Workshop	8 May
Parenteral Nutrition Mini Workshop	11 April	Health Care Assistant / Kaiawhina Forum	8 May
Port Needle Insertion Mini-Workshop	11 April	VIP Family Violence and Child Protection (Core Training)	8 May
Pain Study Day	12 April	Emergency Midwifery Skills Day – Southland Hospital	9 May
NETP Unstable Patient (internal Group One)	17 April	SMART Training (Safe Moving and Restraint Minimisation Training)	13 May
Emergency Department Plaster Refresher Workshop	18 April	Immediate Life Support Refresher	14 May
Essentials of Nursing Care – Day 1	18 April	VIP Family Violence and Child Protection (Refresher Training)	14 May
Essentials of Nursing Care – Day 2	19 April	NZRC CORE Advanced Rescuer Course	15 May

Cannulation Workshop	22 April	Team Leader Workshop (Medical and Surgical)	16 May
NETP Unstable Patient (internal Group Two)	24 April	Safer Moving and Handling Trainers Day (Hospital Setting)	17 May
Safer Moving and Handling Revalidation Session	24 April	Preceptorship Workshop	20 and 21 May
PDRP Portfolio Workshop	29 April	Venepuncture Workshop	20 May
		NETP VIP Training Group One	22 May
		Safer Moving and Handling Revalidation Session	22 May
		Unstable Patient Workshop – Hospital Setting	22 May
		Palliative Care Study Day	28 May
		District Nursing Study Day	29 May
		NETP VIP Training Group Two	30 May
<b>JUNE</b>		<b>JULY</b>	
NETP / ENSIPP Continence, Stroke, Diabetes and Wounds	5 June	Immediate Life Support Refresher	2 July
PDRP Portfolio Workshop	5 June	NZRC CORE Advanced Rescuer Course	3 July
Respiratory Support and Devices Workshop	6 June	Newborn Life Support Training – Invercargill	4 July
VIP Family Violence and Child Protection (Core Training)	6 June	NETP Pain	8 July
CVAD Workshop (Central Venous Access Devices)	7 June	VIP Family Violence and Child Protection (Refresher Training)	9 July
Port Needle Insertion Mini-Workshop	7 June	Cardiac Workshop	10 July
Safer Moving and Handling Trainers Day (Hospital Setting)	7 June	Cannulation Workshop	11 July
SMART Training (Safe Moving and Restraint Minimisation Training)	10 June	Legal and Ethical Study Day	16 July
Immediate Life Support Refresher	11 June	Health Care Assistant / Kaiawhina Forum	17 July
NZRC CORE Advanced Rescuer Course	12 June	Preceptorship Workshop	22 and 23 July
Essentials of Nursing Care – Day 1	13 June	Venepuncture Workshop	22 July
Essentials of Nursing Care – Day 2	14 June	NETP / ENSIPP Cardiac/Respiratory	24 July



Cannulation Workshop	17 June	PDRP ePortfolio Workshop (for those on PDRP)	29 July
Health Care Assistant / Kaiawhina Forum	19 June	Surgical Skills Study Day	29 July
NETP Career Planning and PDRP	19 June	Immediate Life Support Refresher	30 July
PDRP ePortfolio Workshop (for those on PDRP)	19 June	NZRC CORE Advanced Rescuer Course	31 July
Ka Huru Huru Kea. Person centred Care and Understanding Behaviour	20 June	Safer Moving and Handling Revalidation Session	31 July
Diabetes Study Day	25 June		
Unstable Patient Workshop – Hospital Setting	25 June		
Safer Moving and Handling Revalidation Session	26 June		
VIP Family Violence and Child Protection (Core Training)	26 June		
Immediate Life Support Instructor Revalidation	27 June		
Medical Ward Skills Day	27 June		
<b>AUGUST</b>		<b>SEPTEMBER</b>	
Immediate Life Support Refresher	6 August	Emergency Department Study Day (Advanced)	3 September
Vaccinator Foundation Course – Two Day Face to Face Tutorial	6-7 August	NETP Case Studies	4 September
Unstable Patient Workshop – Hospital Setting	7 August	Immediate Life Support Instructor Revalidation	5 September
CVAD Workshop (Central Venous Access Devices)	8 August	Cannulation Workshop	6 September
Parenteral Nutrition Mini Workshop	8 August	SMART Training (Safe Moving and Restraint Minimisation Training)	9 September
Port Needle Insertion Mini-Workshop	8 August	Immediate Life Support Refresher	10 September
Vaccinator Face to Face Update Course	8 August	NZRC CORE Advanced Rescuer Course	11 September
Safer Moving and Handling Trainers Day (Hospital Setting)	9 August	SMART Training (Safe Moving and Restraint Minimisation Training) – Queenstown	11 September
SMART Training (Safe Moving and Restraint Minimisation Training)	12 August	Medical Ward Mandatory Catch-Up	12 September
Immediate Life Support Instructor Workshop	13 August	Preceptorship Workshop	16 and 17 September
Health Care Assistant / Kaiawhina Forum	14 August	Venepuncture Workshop	16 September

NETP Transition Shock and Opportunity	14 August	Health Care Assistant / Kaiawhina Forum	18 September
PDRP ePortfolio Workshop for NETP Managers and Preceptors	14 August	Safer Moving and Handling Revalidation Session	18 September
Safer Moving and Handling Revalidation Session	14 August	Unstable Patient Workshop – Primary Care Setting	18 September
Emergency Midwifery Skills Day – Southland Hospital	15 August	Newborn Life Support Training – Invercargill	19 September
Essentials of Nursing Care – Day 1	15 August	Surgical Skills Study Day	20 September
Essentials of Nursing Care – Day 2	16 August	Orthopaedic Study Day	25 September
Cannulation Workshop	19 August		
PDRP Portfolio Workshop	19 August		
De-escalation Study Day	20 August		
NZRC CORE Advanced Rescuer Course	21 August		
Wound Assessment and Management Workshop (Inpatient Nurses)	22 August		
PDRP ePortfolio Workshop for NETP Managers and Preceptors	26 August		
Wound Service: Lower Leg Compression Therapy Workshop	27 August		
VIP Family Violence and Child Protection (Core Training)	28 August		
<b>OCTOBER</b>		<b>NOVEMBER</b>	
VIP Family Violence and Child Protection (Refresher Training)	1 October	Infection Prevention and Control Study Day	1 November
Emergency Midwifery Skills Study Day – Lakes District Hospital	3 October	Cannulation Workshop	6 November
Essentials of Nursing Care – Day 1	3 October	VIP Family Violence and Child Protection (Core Training)	6 November
Essentials of Nursing Care – Day 2	4 October	Gastrointestinal Study Day	7 November
Diabetes Study Day	8 October	Safer Moving and Handling Trainers Day (Hospital Setting/Primary and Community)	8 November
PDRP Portfolio Workshop	9 October	SMART Training (Safe Moving and Restraint Minimisation Training)	11 November
VIP Family Violence and Child Protection (Core Training)	9 October	Immediate Life Support Refresher	12 November

Unstable Patient Workshop – Hospital Setting	10 October	NZRC CORE Advanced Rescuer Course	13 November
Child Health Study Day	16 October	Newborn Life Support Training – Invercargill	14 November
CVAD Workshop (Central Venous Access Devices)	16 October	PDRP ePortfolio Workshop (for those on PDRP)	18 November
Port Needle Insertion Mini-Workshop	16 October	SMART Training (Safe Moving and Restraint Minimisation Training)	18 November
Ka Huru Huru Kea. Person centred Care and Understanding Behaviour	17 October	Venepuncture Workshop	18 November
Pain Study Day	18 October	District Nursing Study Day	20 November
Cannulation Workshop	21 October	Safer Moving and Handling Revalidation Session	20 November
Immediate Life Support Refresher	22 October	Unstable Patient Workshop – Hospital Setting	20 November
NZRC CORE Advanced Rescuer Course	23 October	Wound Assessment and Management Workshop (Inpatient Nurses)	21 November
Safer Moving and Handling Revalidation Session	23 October	Preceptorship Workshop	25 and 26 November
Emergency Department Plaster Refresher Workshop	24 October	Health Care Assistant / Kaiawhina Forum	27 November
Team Leader Workshop (Medical and Surgical Ward)	24 October	Women’s Health Workshop	27 November
Care of the Trauma Patient Workshop	30 October	Emergency Midwifery Skills Day – Southland Hospital	28 November
Health Care Assistant / Kaiawhina Forum	30 October	Surgical Skills Study Day	29 November
PDRP ePortfolio Workshop (for those on PDRP)	30 October		
<b>DECEMBER</b>			
VIP Family Violence and Child Protection (Refresher Training)	3 December	Immediate Life Support Refresher	10 December
PDRP ePortfolio Workshop (for those on PDRP)	4 December	NZRC CORE Advanced Rescuer Course	11 December
Medical Ward Mandatory Catch-Up	5 December	Essentials of Nursing Care – Day 1	12 December
CVAD Workshop (Central Venous Access Devices)	6 December	Essentials of Nursing Care – Day 2	13 December
Port Needle Insertion Mini-Workshop	6 December	Cannulation Workshop	16 December
PDRP Portfolio Workshop	9 December	Health Care Assistant / Kaiawhina Forum	18 December

## ADULT RESPIRATORY SUPPORT WORKSHOP BY FISHER & PAYKEL HEALTHCARE

### Overview:

To further develop knowledge and skills relating to the utilisation of humidified oxygen and respiratory therapies, and their clinical application

Topics may include:

- Understanding humidity
- Physiology of the Airway
- Breathing circuits – the setup and application of devices
- Optiflow therapy
- Clinical Review
- Troubleshooting your heated humidification systems
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 7 March	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working with patients receiving humidification and nasal high flow
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if registrations allow. Priority will be given to Southland Hospital staff
Time	0900-1600hours
Face to Face Education Hours	6.5 hours
Online Education Hours	2 hours
Maximum Number of Attendees	10
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	Workshop presented by Fisher & Paykel Healthcare Product Specialists
Cost	No cost

**Bookings**

Hospital staff, please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie  
ext 47920 or DDI 03 2148920

e-mail [julie.gorrie@southerndhb.govt.nz](mailto:julie.gorrie@southerndhb.govt.nz)

## AUTOMATED PERITONEAL DIALYSIS WORKSHOP

### Overview:

This workshop is to further develop knowledge and skill relating to Automated Peritoneal Dialysis.

