



Education Book

Otago 2024

Practice Development Unit

“Te Mahi Ngatahi O Akoranga – The Partnership of Learning”

Contents

Introduction	3
Advance Care Planning (ACP): Level 1A one-day workshops.....	4
Advanced Cardio-Respiratory Workshops	5
Advanced Deteriorating Patient Workshop.....	7
Amputee Study Day.....	9
Cardio-Respiratory Workshops.....	11
CVAD Workshop.....	13
Deteriorating Patient Workshop.....	15
Epidural Workshops – Obstetrics.....	17
HCA Onboarding (Otago)	18
Immediate Life Support Instructor Workshop.....	20
Immediate Life Support Refresher.....	22
IV Cannulation and Venepuncture Workshops.....	23
Kā Huruhuru Kea: Person-centred care and understanding behaviour	25
Male Catheterisation Course (Otago).....	27
Midwifery Emergency Skills Day	28
Newborn Life Support Full Day Workshop	30
NZRC CORE: Advanced Rescuer Course.....	31
Palliative Care Study Day.....	34
PDRP Assessor Education Sessions.....	35
PDRP Portfolio Workshop Otago – ‘Making it Easy’	37
Preceptorship Workshop.....	39
PROMPT – Practical obstetric multi-professional training	41
Queen Mary Mandatory Training Day (QMMTD).....	42
Safe Moving & Handling Train the Trainer Workshop.....	43
Stroke Workshop	45
Telemetry Training.....	46
Vaccinator Training and Vaccinator Update Days	47
VIP Core Training.....	48
Wound Care Implications and Treatments Study Day.....	50
Wound Care Competency Study Day (NPWT and Compression Competency)	52

Introduction

This booklet outlines the training opportunities that are available in 2024 for **current and future Healthcare Workforce** staff via the Practice Development Unit, Otago Site. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. An electronic copy of this booklet can be found on the Otago Practice Development SharePoint site.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing. However scheduled sessions may change so please check the electronic version of this book on the Otago Practice Development SharePoint site.

<https://pulse.southerndhb.govt.nz/ws/PDU/SitePages/Home.aspx>

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Some sessions have a maximum number of participants, so it is important that you register through the appropriate contact person as per the details on the programme outline. Each programme outline indicates the suitable target audience.

To register, follow the required processes in your practice area i.e., discuss with or register through your manager.

If, later, you are unable to attend, please contact the course facilitator and your line manager as soon as possible so that you can withdraw from the course and allow for others to fill the space. You may be offered an alternative date by the facilitator if sessions are oversubscribed. Additional sessions may also be scheduled according to demand.

Each programme outline indicates if there is a cost involved. Overall, there is no charge for education in 2024.

MENTAL HEALTH ONLY

Mental Health Addictions and Intellectual Disability Services publish the 2024 District Training Calendar for both Invercargill and Dunedin on their SharePoint site at the following link:

<http://pulse.southerndhb.govt.nz/ws/mhedu/Lists/Calendar/calendar.aspx>

The Excel Training Planner is located at our SharePoint site and outlines events for the entire year with details on how to book into the relevant workshops.

You may navigate to it by selecting '**Useful Links District**' from the Pulse main page:

- SharePoint Services
- Mental Health Education and Training
- Shared documents all DHB Staff
- Training Planner (Excel spread sheet)

Advance Care Planning (ACP): Level 1A one-day workshops

Aims / Purpose:

Increase their knowledge about advance care planning, explore their biases, understand the legal framework for medical decision-making, improve their clinical communication skills and to effectively document conversations and plans.

Desired Learning Outcomes:

- help grow the use of ACP.
- gain experience in supporting people/patients with ACP.
- learn how to translate an individual's wishes into written documentation.

Content:

Workshop covers the benefits of ACP the benefits of ACP, the legal framework with case studies, communication skills and practice, and documentation practice.

Day	Dates	Venue
Varies	7 th March	Dunedin
	12 th March	Alexandra
	13 th March	Queenstown
	14 th March	Wanaka
	2 nd May	Invercargill
	13 th June	Oamaru
	25 th July	Balclutha
	5 th September	Dunedin
	17 th October	Invercargill
Target Audience	All Registered Health Care Professionals	
Facilitator	Viv Williams (WellSouth)/Helen Sawyer (Te Whatu Ora)	
Additional Information	Spaces limited and applications close 6 weeks prior to workshop. You will be advised via email if you have/have not been successful in securing a place	
Register	WellSouth Upcoming Events Information regarding cities/towns, as well as times on this link*	

Advanced Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to provide Healthcare Professionals with advanced knowledge in cardiology and respiratory care.

The workshop is divided into two 3 and a half hour sessions.

The respiratory workshop is in the morning and a cardiology workshop in the afternoon.

Desired Learning Outcomes:

This workshop will provide more advanced skills and builds on top of the Cardio-Respiratory Workshops.

The respiratory morning session will discuss spirometry, blood gas interpretation, management of breathlessness, palliation, and case studies.

The cardiology afternoon will present a case scenario, cardiogenic shock, temporary and permanent pacing, cardiac catheterisation, and additional cardiac anatomy and physiology.

Content:

Respiratory Workshop	Cardiology Workshop
<ul style="list-style-type: none"> - Spirometry. - Blood gas interpretation. - Management of breathlessness/palliation - Case Studies 	<ul style="list-style-type: none"> - Advanced cardiac anatomy and physiology. - Understanding cardiogenic shock. - Temporary and permanent pace making. - Cardiac catheterisation

Day	Dates	Venue
Tuesday	7 th May 2024	Fraser Room A
Tuesday	8 th October 2024	Fraser Room A
Target Audience	Nurses and Allied Health. Hospital and community-based health professionals.	

Start time & Duration	08:45 hours – 8.5 hours	
Facilitator	Jo Robertson-Smith – Cardiology Workshop Jess Puru– Respiratory Workshop	
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.	
Bookings	Employee Connect	
	Name & Phone	Jo Robertson-Smith – internal 58436 or mobile 027 279 1048
	Email	Joanne.robertson@southerndhb.govt.nz

Advanced Deteriorating Patient Workshop

Aims / Purpose:

“Merging our Clinical Experience and Knowledge between the Professions”.

This study day has been designed to build on prior knowledge around ISBAR, EWS and ABCDE prioritised assessment. The goals are for interprofessional teaching and learning reflective of the care present at the bedside of a deteriorating patient, focussing on the factors in our decision making, difficult decisions, management of the complex patient, risk reduction – both patient and staff.

Desired Learning Outcomes:

Discuss Human Factors and the part they play in our decision making

Discuss how to overcome the Human Factors

Discuss pathophysiological dilemmas such as simultaneous clotting and bleeding, Sepsis, ARDS, and the management factors and decision making.

Team communication

Strategies to reduce risk and enhance patient and staff safety at work using Notice Think Plan Ahead framework.

Content:

- Human Factors
- Escalating through barriers
- Pathophysiology puzzles
- ARDS
- Vascular
- Sepsis
- Team communication
- Notice Think Plan Ahead

Dates	Venue
5 th Feb 2024 (pilot) 6 th May 2024 5 th Aug 2024 4 th Nov 2024	Fraser Conference Rooms
Target Audience	Nurses and rotational physios who have completed Deteriorating Patient Workshop. Junior doctors who currently

	use ISBAR in practice and work clinically. Members of the escalation pathway – CTC, ICU and medical registrars.
Time	08:00-16:30
Facilitator and Contact	<p>Julz Smith / Bronwyn McGuire</p> <p>Julz.Smith@southerndhb.govt.nz</p> <p>Bronwyn.McGuire@southerndhb.govt.nz</p>
Bookings	Educator Bookable only – please discuss with your educator or a facilitator.

Amputee Study Day

Aims / Purpose:

This study day is intended for nurse and allied health professionals who care for and/or have an interest in the management of patients undergoing lower limb amputation.

Desired Learning Outcomes:

Participants will extend their practice knowledge, understanding, and skills in the management and care of patients undergoing lower limb amputation.

Content:

- Vascular surgery and limb sparing procedures.
- Wound Management pathways
- Acute pain management
- Acute postoperative management- an MDT approach
- Occupational Therapy and the Discharge Destination
- Prosthetics and the Rehabilitation Phase
- Practical workshop – patient moving and handling and product demonstration.

Day	Dates	Venue
Wednesday	27 th March 2024	Fraser room A and Otago Skills lab (Fraser Building)
Tuesday	18 th June 2024	
Tuesday	5 th November 2024	
Target Audience	RN's /EN's/ Allied Health professionals	
Start time & Duration	0845-1600hrs	
Facilitators	Elaine Weatherston/Andrea Dorne	
Additional Information	<p>Limited to a maximum of 28 participants</p> <p>Come dressed appropriately for practical workshop – moving and handling</p>	
Bookings	Employee Connect	How to Register
		<ul style="list-style-type: none"> • Contact your Nurse Educator, CNM, Line Manager for approval and be enrolled on

		<p>Employee Connect for the date you wish to attend.</p> <p>Staff not working for within Dunedin Hospital</p> <ul style="list-style-type: none"> Register with Andrea Dorne, 4th Floor Clinical Nurse Educator andrea.dorne@southerndhb.govt.nz
	Name & Phone	Elaine Weatherston
	Email	elaine.weatherston@southerndhb.govt.nz

Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to improve nurses' fundamental cardiology and respiratory knowledge.

The workshop is divided into two 3 and a half hour sessions.

The cardiology workshop is in the morning and a respiratory workshop in the afternoon.

Desired Learning Outcomes:

By the end of the respiratory morning sessions nurses will appreciate the importance of thorough respiratory assessment and the difference between asthmas and COPD. Participants will gain an awareness of the fundamentals of disease management and the role of inhaled therapies. There is an inhaled therapy practical session also.

The ECG workshop afternoon will include skills such as: understanding the cardiac electrical conduction pathway, interpreting an ECG rhythm achieving a good quality 12 lead ECG recording and a comprehensive heart failure.

Content:

ECG Workshop	Respiratory Workshop
<ul style="list-style-type: none"> - Respiratory assessment. - Basic asthma and COPD pathophysiology. - Fundamentals of disease management. - Practice in inhaler use. 	<ul style="list-style-type: none"> - Understanding the electrical cardiac cycle and ECG - Rhythm recognition (e.g. sinus rhythm, ectopic heart beats, basic heart block and AF). – - Taking a 12 lead ECG and trouble shooting. - Infarction and ischaemia on ECG. - Heart Failure and Cardiac Rehab

Day	Dates	Venue
Tuesday	5 th March 2024	Fraser Room A
Tuesday	23 rd July 2024	Fraser Room A
Tuesday	29 th October 2024	Fraser Room A
Tuesday	19 th November 2024	Fraser Room A

Target Audience	Registered and Enrolled Nurses. Hospital and community-based health professionals.	
Start time & Duration	08:30 hours	
Facilitator	Jo Robertson-Smith – Cardiology Workshop Jess Puru– Respiratory Workshop	
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.	
Bookings	Employee Connect	
	Name & Phone	Jo Robertson-Smith – internal 58436 or mobile 027 279 1048
	Email	Joanne.robertson@southerndhb.govt.nz

CVAD Workshop

Desired Learning Outcomes: Registered Nurses will be introduced to evidence-based theory and best practice guidelines when caring for the patient with any type of CVAD device in-situ.