Topics may include:

- Basic Principles of Peritoneal Dialysis
- Prescription Management
- Infectious complications and its Management
- APD setup and troubleshooting

Date of Study Day/Workshop	Venue
To be confirmed Please contact Reshmi Varghese, Nurse Educator Medical Ward, for further information	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses working in Medical Ward
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1600hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	Workshop presented by Baxter Product Specialist and supported by Nurse Educator
Cost	No cost
Bookings	Not available to book on Employee Connect Bookings through Nurse Educator Medical Ward only

## CANNULATION WORKSHOP

### Overview:

A 4 hour course that develops skill and knowledge around cannulation thus enabling the participant to safely insert an appropriate intravenous catheter into a vein.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Utilising appropriate infection prevention techniques
- Accessing a vessel with an appropriately sized safety cannula
- Verifying successful placement
- Recognising and minimising complications

Date of Study Day/Workshop	Venue
Thursday 25 January (AM)	Skills Lab and IV Training Room
Monday 19 February (PM)	Level 1, Learning and Research Centre
Wednesday 6 March (AM)	Southland Hospital
Monday 22 April (PM)	
Wednesday 8 May (AM)	
Monday 17 June (PM)	
Thursday 11 July (AM)	
Monday 19 August (PM)	
Friday 6 September (AM)	
Monday 21 October (PM)	
Wednesday 6 November (AM)	
Monday 16 December (PM)	
Target Audience	All registered clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (but Southland/Lakes staff are prioritised)
Time	Session will be in the AM <b>or</b> PM as indicated above AM = 0830 to 1230hrs PM = 1300 to 1700hrs
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees

<b>Facilitator</b>	<b>Peter Boon and/or Angela Knox IV CNS</b>
<b>Additional Information</b>	
<b>Cost</b>	No charge
<b>Bookings</b>	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie  ext 47920 or DDI 03 2148920  e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a></p>



## CARDIAC WORKSHOP

### Overview:

Our aim is to improve nurses' fundamental cardiac knowledge. Content previously covered includes anatomy and physiology, cardiac assessment, ECG interpretation, cardiac devices, cardiac medications and management of: heart failure, acute coronary symptom and AF. We have a range of guest speakers and topics vary depending on availability and to include the most up to date practices.

Date of Study Day/Workshop	Venue
Wednesday 10 July	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses – secondary and primary care
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830hrs-1630hrs
Face to Face Education Hours	7.5
Online Education Hours	
Maximum Number of Attendees	20
Facilitator	<b>Alison McCallum Cardiac CNS</b> <b>Debbie Colvin Cardiac LTC RN</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## CARE OF THE TRAUMA PATIENT WORKSHOP

### Overview and Desired Learning Outcomes:

This workshop is designed to provide an overview of the management of trauma patients in hospital. The aim of the workshop is to facilitate and enhance knowledge, skills and attitudes of nurses to assist them in assessing, planning, delivering and evaluating care of the trauma patient.

- Demonstrate an understanding of chest, abdominal, musculoskeletal and head injuries.
- Demonstrate an understanding of trauma nursing management.

### Content Description:

- Lectures in the mornings, including overview of trauma, mechanisms of injury, chest and abdominal musculoskeletal trauma with case studies included.
- Afternoon rotating skills workstations including:
  - Traction
  - Chest Drains
  - PTA testing
  - Collars and Braces

Date of Study Day/Workshop	Venue
Wednesday 3 April Wednesday 30 October	Seminar A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for admitted trauma patients
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830-1600
Face to Face Education Hours	7hrs
Online Education Hours	Nil
Maximum Number of Attendees	16
Facilitator	<b>Rebecca Coats - Trauma Nurse Coordinator</b>
Additional Information	
Cost	Nil
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

## CHILD HEALTH STUDY DAY

### Overview:

A variety of relevant paediatric topics will be covered. Topic will be confirmed close to the dates.

Date of Study Day/Workshop	Venue
Tuesday 5 March Wednesday 16 October	Seminar Rooms A and B / Sim B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children's Ward nurses and any other nurses with an interest in child health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0800 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	None
Maximum Number of Attendees	15
Facilitator	Children's Ward Nurse Educators – Sharon Tou and Laura Popham
Additional Information	Any pre-reading will be sent out prior
Cost	None
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## CHILDREN'S WARD MANDATORY PRACTICAL STUDY DAY

### Overview:

To complete annual mandatory practical sessions.

Date of Study Day/Workshop	Venue
Tuesday 26 March	Seminar Rooms A and B / Skills Lab / Sim A and Sim B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children's Ward staff only
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0830 – 1600 hours
Face to Face Education Hours	2 hours
Online Education Hours	1 hour
Maximum Number of Attendees	No limit
Facilitator	Children's Ward Nurse Educators – Sharon Tou and Laura Popham
Additional Information	You will be paid 3 hours – 2 hours practical session, and 1 hour to complete online learning.
Cost	None
Bookings	Sharon and Laura will organise

## CVAD WORKSHOP (CENTRAL VENOUS ACCESS DEVICES)

### Overview:

A 5 hr course that enables attendees to work at a more advanced level with all types of central lines.

The key learning outcomes include:

- Central venous anatomy and administration principles.
- Dressing and blood sampling procedures.
- Troubleshooting and removal of CVADs.

**NOTE: THERE ARE OTHER CONCURRENT SESSIONS IN THE AFTERNOON, SUCH AS:**

- **PORT NEEDLE INSERTION AND REMOVAL**
- **PARENTERAL NUTRITION**

**THESE NEED TO BE BOOKED SEPARATELY**

Date of Study Day/Workshop	Venue
Thursday 8 February	Skills Lab and IV Training Room
Thursday 11 April	Level 1, Learning and Research Centre
Friday 7 June	Southland Hospital
Thursday 8 August	
Wednesday 16 October	
Friday 6 December	
Target Audience	All registered clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 to 1330hrs
Face to Face Education Hours	5 hrs
Online Education Hours	Nil
Maximum Number of Attendees	9 attendees
Facilitator	<b>Peter Boon and/or Angela Knox IV CNS</b>
Additional Information	
Cost	No charge

**Bookings**

Hospital staff, please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie  
ext 47920 or DDI 03 2148920

e-mail [julie.gorrie@southerndhb.govt.nz](mailto:julie.gorrie@southerndhb.govt.nz)

## DE-ESCALATION STUDY DAY – How to Manage the Challenging Behaviour

### Overview:

- Person-centred Care and Understanding Behaviour
- De-escalation study day is designed to help caring staff understand the underlined physiological, and psychological drive behind the very challenging clients, and how to de-escalate the situation. The day is divided into theory, and practical sessions giving you the opportunity to put new skills into practice.

Date of Study Day/Workshop	Venue
Wednesday 28 February Tuesday 20 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	HCA's, Nurses EN/RN
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (limit 5)
Time	0900 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	25
Facilitator	<b>Haim Haviv</b>
Additional Information	Fun and challenging day. Learning “hands on” theory and de-escalation techniques
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## DIABETES STUDY DAY

### Overview:

The benefits of the education given on a diabetes study day rest largely on the attendees' participation and if participants wish to have their knowledge needs met they will need to ask the right questions to extract the information required from the experienced and knowledgeable presenters. Any program developed is merely a guideline of a possibility of what may or may not be discussed. Topics may include anything from, the not so simple explanation of diabetes through to cutting edge research and Best Practice that challenge conventional perceptions and push the boundaries of modern medicine.

Come along prepared to be an active participant in order to gain wisdom in the diabetes field.

Date of Study Day/Workshop	Venue
Tuesday 9 April Tuesday 25 June Tuesday 8 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Enthusiastic health professionals who share a common interest in enhancing their diabetes knowledge
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1600
Face to Face Education Hours	At least 8 hours
Online Education Hours	None
Maximum Number of Attendees	25
Facilitator	<b>Donna Madden</b>
Additional Information	
Cost	Your time
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>



## DISTRICT NURSING STUDY DAY

### Overview:

Refresher and update of skills within district nursing.