Content Description:

- Anatomy & physiology.
- Types & indications for CVAD
- ANTT
- CVAD maintenance
- Blood sampling and blood cultures
- Introduction of Complications and troubleshooting
- Alteplase administration
- Practical demonstrations throughout the day

Day	Date	Venue
Monday	5 th February	Fraser room A
Monday	11 th March	Fraser room A
Monday	6 th May	Fraser room A
Tuesday	4 th June	Fraser room A
Monday	1 st July	Fraser room A
Monday	5 th August	Fraser room A
Monday	23 rd September	Fraser room A
Monday	28 th October	Fraser room A
Monday	18 th November	Fraser room A
Monday	16 th December	Fraser room A

Target Audience	Registered Nurses	
Start Time and Duration	0830 – 1630hrs	
Attendee Limit	35 (Te Whatu Ora Hospital Staff) 15 (Otago Trust Hospitals/External Services)	
Facilitator	Derek Smith	
Additional Information	Reading material handed out on the day	
Bookings	Otago	Derek Smith (IV CNS) 0275620078 Derek.smith@southerndhb.govt.nz
	Employee Connect	Set up on Employee Connect as 'CVAD workshop' External Bookings: Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz

Deteriorating Patient Workshop

Aims / Purpose:

“Learning meets experience”.

This **study** day has been designed to increase your confidence around the core elements of early detection and management of those who are either at risk of or who are deteriorating. Elements such as physical assessment, ISBAR and Early Warning Score are taught and discussed. These tools will assist you to hone your skills and explore how to apply them in situations where your patients need you to aim for optimal outcomes.

Desired Learning Outcomes:

- Recognise importance of early detection of deterioration in patients
- Advancing clinical judgement using standardised clinical tools and assessment
- Understand the importance of vital signs.
- Know what is normal for the individual patient and therefore what is abnormal for that patient.

Content:

- Case scenario presentation
- Discussion: why patients deteriorate
- EWS/ISBAR – escalation skills
- Skill stations
- Reflection and application

Day	Dates	Venue
Tuesday	13 th February 2024	Fraser A
Wednesday	1 st May 2024	Fraser A
Wednesday	5 th June 2024	Fraser A
Monday	18 th November 2024	Fraser A
Thursday	5 th December 2024	Fraser A
Target Audience	Enrolled and Registered nurses, and rotational Physiotherapists and other Allied Health who are internal employees have preference. External applicants may be considered, please apply via the Resuscitation Coordinators	

Time	08:30-16:00
Facilitator and Contact	Bronwyn McGuire / Julz Smith Bronwyn.McGuire@southerndhb.govt.nz Julz.Smith@southerndhb.govt.nz
Bookings	Via Employee Connect

Epidural Workshops – Obstetrics

Available for External Attendees: YES

Workshop Content:

A 3.5-hour workshop around Epidurals in Obstetrics. Pre course quiz and pre reading, post course quiz & work sheet to complete with Anaesthetist on the day.
SIM and troubleshooting pump included.

Desired Learning Outcomes:

Participant will feel confident and competent caring for a woman with an epidural in situ and Patient controlled Epidural Anaesthesia (PCEA)

Dates	All Tuesday's 30 th January 30 TH April 20 th August 19 th November
Venue	Quenelle Room, 2 nd floor DPH
Start Time & Duration	08:30-12 Midday
Additional Information	Certificate will be issued once pre and post Quizzes have been marked
Target Audience	Core Midwives & LMC's
Facilitator	Dr Michael Barlev or nominated other e.g., Dr Julie Thompson
Bookings	Book through Midwifery Educator <i>Contact to be advised</i>

HCA Onboarding (Otago)

Aims / Purpose:

To provide orientation sessions for Health Care Assistants (HCAs) working in physical health services at Dunedin and Wakari Hospital.

Desired Learning Outcomes:

HCAs will gain foundation knowledge to support safe work practices and become aware of support pathways.

Content:

- Introductions to Te Ara Hauora, Māori Health Unit,
- Team models of care and delegation
- Patient Watch
- Drips drains and attachments,
- Skin care and Pressure Injury Prevention
- Wellbeing and Speak Up Program
- IPC and PPE practical
- ILS Theory and Practical
- Restraint Elimination and De-escalation
- Moving and Handling
- HealthLearn, Southern Online Programs
- Introduction to Health and Wellbeing certificate

Day	Dates	Venue
3 days (Tues, Wed Thurs) includes SMART day	Generally, the 3 rd week of every month	PDU seminar rooms, first floor Fraser Building
Target Audience	Health Care Assistants	
Start time & Duration	0830 -1600	
Facilitator	Emily Borst and Pam Markby	
Additional Information		

Bookings	Employee Connect	Educator Bookable Only
	Name & Phone	Emily Borst 0272237783
	Email	emily.borst@southerndhb.govt.nz

Immediate Life Support Instructor Workshop

Desired Learning Outcomes:

The Workshop is designed to create approved Immediate Life Support Assessor / Instructors which will enable local practical CPR updating and revalidation for staff in individual areas – promoting high quality Immediate Life Support and maintaining that quality to a consistent standard across the district with support from the Resuscitation Coordinator

Workshop Content:

- Resuscitation theory and ANZCOR guidelines
- Practical skills and assessment of Immediate Life Support practices

Critiquing and teaching and assessing strategies.