Date of Study Day/Workshop	Venue
Wednesday 29 May Wednesday 20 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	District Nurses – Invercargill and Rural
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630
Face to Face Education Hours	8
Online Education Hours	-
Maximum Number of Attendees	26
Facilitator	<b>Sara Webb</b>
Additional Information	Coffee/Tea Provided
Cost	No cost
Bookings	Hospital employees – Bookings to be made via Sara Webb District Nurse educator <a href="mailto:sara.webb@southerndhb.govt.nz">sara.webb@southerndhb.govt.nz</a> All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## EMERGENCY DEPARTMENT PLASTER REFRESHER WORKSHOP

### Overview:

This workshop will focus on practical skills of applying plasters.

Date of Study Day/Workshop	Venue
Thursday 18 April Thursday 24 October	Skills Lab / IV Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department staff who already plaster
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, from Southland, Lakes District, Dunstan, Fiordland, Gore and Balclutha who already plaster
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Plaster Trainers/CNSs
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## EMERGENCY DEPARTMENT SKILLS DAY WORKSHOP (FUNDAMENTALS)

### Overview:

Within this study day the focus will be on managing patients placed in the fast track area. This may include skills such as applying moon boots, tubigrip, Scott knee brace, plastering, minor burns and assessing children.

Date of Study Day/Workshop	Venue
Friday 22 March	Seminar Rooms A and B / Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, but Southland/Lakes staff are prioritised
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Nurse Educator and ED CNSs
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## EMERGENCY DEPARTMENT STUDY DAY (ADVANCED)

### Overview:

This study day will focus on recognising the deteriorating patient and provide complex care in the Emergency Department.

Simulation may be used to practice skills in a safe setting.

Date of Study Day/Workshop	Venue
Tuesday 3 September	Seminar Rooms A and B / Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department staff – priority will be given to those working in, or preparing to work in, Resus
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Nurse Educator
Additional Information	
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

## EMERGENCY MIDWIFERY SKILLS STUDY DAY

### Course Overview and Learning Outcomes:

Compulsory day for Midwives. NZ Midwifery Council annual requirement for relevant skills.

Date of Study Day/Workshop	Venue
<p><b><u>Southland Hospital</u></b>  Thursday 22 February  Thursday 9 May  Thursday 15 August  Thursday 28 November</p>	<p><b><u>Southland Hospital</u></b>  Skills Lab  Level 1, Learning and Research Centre  Southland Hospital</p>
<p><b><u>Lakes District Hospital</u></b>  Thursday 7 March  Thursday 3 October</p>	<p><b><u>Lakes District Hospital</u></b>  Meeting Room, Lakes District Hospital</p>
<b>Target Audience</b>	Midwives
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes
<b>Time</b>	Southland – 0830 – 1630 hours Lakes District Hospital – 0830 – 1630 hours
<b>Face to Face Education Hours</b>	8 hours
<b>Online Education Hours</b>	1 hour (Te Whatu Ora Southern staff only)
<b>Maximum Number of Attendees</b>	10
<b>Facilitator</b>	<b>Southland – Bernadette Archer / Susanna McQueen Lakes District Hospital – Jo Guest</b>
<b>Additional Information</b>	For those attending in Southland, a Smart phone or tablet is required
<b>Cost</b>	No cost
<b>Bookings</b>	<p>For those wishing to attend a study day at Southland Hospital, if you are Hospital staff, please book via Employee Connect or contact your manager or educator who will book you. All others, please contact Julie Gorrie, ext 47920 or DDI 03 2148920  e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a></p> <p>For those wishing to attend a study day at Lakes District Hospital, please register by e-mailing  <a href="mailto:central_otago_maternity_unit@southerndhb.govt.nz">central_otago_maternity_unit@southerndhb.govt.nz</a></p>

## ESSENTIALS OF NURSING CARE – DAY 1

### Overview:

This day covers the mandatory Health Care Assistant onboarding day. It is designed for all newly employed nursing staff as an orientation day, which will offer a number of theoretical as well as practical learning sessions.

Date of Study Day/Workshop	Venue
Thursday 22 February Thursday 18 April Thursday 13 June Thursday 15 August Thursday 3 October Thursday 12 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
<b>Target Audience</b>	Newly employed Health Care Assistants / Kaiawhina (Nurses welcome)
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes – Check with Julie Gorrie and/or Maike Rickertsen for appropriateness
<b>Time</b>	0830 – 1630 hours
<b>Face to Face Education Hours</b>	8 hours
<b>Online Education Hours</b>	NIL
<b>Maximum Number of Attendees</b>	15
<b>Facilitator</b>	<b>CNC Maike Rickertsen</b>
<b>Additional Information</b>	This day might benefit nurses new to the organisation and to NZ
<b>Cost</b>	No cost
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## ESSENTIALS OF NURSING CARE – DAY 2

### Overview:

This day will cover the Health Care Assistant study day. This workshop is packed full of interesting and evidence-based practice topics around patient care, collaborative team work, communication and safety. There will be a mix of presentations as well as hands on practical sessions to put learning into action.

Date of Study Day/Workshop	Venue
Friday 23 February	Seminar Rooms A and B
Friday 19 April	Level 1, Learning and Research Centre
Friday 14 June	Southland Hospital
Friday 16 August	
Friday 4 October	
Friday 13 December	
Target Audience	All Nursing Staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	NIL
Maximum Number of Attendees	15
Facilitator	<b>CNC Maike Rickertsen</b>
Additional Information	This day might especially benefit nurses new to the organisation and to NZ,  Mandatory Day 2 for HCAs/Kaiawhina
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## GASTROINTESTINAL STUDY DAY

### Overview:

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with gastrointestinal disorders – including bowel/rectal cancer and upper GI cancers.

- Review anatomy and physiology of GI tract
- Update current surgical procedures
- Review medication prescribed in the care of a GI patient
- Discuss nutritional support for the patient with a GI disorder
- Outline the care of an Ostomy patient
- Discuss the care of a post-operative patient following bowel surgery
- Update current surgical evidence

Date of Study Day/Workshop	Venue
Thursday, 14 March Thursday, 7 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – Health Professionals
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	25
Facilitator	<b>Kim Snoep – Clinical Nurse Specialist</b> <b>Stacy Taylor – Clinical Nurse Specialist</b> <b>Gill Fewster – Clinical Nurse Specialist</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>



## HEALTH CARE ASSISTANT / KAIAWHINA FORUM

### Overview:

The Forum will provide a once a month learning opportunity for Health Care Assistants / Kaiawhina, covering a wide variety of topics about direct patient care, equipment, health and safety, different services and more. The Forum can be attended face to face or via Microsoft TEAMS as appropriate.

Date of Study Day/Workshop	Venue
Wednesday 17 January	Level 1, Learning and Research Centre
Wednesday 7 February	Southland Hospital
Wednesday 20 March	
Wednesday 3 April	
Wednesday 8 May	
Wednesday 19 June	
Wednesday 17 July	
Wednesday 14 August	
Wednesday 18 September	
Wednesday 30 October	
Wednesday 27 November	
Wednesday 18 December	
Target Audience	All Health Care Assistants / Kaiawhina
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	1500 – 1600 hours
Face to Face Education Hours	1 hour
Online Education Hours	NIL
Maximum Number of Attendees	20
Facilitator	<b>CNC Maike Rickertsen</b>
Additional Information	Some topics might offer an online opportunity to join via TEAMS (if appropriate for the topic, a link to TEAMS will be sent to you in advance). If you wish to join via TEAMS, please contact Maike Rickertsen

<b>Cost</b>	No cost
<b>Bookings</b>	Not available to book on Employee Connect No booking is required, please just attend on the day

## IMMEDIATE LIFE SUPPORT INSTRUCTOR REVALIDATION (3 YEARLY)

### Overview:

3 yearly updates for Southern DHB CPR instructor/assessors.

Instructors will be updated to ensure consistency of teaching and practice across the organisation.

- Update on any changes to guidelines
- Demonstration and practice of CPR related skills including use of AED trainer
- Peer assessment
- Refresher of online resources
- Overview of resuscitation events from previous year
- Management of common medical emergencies
- Simulated scenario

Date of Study Day/Workshop	Venue
Thursday 21 March	Skills Lab / Sim A
Thursday 27 June	Level 1, Learning and Research Centre
Thursday 5 Sept	Southland Hospital
Target Audience	RNs, HCAs, Allied Health staff who are workplace instructors/assessors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if previous attendee at Instructor workshop
Time	0830 – 1230 hours
Face to Face Education Hours	4 hours
Online Education Hours	
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## IMMEDIATE LIFE SUPPORT INSTRUCTOR WORKSHOP

### Overview:

Participants will gain sufficient skills and knowledge to be Immediate Life Support (CPR) instructors and assessors in their workplace.

- Physiology of cardiac arrest
- Common conditions that cause cardiac arrest
- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory defibrillators (AEDs)
- Airway management including Laryngeal Mask Airway insertion
- Introduction to CPR online resources
- Competency assessment
- Use of QCPR app to support training and assessment
- Manikin maintenance and trouble shooting
- Teamwork and communication

Date of Study Day/Workshop	Venue
Tuesday 5 March Tuesday 13 August	Skills Lab / Sim A Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, ENs, HCAs, Allied Health staff who want to become workplace instructors/assessors
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if prior arrangement with facilitator
Time	0830 to 1630hrs
Face to Face Education Hours	8 hours
Online Education Hours	
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day and e-mailed post course
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## IMMEDIATE LIFE SUPPORT REFRESHER

### Overview:

An update in relevant resuscitation skills at immediate life support level for both Community and Hospital based staff who do not have a workplace assessor.