Dates	Friday 17 th March Friday 7 th June Wednesday 20 th November
Venue	Otago Clinical Skills Laboratory 2 nd Floor, Fraser Building
Time	09:00–16:00
Additional Information	<ul style="list-style-type: none"> • Email with pre-reading and resources sent to enrolled participants one week prior to workshop. A resource folder is given on the day. • Maximum attendance – 8 • Resuscitation information and resources for Immediate Life Support Assessor / Instructors can be found on the PDU SharePoint site via the Te Whatu Ora: Southern Pulse Homepage with additional and resource information available via http://www.nzrc.org.nz/guidelines/ • There is a separate refresher for these 3 yearlies.
Target Audience	This workshop is not limited to health professionals. Anyone keen to enhance and maintain Immediate Life Support practices in their area can choose to be an approved Assessor / Instructor, registered nurses, registered midwives, allied health personnel, administrators, health care assistants, etc.

	Internal Employees have preference. External applicants may be considered, please apply via the Resuscitation Coordinators
Facilitator	Resuscitation Coordinator
Bookings	Enrol via Employee Connect or contact the Resuscitation Coordinators, Julz Smith: Julz.Smith@southerndhb.govt.nz Bronwyn McGuire: Bronwyn.Mcguire@southerndhb.govt.nz

Immediate Life Support Refresher

Internal Employees Only

Desired Learning Outcomes:

Yearly update to ensure our staff are prepared for cardiac arrest and choking.

Workshop Content:

- Immediate life support for adult, child, and infant.
- Choking algorithm for adult, child, and infant.

Dates	15 February 15 March 13 April 10 May 14 June 12 July 16 August 12 September 17 October 21 November 6 December
Venue	Otago Clinical Skills Laboratory, 2 nd Floor, Fraser Building
Target Audience	All Te Whatu Ora Southern staff who do not have an Approved Instructor/Assessor in their area of work
Time	09:00 – 10:30
Attendee Limit	Minimum of 5 / Maximum of 12
Facilitator	Resuscitation Coordinator- Bronwyn McGuire/Julz Smith
Bookings	Enrol via Employee Connect
Additional Information	Complete the appropriate Quiz before attending. This is completed via HealthLearn, and the course code is SRNR008. More information emailed out the week prior to attendance.

IV Cannulation and Venepuncture Workshops

Desired Learning Outcomes: To introduce the participant to evidence based theoretical and practical information required to perform cannulation and venepuncture.

Content Description:

- Anatomy of veins used for cannulation and venipuncture.
- Type and appropriate use of equipment
- Blood sampling
- Infection prevention and control
- Complications and management
- Practical demonstration

Day	Date	Venue
Monday	29 th January 2024 4 th March 2024 8 th April 2024 20 th May 2024 10 th June 2024 22 nd July 2024 12 th August 2024 9 th September 2024 4 th November 2024 2 nd December 2024	Clinical skills lab 2nd Floor, Fraser building
Target Audience	Health Professionals	
Start Time and Duration	09:00 to 12:00 (3 hours) OR 13:00 to 16:00 (3 hours)	
Attendee Limit	10 maximum	
Facilitator	Derek Smith	

Additional Information	Reading material handed out on day. Four observed practical assessments to be handed in to service educator on completion.	
Cost	No charge	
Bookings	Employee Connect	Book on Employee Connect under 'IV Cann & Veni (Otago) External Bookings: Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz



Kā Huruuru Kea: Person-centred care and understanding behaviour



Aims / Purpose:

To provide participants with the core knowledge and practical skills in protecting oneself and others when faced with an unexpected client response, confrontation, personal threat, or other crisis (Nursing council competency 2.5).

Desired Learning Outcomes:

- Have a clear understanding of the ABC framework to identify the triggers, which supersede undesirable behaviours.
- Apply the TA-DA & CALM approach.
- Improve communication skills by understanding the effect that body language and your communication style plays in de-escalation.
- Building self-awareness and building resiliency

Content:

- Person-centred care
- Communication skills
- How to de-escalate an unexpected client or family/ whanau response
- Sensory Modulation
- Reinforcement and rewards
- Looking after ourselves

Day	Dates 2022	Venue
Dunedin	22 nd February 4 th April 9 th May 25 th July 12 th September 14 th November 12 th December	Fraser A 1 st floor Practice development unit Fraser Building
Southland	20 th June 17 th October	Venue - TBC

Target Audience	Staff working in all clinical areas- max 25 participants	
Start time & Duration	0830-0430hrs	
Facilitators	Sarah Champion (Restraint Minimisation Coordinator Otago) Helen Paton- Clinical-Neuro Psychologist OPH	
Additional Information	Workbook handed out on the day- please email for PDF version	
Bookings		Employee connect
	Email	Sarah.Campion@southerndhb.govt.nz

Male Catheterisation Course (Otago)

Desired Learning Outcomes:

- Standardisation of care for the safe insertion (procedure) of urinary catheters in males, incorporating Best Practice.
- Safe and consistent care of those with a urinary catheter

Content Description:

- Pre-reading competency to be completed prior to booking:
- HealthLearn RGMS160 - Urinary Catheterisation and Catheter care course.
- For Non DHB Staff without access to healthLearn a workbook will be provided via email to be completed prior to attending course.

Day	Date 2024:		Venue
Thursday afternoons	Feb16 (Friday, 9- 11am) Apr18 Jun13	Aug22 Oct24 Dec12 (9- 11am)	Skills Lab for scheduled dates or Educators please contact Archie directly to organise an in service with your team in your own clinical area at a different time: Min 6 staff, Max 10.
Target Audience	RNs (preferably PDRP Level 2+), Doctors and Medical Students. Otago Area		
Start Time and Duration	13:00-15:00		
Attendee Limit	Min 6 staff, Max 10.		
Facilitator	Archie Auchinvole: Clinical Nurse Specialist Urology		
Additional Information	Bookings Essential. - HealthLearn RGMS160 - Urinary Catheterisation and Catheter care course to be completed before attending practical session.		
Cost	N/A		
Bookings	Employee Connect - male catheterisation course		

Midwifery Emergency Skills Day

Desired Learning Outcomes:

Core and LMC Midwives will be updated and upskilled in Obstetric emergencies.