- Update on current guidelines
- Demonstration and practice of CPR related skills including use of an AED
- Assessment of skill competency
- Use of basic airway adjuncts and oxygen (if relevant to workplace)
- Recognition and management of anaphylaxis
- Direction on how to complete online quiz

Date of Study Day/Workshop	Venue
Tuesday 13 February	Skills Lab / Sim A and B
Tuesday 12 March	Level 1, Learning and Research Centre
Tuesday 9 April	Southland Hospital
Tuesday 14 May	
Tuesday 11 June	
Tuesday 2 July	
Tuesday 30 July	
Tuesday 6 August	
Tuesday 10 Sept	
Tuesday 22 October	
Tuesday 12 November	
Tuesday 10 December	
Target Audience	RNs, ENs, HCAs, Allied Health staff, vaccinators
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – on negotiation with facilitator
Time	1230 – 1430 hours
Face to Face Education Hours	2 hours
Online Education Hours	
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist

<b>Additional Information</b>	Recommended to complete Immediate Life Support quiz on healthLearn prior to the day.
<b>Cost</b>	Nil
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## INFECTION PREVENTION AND CONTROL STUDY DAY

### Overview:

- Reinforcement of IPC standards
- Practical skills
- Academic lecturers
- Topical discussions

Date of Study Day/Workshop	Venue
Friday 3 May Friday 1 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	IPC reps Southland and Lakes District Hospital
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	7
Online Education Hours	
Maximum Number of Attendees	30
Facilitator	<b>Sue Dillon</b>
Additional Information	
Cost	Free
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## IV CERTIFICATION LEVEL 1

### Overview:

A 1.5hr course for all nursing staff who will be administering IV medication as a core component of their role. The key learning outcomes include:

- Skills and knowledge required to administer IV medication and fluid via PIV and CVAD
- Overview of the volumetric IV pump
- Discuss completion of IV certification Level 1

Date of Study Day/Workshop	Venue
Every Tuesday	IV Training room
Target Audience	All registered and enrolled nurses who administered IV medications/fluids
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	1030-1200hr
Face to Face Education Hours	1.5hr
Online Education Hours	2hrs
Maximum Number of Attendees	3
Facilitator	<b>Peter Boon and/or Angela Knox IV CNS</b>
Additional Information	<p>You will be expected to complete:</p> <ul style="list-style-type: none"> <li>• Clinical calculations RGMC001</li> <li>• Medication safety RGMC016</li> <li>• IV therapy Blood and Blood products RGM5015</li> <li>• Practice competencies</li> </ul>
Cost	No charge
Bookings	<p>Please book via e-mail with IV CNS</p> <p><a href="mailto:IVService.Southland@southerndhb.govt.nz">IVService.Southland@southerndhb.govt.nz</a></p> <p>Bookings will be confirmed by e-mail</p>



## KA HURU HURU KEA – Person-centred Care and Understanding Behaviours

### Overview:

Person-centred Care and Understanding Behaviours

Ka Huru Huru Kea study day is designed to help caring staff understand the underlined physiological, and psychological drive behind the challenging behaviours, and how to de-escalate the situation. The day is divided into theory, and practical sessions giving you the opportunity to put new skills into practice.

Date of Study Day/Workshop	Venue
Thursday 20 June Thursday 17 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Allied health, HCA's, Nurses EN/RN, front line administration staff
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	<b>Sarah Campion, Haim Haviv</b>
Additional Information	Fun and challenging Day. Learning “hands on” theory and techniques to manage challenging behaviours
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

*The focus of Ka Huru Huru Kea day is person centred care and understanding behaviour. By learning the principles behind these, practical strategies can be put into place. By doing so it makes the client journey smoother, and a less stressful work environment for staff.*

## LEGAL ETHICAL AND RESEARCH WORKSHOP

### Overview:

Registered and Enrolled Nurses will develop knowledge and critical thinking skills in relation to research, ethical, legal and professional issues in nursing. Knowledge gained will assist the nurse with clinical decision making to resolve ethical and legal issues in clinical practice.

Date of Study Day/Workshop	Venue
Tuesday 16 July	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses and Allied Health and Community Staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 4:30pm
Face to Face Education Hours	8
Online Education Hours	Nil
Maximum Number of Attendees	40
Facilitator	Nicola Brandsen-Nurse Educator
Additional Information	<b>Content description:</b> Topics could include Privacy, confidentiality, and professional boundaries, scope of practice. Ethics in health care, documentation, reporting and professional support. New legislative and organisational policy changes. Content may be adjusted based on speaker availability
Cost	Nil
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## MEDICAL WARD MANDATORY CATCH-UP

### Overview:

This workshop is to provide opportunity for Medical Ward staff to attend a day to catch up on required mandatory training.

Date of Study Day/Workshop	Venue
Thursday 8 February	Seminar Rooms A and B
Thursday 12 September	Seminar Rooms A and B
Thursday 5 December	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Medical Ward staff wanting to complete annual mandatory requirements in a workshop environment
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900-1300 hours
Face to Face Education Hours	4 hours
Online Education Hours	Mandatory Health Learn requirements
Maximum Number of Attendees	12
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	This workshop is designed for Medical Ward staff only. Bookings only through Nurse Educator Medical Ward (bookings not open on employee connect).
Cost	No cost
Bookings	Not available to book on Employee Connect. Please contact your Educator for bookings.

## MEDICAL WARD SKILLS DAY

### Overview:

Further development of skills and knowledge in clinical skills, interventions and clinical presentations in Medical Ward. Topics will be identified and developed prior to workshop based on need, interest and/or change.

Date of Study Day/Workshop	Venue
Thursday 29 February	Seminar Rooms A and B
Thursday 2 May	Level 1, Learning and Research Centre
Thursday 27 June	Southland Hospital
Target Audience	Nurses working in the Medical Ward
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900-1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	TBC
Maximum Number of Attendees	8
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	This workshop is designed for nurses working in the Medical Ward and registrations will be prioritised for ward staff first
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you.

## NETP / ENSIPP PROGRAMME

### Overview:

The following education days support the practice of new graduate nurses (NETP and ENSIPP) in their clinical environments. They aim to support new graduate nurses to increase existing nursing knowledge and encourage critical reflection.

The following days are only for new graduate nurses and are facilitated by the NETP / ENSIPP Coordinators.

Date of Study Day/Workshop	Venue
NETP Launch (29 January)	Level 1, Learning and Research Centre
NETP IT (Hospital) (30 January)	Southland Hospital
NETP Clinical Skills (31 January)	
NETP SMART Internal (1 February)	
NETP SMART External (9 February)	
NETP Palliative Care (6 March)	
NETP Unstable Patient Internal Group One (17 April)	
NETP Unstable Patient Internal Group Two (24 April)	
NETP Unstable Patient External (1 May)	
NETP VIP Training Group One (22 May)	
NETP VIP Training Group Two (30 May)	
NETP / ENSIPP Continence, Stroke, Diabetes and Wounds (5 June)	
NETP Career Planning and PDRP (19 June)	
NETP Pain (8 July)	
NETP / ENSIPP Cardiac / Respiratory (24 July)	
NETP Transition Shock and Opportunity (14 August)	
NETP Case Studies (4 September)	

<b>Target Audience</b>	New Graduate RNs and ENS
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes
<b>Time</b>	Usually 0900 – 1630 unless advised otherwise by NETP coordinators.  Unstable Patient workshops start at 0830.  VIP Training study days start at 0830.
<b>Face to Face Education Hours</b>	8 hours unless otherwise indicated
<b>Online Education Hours</b>	Nil
<b>Maximum Number of Attendees</b>	35
<b>Facilitator</b>	<b>NETP Coordinator Southland</b>
<b>Additional Information</b>	
<b>Cost</b>	No cost
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## NEWBORN LIFE SUPPORT TRAINING – INVERCARGILL

### Course Overview and Learning Outcomes:

Provides Newborn Life Support training to all relevant staff, based on the New Zealand Resuscitation Council guidelines.

The New Zealand Resuscitation Council provides a curriculum that offers participants skills and knowledge in Newborn Life Support. Each course that we provide promotes best practice, emphasises team work, and is underscored by ANZCOR resuscitation guidelines.

Date of Study Day/Workshop	Venue
<u>Full Days</u> Thursday 14 March Thursday 4 July Thursday 19 September Thursday 14 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
<b>Target Audience</b>	Any staff who are likely to be present at births as part of their normal practice
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes
<b>Time</b>	0900 -1700 hours
<b>Face to Face Education Hours</b>	8
<b>Online Education Hours</b>	Nil
<b>Maximum Number of Attendees</b>	12
<b>Facilitator</b>	NZRC NLS Instructors
<b>Additional Information</b>	Pre-reading will be sent out approximately 3 weeks prior to the workshop. Full day required every 3 years to maintain certification plus annual update.
<b>Cost</b>	Nil
<b>Bookings</b>	Not available to book via Employee Connect Please contact Dale Scully c/o Neonatal Unit ext 47924 e-mail dale.scully@southernhb.govt.nz

## NZRC CORE ADVANCED RESCUER COURSE

### Overview:

Development of skills and knowledge in basic and advanced adult and paediatric resuscitation.