Core and LMC Midwives will feel confident and competent when attending Obstetric emergencies.

RN's will have an overview of Obstetric Emergencies & feel more confident in how they can contribute to these situations.

Workshop Content for 2024:

- Post-Partum Haemorrhage (PPH), Shoulder Dystocia, Breech, SEPSIS,
- PM – CPR including Maternal Collapse, Fetal Scalp pH & Acid base balance, newborn resuscitation update.

Dates	28 th Feb – Catch up day for the 2023 year. 24 th April 22 nd May 26 th June 24 th July 28 th August 25 th September 23 rd October 22 nd November 20 th December
Venue	All Held in Quenelle Room 2 nd Floor DPH
Start Time & Duration	08:30 sharp start – 4:30
Additional Information	An email will be sent out to participants a month prior so Pre – Reading and CPR Quiz can be either picked up or sent out as requested beforehand.
Attendee Limit	6 participants to 1 facilitator – 12 (maximum)
Target Audience	Midwives – Core/LMC & RNs employed on the unit
Facilitator	Midwifery Educator and Assistant



Bookings	Midwifery Educator <i>Contact to be advised</i>
-----------------	--



Newborn Life Support Full Day Workshop

Desired Learning Outcomes:

That the participant can demonstrate effective airway management of the neonate and can effectively demonstrate ventilations and chest compressions.

Workshop Content:

- Pre and Post course Quiz, pre – reading,
- Resuscitation Skills covering the algorithm sequence, Airway skills, Bag & mask ventilation, UVC insertion, LMA insertion, practice with scenarios putting it all together.
- Practical Assessment

Dates	24 th Jan 2024 13 th March 10 th April 8 th May 12 th June 11 th September 6 th November
Venue	Skills Lab Fraser Building
Start Time	08:30 – 4:15
Additional Information	Our administrator will email out to participants the timetable for the day, a pre course quiz and a link to the NZRC website for pre reading: http://www.nzrc.org.nz/guidelines/#Section-13-Guidelines
Target Audience	LMC Midwives, Core midwives, NICU nurses, Enrolled Nurses, Paramedics, St John, Medical Teams working with new-borns
Rotational Facilitators	Lynette Will, Liza Edmonds, Juliet Manning, Yvonne Mosley Martin, Kylie Fraser, Megan Walker, Loraine Willemse (Lakes) Jo Guest (Midwife Educator for Central Otago and Queenstown Lakes)
Attendee Limit	6 Participants to 1 facilitator – 12 maximum – 6 minimum
Bookings	Deb De Haan – NICU Administrator phone: 59291 or email Deb.DeHaan@southerndhb.govt.nz

NZRC CORE: Advanced Rescuer Course

Aims / Purpose:

Registered participants will learn and demonstrate resuscitation-related clinical and non-clinical skills at the “Advanced” level required to be certified by the New Zealand Resuscitation Council (NZRC)

Desired Learning Outcomes:

To be certified to the level of “Advanced Rescuer” at the standard required by the New Zealand Resuscitation Council (NZRC)

Content:

- Skill Station learning, practice, and testing:
- Adult, child, and infant collapse
- AED management in an emergency
- Manual defibrillation and cardiac rhythm recognition
- Airway management
- Basic trauma management
- Knowledge Quiz: 25 questions multiple choice. 80% required for pass.
- Scenarios: group work focussing on effective communication and teamwork in emergencies

Day	Dates		Venue
Wednesday	31 st January	Tuesday	23 rd July
Thursday	22 nd February	Thursday	8 th August
Tuesday	5 th March	Wednesday	28 th August
Thursday	28 th March	Tuesday	10 th September
Wednesday	24 th April	Thursday	3 rd October
Monday	6 th May	Monday	14 th October
Thursday	16 th May	Friday	1 st November
Tuesday	28 th May	Thursday	14 th November
Tuesday	11 th June 2024	Tuesday	26 th November
Thursday	20 th June	Monday	9 th December
Friday	12 th July		

**Indicates the course has a maximum of 12 Trainee Interns already registered for the course*

Target Audience	Doctors, Senior Registered Nurses, and Senior Registered Anaesthetic Technicians working in acute areas of Dunedin Hospital – <i>Dunedin Hospital clinical staff indicated above take priority with registrations</i>
Start time & Duration	<p>This is an 8-hour course.</p> <p>START: 0830 (participants must be registered and seated by 0820 at the latest) – late arrivals may be turned away and will not complete the course</p> <p>FINISH: 1630 (approximately)</p>
Facilitator	Paul Medeiros, OCSL Operations Coordination
Additional Information	<p>These officially NZRC accredited courses get fully booked up <u>at least</u> 6 months in advance – book well in advance to avoid disappointment – short notice requests for enrolment are rarely actioned. We will accommodate requests as we are able.</p> <p>Acute Dunedin Hospital area staff take priority when enrolments are requested and booked.</p> <p>Once successfully registered, the participant will be sent an official registration confirmation and then a further email with detailed course information 3-4 weeks prior to the course.</p> <p>The course follows a strict cancellation and DNA policy:</p> <ul style="list-style-type: none"> • Registered participants cancelling within the minimum 3 weeks of the course (as required by the NZRC) may not be able to be re-registered for another course for a minimum of 6 months. • Registered participants that do not arrive (DNA) as scheduled may not be able to be re-registered for another course for a minimum of 12 months. <p>All cancellations and DNAs are reviewed on a case-by-case basis.</p> <p>Any individuals arriving that have not been formally registered cannot attend the course.</p> <p>Registered participants cannot pass their registration to someone else. If a registrant cannot attend a course, they should email the course coordinator immediately to allow the standby system to be utilised if appropriate.</p> <p>If requested, participants may be loaned a NZRC Advanced Rescuer manual for the course by the OCSL. These are sent to participants via the internal mail system and cannot be collected from the OCSL itself.</p>

	<p>All participants must have a good ground-level understanding of resuscitation and be at least certified to the level of “Immediate Rescuer” to be enrolled onto the course.</p>	
<p>Bookings</p>	<p>Employee Connect (Te Whatu Ora participants)</p>	<p>Course enrolment requests are made by email to the OCSL Operations Coordinator. Requests are accepted through the requesting department Manager or Educator</p> <p>There is a maximum of 14 participants per course – this will not be exceeded.</p> <p>Of the annual scheduled courses, 8 are dedicated to Trainee Interns as part of the Critical Care Module (indicated by *). A maximum of 2 additional participants can be enrolled onto the Trainee Intern courses.</p> <p><u>Dunedin Hospital employee participants:</u></p> <p>12 hours is recorded for successful completion of this course.</p> <ul style="list-style-type: none"> • 8 hours: for the course itself • 4 hours: for pre-reading
	<p>Name</p>	<p>Paul Medeiros</p>
	<p>Email</p>	<p>Te Whatu Ora Health New Zealand Southern: paul.medeiros@southerndhb.govt.nz</p> <p>University of Otago: Paul.medeiros@otago.ac.nz</p>

Palliative Care Study Day

Aims / Purpose:

To increase knowledge and understanding of Palliative Care

Desired Learning Outcomes:

Able to discuss what is meant by a palliative care approach and incorporate into practice.

Content:

Overarching theme will be individual approach to care and building staff capacity for applying a palliative care approach within systems.

- Palliative care in practice – symptom management
- Last Days of life
- Advance Care Planning

Day	Dates	Venue
Tuesday	14th March 2024	Fraser Building, Room A, Dunedin Hospital
Tuesday	31st October 2024	
Target Audience	All Registered Health Care Professionals	
Start time & Duration	0830hrs – 1600hrs	
Facilitator	Palliative Care Advisory Service	
Additional Information	This is a multidisciplinary study day – open to all health care professionals	
Bookings	Employee Connect	
	Name & Phone	Helen Sawyer 0276018236
	Email	PalliativeCareDND@southerndhb.govt.nz

PDRP Assessor Education Sessions

Course Overview and Learning Outcomes:

Note: Pre-requisites for attendance:

- **Have Health Learn access established.**
- **PDRP assessor or in the process of becoming an assessor.**



Two separate workshops are being provided, morning and afternoon sessions to support own e-Portfolio creation including:

- Completing Health Learn e-Portfolio course.
- Building own e-Portfolio: which includes utilising the e-Portfolio platform; also, educators and PDRP resource people wanting to understand the e-Portfolio platform to support nurses.
- E-Portfolio Peer / Manager Appraiser: aimed at those involved in writing peer reviews for nurse applicants (e.g., managers, preceptors etc) and supporting managers who need to complete the managers endorsement.

<p>Date & Venue of Sessions</p> <p>14th March 26th September</p> <p>Room D, Practice Development Unit, 1st Floor Fraser Building, Dunedin Hospital</p>	<p>**PLEASE NOTE: You must have Health Learn access prior to attending the day (otherwise you will not be able to access the e-Portfolio platform)</p> <p>You will attend a morning or a PM session</p>
<ul style="list-style-type: none"> • Morning session 0830 – 1200 • Maximum number 6 participants 	
<ul style="list-style-type: none"> • PM session 1300 – 1630 • Maximum number 6 participants 	
<p>Target Audience</p>	<p>Limited to Te Whatu Ora PDRP assessors and those people coordinating PDRP within their organisations</p>
<p>Bookings</p>	<p>Te Whatu Ora Employees – Please book via Employee Connect or contact your manager or educator who will book you.</p>

	<i>Contact Tanya Meldrum for more information if required</i>
Education Hours	Build an e-Portfolio – 3 hours per session
Maximum Number of Attendees	6
Facilitator	Tanya Meldrum
Additional Information	Tea and coffee will be available

PDRP Portfolio Workshop Otago – ‘Making it Easy’

Course Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels. As part of this workshop all participants will have significant time to work on Self-Assessment, Peer-Assessment and /or appraisal with support from the PDRP Co-ordinator.



Desired Learning Outcomes:

On completion of the workshop participants will:

- Have started their own hard copy portfolio or **e-portfolio**.
- Understand the requirements for a Competent Level portfolio integrating the principles outlined in the Whakamaua Māori Health Action plan 2020–2025
- Understand the requirements for a Proficient Level and Expert / Accomplished Level portfolio, and what constitutes quality evidence.
- Be able to write self-assessment examples which meet NCNZ and PDRP requirements.
- Be able to provide appropriate feedback to peers.

**Additional workshop outcomes can be tailored to participants on the day*

Dates	Venue
21 March 2024 20 June 2024 10 September 2024	Practice Development Unit 1 st Floor Fraser Building Dunedin Hospital
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP portfolio / e-Portfolio
Time and Duration	0900 to 1630hrs
Attendee Limit	6 min – 10 max.
Facilitator	Tanya Meldrum (PDRP Coordinator)
Additional Information	You are welcome to bring your own laptop (especially if you are not a Te Whatu Ora member)

	<ul style="list-style-type: none"> • Load PDRP documents (appraisal / self-assessment and workbook) prior to arrival so you can save them and work on them in the afternoon session. • If your intension is to complete an e-Portfolio ensure you have completed the health learn course prior to attendance - RGIT003
Cost	No charge
Bookings	<p>Te Whatu Ora - Southern Employees – Please book via Employee Connect</p> <p>Non-Te Whatu Ora - Southern Employees – Please contact PDU Administrator, ext. 59552</p> <p>DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz</p>

Preceptorship Workshop

This interactive 2-day workshop covers the following topics:

- Learning styles
- Constructive communication
- Giving feedback
- Teaching a skill
- Assessing and documenting performance
- Managing conflict situations

The workshop uses a blend of traditional teaching methods with group work, role plays and fun activities to enable you to feel confident supporting students, new graduates, and Internationally Qualified Nurses.