Standardised course content developed by the New Zealand Resuscitation Council (NZRC).

One day course that teaches and assesses the following skills and knowledge -

- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory and manual defibrillators
- Airway management including Laryngeal Mask Airway insertion
- The generic approach to the early management of trauma
- Advanced management of adult and paediatric collapse including appropriate drug therapies and peri-arrest management
- The use of teamwork and communication in managing a crisis

Date of Study Day/Workshop	Venue
Wednesday 14 February	Level 1, Learning and Research Centre Southland Hospital
Wednesday 13 March	
Wednesday 10 April	
Wednesday 15 May	
Wednesday 12 June	
Wednesday 3 July	
Wednesday 31 July	
Wednesday 21 August	
Wednesday 11 September	
Wednesday 23 October	
Wednesday 13 November	
Wednesday 11 December	
Target Audience	Trainee Interns, House Officers, Registrars, SMOs RNs-CCU/Emergency/PACU/PRIME/Transfers/CTC/ Duty Mangers, Anaesthetic techs, GPs, Dentists
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (on arrangement with Paul Winder)
Time	0800 to 1700hrs
Face to Face Education Hours	8
Online Education Hours	



<b>Maximum Number of Attendees</b>	10
<b>Facilitator</b>	Paul Winder Resuscitation and Simulation Nurse Specialist
<b>Additional Information</b>	Pre-reading workbooks and course information will be sent out 3 - 4 weeks prior to the course
<b>Cost</b>	\$500.00 for non-hospital staff
<b>Bookings</b>	NB: Not available for booking via Employee Connect Contact Course Director to book. Paul Winder <a href="mailto:paul.winder@southerndhb.govt.nz">paul.winder@southerndhb.govt.nz</a> Cell phone 027 403 7417

## ORTHOPAEDIC STUDY DAY

### Course Overview and Learning Outcomes:

To provide nurses and other health professionals with the opportunity to develop their knowledge and skills in caring for orthopaedic patients.

- Care of the orthopaedic patient postoperatively
- Management of the orthopaedic patient with supporting orthopaedic devices
- Discussion of the drug journey of the orthopaedic patient
- Multidisciplinary care following knee and hip surgery
- Review anatomy and physiology of the musculoskeletal system (SDL)
- Safe moving and handling of the orthopaedic patient

Date of Study Day/Workshop	Venue
Wednesday 27 March Wednesday 25 September	Skills Lab or Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, but preference given to Surgical Ward Staff
Time	0830-1430hrs 1430-1700hrs SDL
Face to Face Education Hours	6 + 2 Hrs SDL
Online Education Hours	Not required
Maximum Number of Attendees	16
Facilitator	<b>Marie Mitchell – Surgical Educator</b>
Additional Information	Orthopaedic booklets to be completed for SDL
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PAIN STUDY DAY

### Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of pain management

- Pathophysiology of pain and pain pathways
- Mechanisms of acute and chronic pain
- Update on pain assessment including tools
- Management of complex pain
- Discussion of analgesic ladder and medication choices
- Review analgesia delivery methods



Date of Study Day/Workshop	Venue
Friday 12 April Friday 18 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, focus on acute and persistent pain
Time	0830-1430 + 1430-1700 SDL
Face to Face Education Hours	6 + 1 hrs SDL (booklets)
Online Education Hours	1 hr (healthLearn)
Maximum Number of Attendees	16
Facilitator	<b>Marie Mitchell – Surgical Educator</b>
Additional Information	Complete healthLearn Entonox (RGMS008) Read the articles/information/quiz (CAMD001) Wound Catheter/PCA booklets
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PALLIATIVE CARE STUDY DAY

### Overview:

- Palliative care assessment and philosophy
- Last days of life 'Te Ara Whakapiri'
- Advance Care Planning
- Medication management
- Multi-disciplinary approach

Date of Study Day/Workshop	Venue
Tuesday 28 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Hospital Registered Nurses, Enrolled Nurses and Allied Health
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1600 Hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour
Maximum Number of Attendees	Maximum 20
Facilitator	<b>Holley Andersen</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PARENTERAL NUTRITION MINI WORKSHOP

### Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of parenteral nutrition.

Two hour course that teaches the following skills and knowledge:

- Process of patient selection for Parenteral Nutrition
- Types, benefits and trends in Parenteral Nutrition
- Responsibilities around commencement and discontinuation of Parenteral Nutrition
- Nursing care implications for patients on Parenteral Nutrition
- Trouble shooting and complications of Parenteral Nutrition



NOTE - this training is already part of the CVAD full-day workshop. This booking is only relevant for staff who require Parenteral Nutrition training as a STAND ALONE course.

Date of Study Day/Workshop	Venue
Thursday 11 April Thursday 8 August	VC Meeting Room Level 1, Learning and Research Centre Southland Hospital
<b>Target Audience</b>	Health agency staff
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes, for health agency staff caring for people in community with Parenteral Nutrition
<b>Time</b>	1400 to 1600hrs
<b>Education Hours</b>	2 hours
<b>Maximum Number of Attendees</b>	12
<b>Facilitator</b>	Marie Mitchell, Nurse Educator-Surgical. Extension 48033
<b>Additional Information</b>	2 hour stand alone workshop but recommended to attend central venous access devices in the am for context.
<b>Cost</b>	No cost
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PDRP ASSESSOR WORKSHOP

### Overview:

This workshop is for PDRP Assessors (Southland). It aims to provide the PDRP Assessor further exploration of the ePortfolio platform, provide national/regional/local updates, undertake moderation (as available) and provide forum to discuss topics/issues relating to PDRP and portfolio assessing.

Date of Study Day/Workshop	Venue
Wednesday 20 March	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	PDRP Assessors <b><u>only</u></b>
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – if employing organisation has a PDRP MOU and is a PDRP Assessor
Time	1000-1400hrs
Face to Face Education Hours	3.5 hours
Online Education Hours	
Maximum Number of Attendees	12
Facilitator	<b>Nurse Coordinator – PDRP</b>
Additional Information	This workshop is only for attendance by current PDRP assessors associated with the Te Whatu Ora Southern programme.
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PDRP ePORTFOLIO WORKSHOP FOR NETP MANAGERS AND PRECEPTORS

### Overview:

This workshop is to introduce the ePortfolio platform to managers and preceptors who are new to PDRP and have a NETP completing an ePortfolio. Preceptor and manager requirements in the ePortfolio will be reviewed. Attendees **must** complete healthLearn Course RGIT003 prior to attending the workshop to access the ePortfolio and get maximum benefit from the session.

Date of Study Day/Workshop	Venue
Wednesday 14 August, 1000-1200hrs Monday 26 August, 1300-1500hrs	Skills Lab Videoconference Meeting Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	Managers and Preceptors new to ePortfolios and have a NETP completing an ePortfolio
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes - if employing organisation has a PDRP MOU
Time	Varied – see required date above
Face to Face Education Hours	2 hours
Online Education Hours	Attendee <b>must</b> complete healthLearn Course RGIT003 (30min) prior to attending. The ePortfolio cannot be accessed unless this is completed.
Maximum Number of Attendees	12
Facilitator	<b>Nurse Coordinator – PDRP</b>
Additional Information	A laptop/device is required to access the ePortfolio online. Attendees are encouraged to bring their own or notify the Facilitator as soon as possible if they require a device.  There is potential to attend workshop via Microsoft Teams – please discuss with workshop facilitator <b>prior</b> to booking.
Cost	No charge

**Bookings**

Hospital staff, please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie  
ext 47920 or DDI 03 2148920

e-mail [julie.gorrie@southerndhb.govt.nz](mailto:julie.gorrie@southerndhb.govt.nz)



## PDRP ePORTFOLIO WORKSHOP (FOR THOSE ON PDRP)

### Overview:

This workshop is to introduce ePortfolios to nurses **who have previously submitted a portfolio or been to a PDRP Portfolio workshop**/undertaken PDRP education. This is a ‘hands on’ training workshop where you will commence an ePortfolio. An understanding of PDRP is required as this workshop looks at the ePortfolio platform as does not cover the PDRP process and level requirements. Attendees **must** complete healthLearn Course RGIT003 prior to attending the workshop to enable the ePortfolio to be accessed.