You will also have the opportunity to meet staff from Otago Polytechnic and the University of Otago to learn about the different courses and expectations for Diploma of Enrolled Nursing students, Bachelor of Nursing students, Master of Nursing Students and Competence Assessment Programme (CAP) candidates.

The role of the preceptor is crucial for developing our future workforce. Being a preceptor is such a rewarding experience and we encourage you to take this next step in your career.

Following completion of this course an **update** is available on HealthLearn: course SRLD002. This is to be completed every 3 years.

Venue	Helensburgh House, Wakari	Fraser A
Dates	28 th & 29 th February 29 th & 30 th April 29 th & 30 th May 26 th & 27 th June	12 th & 13 th March 3 rd & 4 th July 12 th & 13 th August 25 th & 26 th September 27 th & 28 th November
Start Time & Duration	0900 – 1630hrs each day	
Additional Information	Mandatory Requirement for Preceptoring New Graduate Nurses NETP/NESP/ENSIPP	

<p>For Enquiries</p>	<p>Colette Parai NETP Coordinator DDI: 58591 colette.parai@southerndhb.govt.nz</p> <p>Or</p> <p>Catherine May NESP Coordinator DDI: 55366 Catherine.May@southerndhb.govt.nz</p>
<p>Bookings</p>	<p>Te Whatu Ora Nurses: via Employee Connect (you will require your Unit Manager/Educator approval)</p> <p>Non Te Whatu Ora Employees: Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz</p> <p>Please provide the following information:</p> <ul style="list-style-type: none"> • Full name • Designation • Place of Work • Managers full contact details including email address • Your full contact details

PROMPT – Practical obstetric multi-professional training

Desired Learning Outcomes:

Understanding the importance of working as a Team in reducing morbidity and mortality for mothers and babies. Understanding that teamwork includes excellent clear communication, Leadership and identified roles in an emergency, and situational awareness.

Dates	23rd February 13th September
Venue	Quenelle Room 2 nd Floor Main ward Block Ante –Natal Clinic for scenarios
Start Time & Duration	0800 – 1630
Additional Information	Pre reading PROMPT Manual cost
Target Audience	Multi Professional Midwives Medical Staff Anaesthetists Anaesthetic Technicians Nurses from all areas St John Paramedics
Facilitator	Consultant Celia Devenish and a group of Multi Professional Trainers passionate about simulation and PROMPT to improve outcomes and responsiveness to emergency situations
Bookings	Lyn Crosbie – Service Administrator Women’s Health Lyn.Crosbie@southerndhb.govt.nz

Queen Mary Mandatory Training Day (QMMTD)

Desired Learning Outcomes:

Midwives and NICU Nurses will learn about and understand issues they may come across when working with breastfeeding women. Midwives and NICU nurses will be confident in assisting breastfeeding women to problem solve these issues.

Workshop Content:

AM: Lactation Consultants presentations around topical issues affecting the breastfeeding population we encounter.

PM: TBA

Dates	9 th Feb 2024 Catch up day for 2023 2024 Council year begins 1st April 9 th April 8 th May 6 th June 4 th July 1 st August 6 th September 9 th Oct 7 th Nov 5 th Dec
Venue	Quenelle Room 2 nd Floor Main Hospital
Start Time	08:00 sharp start – 4:30
Additional Information	Reading Material may be handed out on the day
Target Audience	Midwives, RNs on our unit & NICU Nurses
Facilitators	AM - Lactation Consultants & PM – TBA
Bookings	Lactation Consultants - lactation.consultants@southerndhb.govt.nz Midwifery Educator <i>Contact to be advised</i>

Safe Moving & Handling Train the Trainer Workshop

Available for External Attendees

Workshop Content:

- Discomfort, pain and injury, fundamentals of posture and actions
- Risk assessment
- Patient handling requirements
- Practical techniques and safe use of equipment
- Moving and handling of people: the New Zealand guidelines
- Bariatric patients
- Emerging trends and technologies
- Teaching adults



Desired Learning Outcomes:

- Understand why Moving and Handling Programmes are required in the workplace.
- Fundamentals of posture and actions when performing manual handling tasks
- Working as part of a team
- State the legislation governing manual handling in your workplace.
- Explain the process of manual handling risk assessment and management.

Dates	<ul style="list-style-type: none">• 15th February 2024• 29th May 2024• 31st July 2024• 26th September 2024• 30th October 2024• 27th November 2024
Venue	Clinical Skills Lab Dunedin Public Hospital
Start Time & Duration	8.30 am-4.30pm
Additional Information	Contact will be made one week prior: with timetable, required reading and course activities
Target Audience	Clinical staff who would like to be Moving and Handling Trainers

Facilitator	Sarah Champion and Crystal Wilson; Moving and Handling Coordinators
Bookings	Via Employee connect, Local educator or Sarah.Campion@southerndhb.govt.nz Crystal.Wilson@southerndhb.govt.nz

Stroke Workshop

Aims / Purpose: To increase skills in carrying out neurological assessments in patients with stroke.