Date of Study Day/Workshop	Venue
Monday 29 January, 1300-1500hrs	Skills Lab
Monday 4 March, 1000-1200hrs	Videoconference Room
Monday 6 May, 1300-1500hrs	Videoconference Room
Wednesday 19 June, 1000-1200hrs	Skills Lab
Monday 29 July, 1300-1500hrs	Videoconference Room
Wednesday 30 October, 1000-1200hrs	Skills Lab
Monday 18 November, 1300-1500hrs	Videoconference Room
Wednesday 4 December, 1000-1200hrs	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses <b>have previous submitted a portfolio or have undertaken PDRP education</b> and are wanting to complete a PDRP ePortfolio
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – if employing organisation has a PDRP MOU
Time	Varied – see required date above
Face to Face Education Hours	2 hours
Online Education Hours	Attendee <b>must</b> complete healthLearn Course RGIT003 (30min) prior to attending. The ePortfolio is not able to be accessed unless this is completed.
Maximum Number of Attendees	12
Facilitator	<b>Nurse Coordinator – PDRP</b>

<b>Additional Information</b>	<p>A laptop/device is required to access the ePortfolio online. Attendees are encouraged to bring their own or notify the Facilitator as soon as possible if they require a device.</p> <p>There is potential to attend workshop via Microsoft Teams – this needs to be discussed with workshop facilitator <b>prior</b> to booking.</p>
<b>Cost</b>	No charge
<b>Bookings</b>	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie  ext 47920 or DDI 03 2148920  e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a></p>

## PDRP PORTFOLIO WORKSHOP

### Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels and introduce ePortfolios. As part of this workshop all participants will have time to work on components of their portfolio with support from the workshop facilitator. **Attendees must complete healthLearn Course RGIT003 prior to attending** the workshop to access the ePortfolio and get maximum benefit from the session.

Date of Study Day/Workshop	Venue
Monday 19 February	Videoconference Room
Monday 29 April	Videoconference Room
Wednesday 5 June	Skills Lab
Monday 19 August	VC Room
Wednesday 9 October	Skills Lab
Monday 9 December	Videoconference Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled nurses completing a portfolio for PDRP
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – if employing organisation has a PDRP MOU
Time	0900-1630hrs
Face to Face Education Hours	7 hours
Online Education Hours	<b>Attendees <u>must</u> complete healthLearn Course RGIT003 (30min) prior to attending.</b> The ePortfolio cannot be accessed unless this is completed.
Maximum Number of Attendees	12
Facilitator	<b>Nurse Coordinator – PDRP</b>
Additional Information	A laptop/device is required to access the ePortfolio online. Attendees are encouraged to bring their own or notify the Facilitator as soon as possible if they require a device.

<b>Cost</b>	No charge
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PORT NEEDLE INSERTION MINI-WORKSHOP

### Overview:

A 2 hour course that enables attendees to effectively access and de-access a patient's port device as it is required in clinical areas.

The key learning outcomes include:

- Placement of Ports and relevant equipment used
- Techniques in accessing and verifying position
- Troubleshooting and complications of Ports
- De-accessing Huber needles from the Port

**NOTE – this training follows the CVAD Workshop but both sessions need to be booked separately.**

Date of Study Day/Workshop	Venue
Thursday 8 February	Skills Lab
Thursday 11 April	Level 1, Learning and Research Centre
Friday 7 June	Southland Hospital
Thursday 8 August	
Wednesday 16 October	
Friday 6 December	
Target Audience	All registered clinical staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (Registered staff that are employed in clinical areas encountering Ports)
Time	1400 to 1600hrs
Face to Face Education Hours	2 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	<b>Peter Boon and/or Angela Knox IV CNS</b>
Additional Information	
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## PRECEPTORSHIP WORKSHOP

### Overview:

Research shows that a robust preceptorship programme leads to improved recruitment and retention of nurses and improved patient outcomes.

This preceptorship workshop focuses on providing learning opportunities and skills to nurses working with new graduate nurses, both RN and EN (NETPs / ENSIPP) and student nurses to enable them to provide support in the clinical setting.

The workshop includes the following components:

- Preceptorship support structure
- Assessment, evaluation and feedback
- Critical thinking and reflective practice
- Adult teaching principles and techniques
- Difficult conversations
- Specific focus on Te Pukenga requirements for student nurses

Date of Study Day/Workshop	Venue
Monday 18 and Tuesday 19 March	Seminar Rooms A and B
Monday 20 and Tuesday 21 May	Level 1, Learning and Research Centre
Monday 22 and Tuesday 23 July	Southland Hospital
Monday 16 and Tuesday 17 September * (Not available to book on Employee Connect, please email Julie Gorrie or NETP Coordinator for bookings)	
Monday 25 and Tuesday 26 November * (Not available to book on Employee Connect, please email Julie Gorrie or NETP Coordinator for bookings)	
<b>Target Audience</b>	RN's and EN's who will be preceptoring new graduate RN's / EN's and student nurses
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes
<b>Time</b>	0900 – 1600 hours
<b>Face to Face Education Hours</b>	2 x 8 hour education days
<b>Online Education Hours</b>	Nil
<b>Maximum Number of Attendees</b>	15
<b>Facilitator</b>	NETP Coordinator and SIT Educator

<b>Additional Information</b>	<p>No pre reading</p> <p>Attendees will need to be prepared to teach a non-nursing skill to a small group on one of the days. Information will be sent out prior.</p>
<b>Cost</b>	Nil
<b>Bookings</b>	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you.</p> <p>All others, please contact Julie Gorrie  ext 47920 or DDI 03 2148920  e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a></p>

## RESPIRATORY SUPPORT AND DEVICES WORKSHOP

### Overview:

To further develop knowledge and skill relating to devices supporting respiratory system, including non-invasive ventilation and nasal high flow.

Date of Study Day/Workshop	Venue
Thursday 4 April Thursday 6 June	Seminar Rooms A and B Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for patients receiving non-invasive ventilation (NIV) or nasal high flow (NHF)
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if registrations allow. Priority will be given to Southland Hospital staff
Time	0900-1600hours
Face to Face Education Hours	6 hours (Face to face and Zoom presentations)
Online Education Hours	Optional online learning
Maximum Number of Attendees	12
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	Workshop presented by Fisher & Paykel Healthcare Product Specialists and other specialists. Practical workshop supported by Nurse Educator.
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you.  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920  e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>



## SAFER MOVING AND HANDLING REVALIDATION SESSIONS

### Overview:

Education opportunity to revalidate practical moving and handling certificate. (Yearly requirement, to acute hospital ward staff). 30-60 minutes sessions, depends on participant needs. Also, to assist problem solving area specific issues, relating to manual handling.

Date of Study Day/Workshop	Venue
Wednesday 21 February	“Dungeon”, Ground Floor Learning and Research Centre (near entrance to Otago University Hub and Library) Southland Hospital
Wednesday 20 March	
Wednesday 24 April	
Wednesday 22 May	
Wednesday 26 June	
Wednesday 31 July	
Wednesday 14 August	
Wednesday 18 September	
Wednesday 23 October	
Wednesday 20 November	
Target Audience	HCA’s, Allied Health, Nursing staff
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900 – 1000 hours <u>OR</u> 1100 – 1200 hours (30-60 minute sessions) Please book into one of the above timeslots via Employee Connect
Face to Face Education Hours	60 minutes
Online Education Hours	0
Maximum Number of Attendees	10
Facilitator	<b>Haim Haviv</b> <b>Safer Moving and Handling Coordinator Restraint</b> <b>Elimination and Safe Practice Coordinator</b>
Additional Information	Education and updating opportunity. Please bring comfortable clothing and footwear – practical session.

<b>Cost</b>	No cost
<b>Bookings</b>	Please book via Employee Connect or contact your manager or educator who will book you.

## SAFER MOVING AND HANDLING TRAINERS DAY (Hospital Setting)

### Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

### Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

Date of Study Day/Workshop	Venue
Friday 16 February	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Friday 17 May	
Friday 7 June	
Friday 9 August	
Friday 8 November	
Target Audience	Safer Moving and Handling Trainers
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	0900 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	<b>Haim Haviv</b> <b>Safer Moving and Handling Coordinator Restraint Elimination and Safe Practice Coordinator</b>

<b>Additional Information</b>	<p>Please complete the mandatory online training prior to attendance (healthLearn RGHS007). RGWL101 Bariatric Care is also available and optional to complete.</p> <p>Please wear comfortable clothing and footwear for practical sessions</p>
<b>Cost</b>	No cost
<b>Bookings</b>	Please book via Employee Connect or contact your manager or educator who will book you

## SAFER MOVING AND HANDLING TRAINERS DAY (Primary/Community)

### Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

### Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

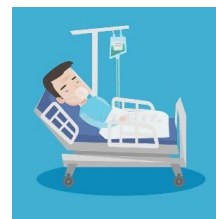
Date of Study Day/Workshop	Venue
Friday 15 March Friday 8 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Safer Moving and Handling Trainers
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	<b>Haim Haviv</b> <b>Safer Moving and Handling Coordinator Restraint Elimination and Safe Practice Coordinator</b>
Additional Information	Please complete the mandatory online training prior to attendance (healthLearn RGHS007). RGWL101 Bariatric Care is also available and optional to complete.  Please wear comfortable clothing and footwear for practical sessions

<b>Cost</b>	No cost
<b>Bookings</b>	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## SMART TRAINING (Safe Moving and Restraint Minimisation Training)

### Course Overview and Learning Outcomes:

- Mandatory for all new employees in Nursing, Midwifery, Allied Health who have “direct” clinical patient contact
- De-escalation is also open to administration and clerical staff Invercargill site (one hour 0900 – 1000 hours)
- This format will ensure compliance with both RMSP, de-escalation and moving and handling
- Moving and handling require a yearly update
- RMSP three yearly in conjunction with mandatory components



### Desired Learning Outcomes:

- Understand the legal implications and individual responsibilities for restraint minimisation and safe practice and moving and handling programmes in the workplace
- Identify the risks and develop skills to prevent/manage risks and promote patient safety
- Fundamental skills, postures and actions when performing a manual handling task
- Competent in responsibilities regarding documentation, notification and intervention

### Content Description:

- De-escalation – Identifying Triggers and Skills to Respond
- Security Team Breakaway Techniques
- RMSP Legislation, Responsibilities and Documentation
- Risk Assessment – LITEN UP Approach
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Skills Stations

Date of Study Day/Workshop	Venue
Monday 12 February	<u>Southland Venue</u>
Monday 25 March	Seminar Rooms A and B
Monday 13 May	Level 1, Learning and Research Centre
Monday 10 June	Southland Hospital
Monday 12 August	
Monday 9 September	
Monday 11 November	<u>Queenstown Venue</u>
Monday 18 November	Meeting Room
<b><u>QUEENSTOWN</u></b>	Lakes District Hospital
Tuesday 5 March	Frankton
Wednesday 11 September	

<b>Target Audience</b>	All Nursing, Midwifery and HCA's
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes, primary care providers, rest homes, hospitals
<b>Time</b>	Southland : 0900 – 1530 hours Queenstown : 0900 – 1530 hours
<b>Face to Face Education Hours</b>	6.5 hours
<b>Online Education Hours</b>	1.5 hours healthLearn NAQT202 CPI Prevention First (De-escalation)
<b>Maximum Number of Attendees</b>	Southland 20 / Queenstown 15
<b>Facilitator</b>	<b>Haim Haviv</b> <b>Safer Moving and Handling Coordinator Restraint Elimination and Safe Practice Coordinator</b>
<b>Additional Information</b>	Online mandatory revalidation every 3 years on healthLearn:  <b>Safer Manual Handling</b> healthLearn RGHS007 (for ward-based staff) OR healthLearn SRNR005 (for community staff) AND/OR Optional: healthLearn Bariatric Care RGWL101  <b>Restraint Minimisation:</b> Restraint Minimisation and Safe Practice (RMSP) RGHS008 Restraint 3 yearly review healthLearn Restraint Minimisation and Safe Practice – non registered staff RGHS009 Please wear comfortable clothing and footwear for practical sessions
<b>Cost</b>	No cost
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you.  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>



## STROKE WORKSHOP

### Overview:

This is a whole day stroke specific learning focused on stroke care and management.

Date of Study Day/Workshop	Venue
Tuesday 7 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered Nurses and Enrolled Nurses
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	15
Facilitator	<b>Annie Olayvar</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## SURGICAL SKILLS STUDY DAY

### Course Overview and Learning Outcomes

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with surgical interventions.



- Update of current surgical trends and evidence
- Discuss the care of the postoperative patient following surgery
- Update on practical skills:
  - Gastrointestinal, nasogastric insertion, stoma siting, making a template and stoma care, orthopaedic manual handling, cryotherapy, traction, braces wound care, Negative Pressure Wound Therapy (including PICO dressings) urology, continuous bladder irrigation, manual irrigation and maintaining a fluid balance chart

Date of Study Day/Workshop	Venue
Tuesday 19 March	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Tuesday 7 May	
Monday 29 July	
Friday 20 September	
Friday 29 November	
Target Audience	Those working in surgical ward acute settings
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, but preference will be given to surgical ward staff
Time	0830-1630
Face to Face Education Hours	8
Online Education Hours	Not required
Maximum Number of Attendees	12
Facilitator	<b>Marie Mitchell – Surgical Educator</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southernhb.govt.nz">julie.gorrie@southernhb.govt.nz</a>

## TEAM LEADER WORKSHOP (MEDICAL AND SURGICAL WARD)

**Overview:**

This workshop aims to further develop leadership skills and knowledge of nurses employed in the Medical and Surgical wards.

Date of Study Day/Workshop	Venue
Thursday 16 May Thursday 24 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Identified nurses working in Medical and Surgical wards who are developing as leaders
Open to health care colleagues outside of Southland and Lakes District hospitals	No
Time	1000-1530
Face to Face Education Hours	5 hours
Online Education Hours	3 hours
Maximum Number of Attendees	16
Facilitator	<b>Nurse Educator-Medical/Surgical Ward</b>
Additional Information	This workshop is designed for nurses working in the Medical and Surgical wards to further develop their leadership skills.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

## UNSTABLE PATIENT WORKSHOP – HOSPITAL SETTING

### Overview:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores
- Communication and teamwork strategies
- Simulated patient cases to challenge assessment skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 21 February	Skills Lab / Sim A and B
Wednesday 20 March	Level 1, Learning and Research Centre
Wednesday 22 May	Southland Hospital
Tuesday 25 June	
Wednesday 7 August	
Thursday 10 October	
Wednesday 20 November	
Target Audience	RNs and ENs working in acute hospital setting
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes (in discussion with Paul Winder)
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	
Maximum Number of Attendees	12
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No charge

**Bookings**

Hospital staff, please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie  
ext 47920 or DDI 03 2148920

e-mail [julie.gorrie@southerndhb.govt.nz](mailto:julie.gorrie@southerndhb.govt.nz)

## UNSTABLE PATIENT WORKSHOP – PRIMARY CARE SETTING

### Overview:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient in the Primary Care/Community setting.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores and local systems to guide response
- Communication and teamwork strategies
- Simulated patient cases to challenge assessments skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 18 September	Skills Lab / Sim A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in community based healthcare
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – Medical Centres, Aged Care
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	Nil
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## VACCINATOR FACE TO FACE UPDATE COURSE - INVERCARGILL

### Overview:

Two yearly vaccinator update courses to provide participants with the knowledge and skills required to continue to be competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

**Note: This course may also be completed online via The Immunisation Advisory Centre.**

Date of Study Day/Workshop	Venue
Vaccinator Update Course Thursday 8 August 2024	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
<b>Target Audience</b>	Vaccinators that are required to complete their 2 yearly approved vaccinator update to maintain their status.
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes - open to non Te Whatu Ora attendees who have a current practicing certificate from a registration authority (e.g. Nursing Council of New Zealand, Pharmaceutical Society of New Zealand or other health professional body) and need to complete their 2 yearly vaccinator update course.
<b>Time</b>	0900 -1230
<b>Face to Face Education Hours</b>	3.5
<b>Online Education Hours</b>	0.5 – online assessment post update
<b>Maximum Number of Attendees</b>	20-30 – venue dependant
<b>Facilitator</b>	<b>The Immunisation Advisory Centre</b>
<b>Additional Information</b>	
<b>Cost</b>	\$110
<b>Bookings</b>	Register via IMAC learning platform <a href="https://immune.org.nz">Courses and events - Immunisation Advisory Centre (immune.org.nz)</a>

## VACCINATOR FOUNDATION COURSE, SOUTHLAND – Two-day face to face tutorial

### Overview:

To provide participants with the knowledge and skills required to become competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
Invercargill 6 <sup>th</sup> and 7 <sup>th</sup> August 2024	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
<b>Target Audience</b>	For new vaccinators. Initial education pathway for authorised vaccinators and pharmacist vaccinators
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Open to non Te Whatu Ora attendees who have a current practicing certificate from registration authority (e.g., Nursing Council of New Zealand, Pharmaceutical Society of New Zealand, or other health professional body)
<b>Time</b>	0900 - 1700
<b>Face to Face Education Hours</b>	Two days 9am – 5pm in a classroom setting (16 hours)
<b>Online Education Hours</b>	4 hours
<b>Maximum Number of Attendees</b>	20-30 (venue dependent)
<b>Facilitator</b>	<b>The Immunisation Advisory Centre</b>
<b>Additional Information</b>	Pre-reading, online open book assessment, appropriate CPR qualification & clinical assessment required to complete the course to become an authorised vaccinator.
<b>Cost</b>	Two days at \$240
<b>Bookings</b>	Register via IMAC learning platform <a href="https://immune.org.nz">Courses and events - Immunisation Advisory Centre (immune.org.nz)</a>



## VENEPUNCTURE WORKSHOP

### Overview:

A 3 hour course that develops skill and knowledge around venepuncture thus enabling participants to draw a high quality blood sample using modern vacutainer safety systems.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Accessing a vessel with a vacutainer system and/or
- Accessing a vessel with a safety butterfly system
- Correct order of draw
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Thursday 29 February (AM)	Skills Lab and IV Training Room
Monday 18 March (PM)	Level 1, Learning and Research Centre
Monday 20 May (PM)	Southland Hospital
Monday 22 July (PM)	
Monday 16 September (PM)	
Monday 18 November (PM)	
<b>Target Audience</b>	All registered clinical staff
<b>Open to health care colleagues outside of Southland and Lakes District hospitals</b>	Yes (but Southland/Lakes staff are prioritised)
<b>Time</b>	Session will be in the AM <b>or</b> PM as above AM = 0830 to 1130hrs PM = 1300 to 1600hrs
<b>Face to Face Education Hours</b>	3 hours
<b>Online Education Hours</b>	Nil
<b>Maximum Number of Attendees</b>	6 attendees
<b>Facilitator</b>	<b>Peter Boon and/or Angela Knox IV CNS</b>
<b>Additional Information</b>	
<b>Cost</b>	No charge
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## VIP FAMILY VIOLENCE AND CHILD PROTECTION (CORE TRAINING)

### Overview:

To give staff the knowledge, skills and frameworks to identify and address child abuse and partner abuse in the Te Whatu Ora Health context.

### Content Description:

- Topics include theory, power, control and victimisation.
- Partner abuse: Why screen? How to ask the question? What to say when she/he says yes.
- Discussing policy around reporting and working on getting this right.
- Epidemiology of family violence and effects of violence on children: how common, does it matter?
- Child abuse: principles and practice and the Child Protection National Alert system.
- Professional dangerousness: responses that don't help.
- Role of Oranga Tamariki and the Police (Family Harm Team): what will they do when we refer?
- How to access and sign up to the eProsafe database and the benefits.

Date of Study Day/Workshop	Venue
Wednesday 21 February	Seminar Rooms A and B
Wednesday 27 March	Level 1, Learning and Research Centre
Wednesday 8 May	Southland Hospital
Thursday 6 June	
Wednesday 26 June	
Wednesday 28 August	
Wednesday 9 October	
Wednesday 6 November	
Target Audience	All Te Whatu Ora staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour (mandatory – must be completed prior to face to face)
Maximum Number of Attendees	8 min – 18 max

<b>Facilitator</b>	<b>Nicola Hillis and Lynley Ischia</b>
<b>Additional Information</b>	Mandatory Online Pre-Training on healthLearn: Course ID RGCH008. <a href="#">Course: Violence Intervention Programme Orientation and Pre-training Module (healthlearn.ac.nz)</a>
<b>Cost</b>	No charge
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Jacinta Ayers e-mail <a href="mailto:jacinta.ayers@southerndhb.govt.nz">jacinta.ayers@southerndhb.govt.nz</a>

## VIP FAMILY VIOLENCE AND CHILD PROTECTION (REFRESHER TRAINING)

### Overview:

To build on knowledge gained from Family Violence and Child Protection Core training and to keep staff informed on new processes such as National Child Alerts etc.

### Desired Learning Outcomes:

- Overview of the Six step process
- Updates around Policy/Procedure relating to Family Violence
- National Child Alert Process /ED screen checklist /Strangulation Guidelines
- Case Study

Date of Study Day/Workshop	Venue
Tuesday 12 March	Seminar Rooms A and B
Tuesday 14 May	Level 1, Learning and Research Centre
Tuesday 9 July	Southland Hospital
Tuesday 1 October	
Tuesday 3 December	
Target Audience	Only open to staff that have attended VIP Core training
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes – If they have attended VIP Core training
Time	0830 – 1230 hours
Face to Face Education Hours	4 hours
Online Education Hours	
Maximum Number of Attendees	8 min – 18 max
Facilitator	<b>Nicola Hillis and Lynley Ischia</b>
Additional Information	MUST have attended VIP Family Violence and Child Protection Training (Core)
Cost	No charge
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you All others, please contact Jacinta Ayers e-mail <a href="mailto:jacinta.ayers@southerndhb.govt.nz">jacinta.ayers@southerndhb.govt.nz</a>

## WOMEN'S HEALTH WORKSHOP

### Overview:

Women's Health Workshop

Date of Study Day/Workshop	Venue
Wednesday 27 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	24
Facilitator	<b>Nikki Vesty and Aimee Kent</b>
Additional Information	
Cost	No cost
Bookings	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## WOUND ASSESSMENT AND MANAGEMENT WORKSHOP (Inpatient Nurses)

### Overview:

This workshop is to further develop knowledge and skill relating to the prevention, assessment, and management of wounds (including pressure injuries). To develop and discuss understanding of wound products and their clinical application.

Topics may include:

- Wound assessment using TIME principles
- Pressure injury prevention and treatment
- Diabetic ulcers
- Skin tears prevention and management
- Wound management and products update
- Negative pressure wound therapy

Date of Study Day/Workshop	Venue
Thursday 21 March	Seminar Rooms A and B
Thursday 22 August	Seminar Rooms A and B
Thursday 21 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses <b><u>working in inpatient wards</u></b>
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes, if registrations allow. Priority will be given to Southland Hospital ward based nurses.
Time	0900-1500hours
Face to Face Education Hours	5.5 hours
Online Education Hours	Optional online learning. Information will be given prior to workshop.
Maximum Number of Attendees	12
Facilitator	<b>Nurse Educator-Medical Ward</b>
Additional Information	NB: This workshop is for nurses working in inpatient areas and will be given priority over community/outpatient/external registrations.

<b>Cost</b>	No cost
<b>Bookings</b>	Hospital staff, please book via Employee Connect or contact your manager or educator who will book you  All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail <a href="mailto:julie.gorrie@southerndhb.govt.nz">julie.gorrie@southerndhb.govt.nz</a>

## WOUND CLINIC ADVANCED ASSESSMENT AND DIAGNOSTIC SKILLS – OUTPATIENTS

### Overview:

To enhance learning and knowledge of advanced assessment and diagnostic reasoning skills in a vascular nurse-led clinic.

To conduct a focused patient lower leg history, examination, and investigations (ankle-brachial pressure index and/or toe-brachial pressure index) to aid diagnosis and to develop an individualised patient management plan.

Date of Study Day/Workshop	Venue
Every Monday	Outpatient Clinic
Target Audience	Post-Graduate Registered Nurses undertaking Advanced Assessment & Diagnostic Reasoning Paper
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Mandy Pagan CNS Wound
Additional Information	<p>For wound resources pre-clinic please contact: <a href="mailto:amanda.pagan@southerndhb.govt.nz">amanda.pagan@southerndhb.govt.nz</a></p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p><b>MRSA clearance (within one-month accepted) if you do not work for Te Whatu Ora, Health NZ Southern prior to clinic attendance</b></p>
Cost	No cost
Bookings	Please book via <a href="mailto:joanne.clark@southerndhb.govt.nz">joanne.clark@southerndhb.govt.nz</a> Extension: 47993



## WOUND CLINIC TRAINING - OUTPATIENTS

### Overview:

To provide a nurturing learning environment, whilst working alongside expert nurses, to advance wound knowledge and practical skills that can be applied into practice.

Please advise the clinic nurses if there is any particular skill you wish to be introduced to so we can help to accommodate and enhance your learning experience. This may include:

- To perform a comprehensive wound assessment utilising the TIME acronym.
- To discuss wound aetiology and appropriate product and/or compression selection.
- To discuss the importance of skin hygiene and care.
- Applying the wound hygiene principles including conservation sharp wound debridement.
- Mentorship in conservative sharp wound debridement if undertaking the Level 7 Certificate in Wound Debridement.

Date of Study Day/Workshop	Venue
Every Wednesday	Fracture Clinic
Target Audience	Nurses already performing wound care and wanting to increase their skills and knowledge. The clinic predominantly manages patients with lower leg ulcers.
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Wound Clinic Team
Additional Information	<p>For wound resources pre-clinic please contact: <a href="mailto:amanda.pagan@southerndhb.govt.nz">amanda.pagan@southerndhb.govt.nz</a></p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p><b>MRSA clearance (within one-month accepted) if you do not work for Te Whatu Ora, Health NZ Southern prior to clinic attendance</b></p>

<b>Cost</b>	No cost
<b>Bookings</b>	Please book via <a href="mailto:joanne.clark@southerndhb.govt.nz">joanne.clark@southerndhb.govt.nz</a> Extension: 47993

## WOUND SERVICE: LOWER LEG COMPRESSION THERAPY WORKSHOP

### Overview:

This workshop is intended for nurses who currently work with patients/residents/clients with lower leg wounds that require compression therapy.

- Overview of best practice venous leg ulcer guidelines and atypical presentations.
- Describe risk factors, signs, and symptoms of arterial and venous leg ulcers.
- Discuss the principles of measuring the ankle brachial pressure index (ABPI) in the assessment of arterial disease.
- Discuss the principles and safety of applying compression in the prevention and treatment of venous leg ulcers.
- Skin care and the importance of compression hosiery post healing to reduce ulcer recurrence.
- Provide education for patients receiving compression therapy.
- SDHB District Nurses demonstrate competence in the application of compression therapy.

Date of Study Day/Workshop	Venue
Tuesday 27 February Tuesday 27 August	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	<b>District nurses or nurses applying compression bandaging systems <u>routinely</u>.</b> This excludes nurses working in hospital and community who are <u>not</u> routinely applying compression bandaging.
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0900 – 1400 hours
Face to Face Education Hours	5-hours
Online Education Hours	3-hours
Maximum Number of Attendees	Maximum 8 (six District Nurses)
Facilitator	<b>Mandy Pagan CNS Wound</b>
Additional Information	<p>Prior completion of the Compression Therapy Self-directed Learning Package <b>MIDAS ID: 46960</b></p> <p><b>External DHB attendee's competency must be done in consultation with their organisation.</b></p> <p>Morning Tea provided.</p> <p><b>WEAR LOOSE CLOTHING ON YOUR LEGS FOR COMPRESSION BANDAGING APPLICATION.</b></p>

<b>Cost</b>	Nil
<b>Bookings</b>	Please book via Mandy Pagan CNS Wound Cellphone: 027 807 0132 or via email <a href="mailto:amanda.pagan@southerndhb.govt.nz">amanda.pagan@southerndhb.govt.nz</a>