Desired Learning Outcomes: Increased confidence in assessing neuro observations and the NIHSS

Content: Neuro observations refresher & NIHSS (National Institute Health Stroke Scale) assessment

Day	Dates	Venue
Tuesday	30 th April 2024 27 th August 2024	TBC, likely Fraser Building
Target Audience	Nurses who work with patients who have stroke / TIA	
Facilitator	Viv Wilson – Stroke CNS	
Additional Information	These will be half day workshops 0800 – 1230 Limited to 20 attendees each time	
Register	Employee Connect Any questions contact Viv Wilson – 0272167978 or 8Med Nurse educators Helen Bourne or Meera Alex	

Telemetry Training

Aims / Purpose:

- The aim of this 30-minute education session is to provide information on the telemetry monitoring system used within the Coronary Care Unit (CCU) in Dunedin Hospital.
- Care information and troubleshooting information for the ward will be discussed as well as what it is like from the CCU's perspective.

Desired Learning Outcomes:

- Understanding how telemetry works, monitoring criteria, and when it is not indicated.
- Care and responsibilities of the telemetry monitoring system.
- Skills to trouble shoot.

Content:

- Overview of the telemetry monitoring system
- How to set up and use the telemetry monitoring system

Day	Dates	Venue
Tuesday	19th March 2024	John Hunter Memorial Room (JHR) – 7 th Floor (beside public lifts).
Tuesday	10 th September 2024	JHR – 7 th Floor
Target Audience	Healthcare professionals who work with the telemetry monitoring system in Dunedin Hospital	
Start time & Duration	14:30 – 15:00 (30 minutes).	
Facilitator	Carolyn Proctor and Jo Robertson-Smith	
Additional Information	If anyone would like telemetry education in their area we are happy to facilitate this.	
Bookings	Name & Phone	Jo Robertson-Smith (CNE 7 th Floor) – ext. 58436 or 027 2791048
	Email	Joanne.robertson@southerndhb.govt.nz

Vaccinator Training and Vaccinator Update Days

Course Overview:

For information pertaining to these courses please check the IMAC website [Immunisation Education | Immunisation Advisory Centre \(immune.org.nz\)](http://immune.org.nz)

Additional information will be posted as it becomes available.

Dates 20 th ,21 st February VFC (proposed dates) 22 nd February VUC(proposed date) 12th March Flexi VFC (proposed date) 13 th March VHW (proposed date) 23 rd July VUC(proposed date) 24 th VHW (proposed date)	Venue Invercargill Hospital Dunedin-venues not secured yet
Target Audience	
Time and Duration	
Attendee Limit	?? won't know until venue secured - 30
Facilitator	Jennifer Prescott jennifer.prescott@auckland.ac.nz
Additional Information	6th and 7 th AUGUST 2 day Vaccinator Foundation course 8th August Vaccinator Update course
Cost	

VIP Core Training

Overview:

To give staff the knowledge, skills, and frameworks to identify and address child abuse and partner abuse in the Te Whatu Ora Health context.

Content Description:

- Topics include intimate partner violence and child protection.
- Partner abuse: Why ask? How to ask? What to say/do when she/he says yes
- Epidemiology of family violence and effects of violence on children
- Child abuse: principles/practice and the Child Protection National Alert system.
- Professional dangerousness, information sharing and working collaboratively with our community partners including Oranga Tamariki and the Police (Family Harm Team)
- This is an interactive learning style where discussions are encouraged with many opportunities to put this learning into practice.

Date of Study Day/Workshop	Venue
Various Dates – See Employee Connect	Dunedin Hospital – Venue varies
Target Audience	All Te Whatu Ora staff
Open to health care colleagues outside of Southland and Lakes District hospitals	Yes
Time	0830-1630
Face to Face Education Hours	8hrs
Online Education Hours	1hr Pre-Learning
Maximum Number of Attendees	8 min – 18 max.
Facilitator	Violence Intervention Programme Coordinators

Additional Information	Once Core Training has been completed it is a requirement for you to complete VIP Refresher training every 2 years.
Cost	No charge
Bookings	<p>Hospital staff, please book via Employee Connect or contact your manager or educator who will book you.</p> <p>All others, please contact VIP Administrator</p> <p>Kylie Rowley</p> <p>Kylie.Rowley@southerndhb.govt.nz</p>

Wound Care Implications and Treatments Study Day

Aims / Purpose:

This study day is intended for nursing staff (RNs and ENs) who undertake wound care as part of their practice.

Desired Learning Outcomes:

Nurses will extend their skills in comprehensive wound assessment; responsible decision-making regarding dressing choice; how to prevent skin injury (Pressure Injury, IAD, Skin Tears); and management of a variety of wounds.

Workshop Content:

1. Wound Assessment and Choosing the Right Dressing
2. Wound Debridement
3. Burns
4. Negative Pressure Wound Therapy overview.
5. SSKIN Prevention of pressure injuries/IAD prevention
6. Staging Pressure injury
7. Leg Ulcers
8. Skin Tears
9. Small Group exercises – assessment, staging, right dressing choice.

Day	Dates	Venue
Mondays	12 th February 8 th April 8 th July 9 th December	Fraser Rm B
Target Audience	RN's and EN's	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	How to Register <ul style="list-style-type: none"> • Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the day you wish to attend. 	

	<p>Staff not working for Te Whatu Ora</p> <ul style="list-style-type: none"> Register with Andrea Dorne, 4th Floor Clinical Nurse Educator andrea.dorne@southerndhb.govt.nz 	
<p>Bookings Te Whatu Ora Staff</p>	<p>Employee Connect</p>	<p>Set up on Employee Connect as: Wound Care Implications & Treatments SD (25 attendees max)</p>
	<p>Name & Phone/Email</p>	<p>Emil Schmidt 021 477059 emil.schmidt@southerndhb.govt.nz</p>

Wound Care Competency Study Day (NPWT and Compression Competency)

Aims / Purpose: This study day is intended for nursing staff (RN and EN) who are required to gain competency in Negative Pressure Wound Therapy (NPWT) and Compression Bandaging for practice. Sessions on Pressure Injury Prevention, Wound Assessment and making the right dressing selection will also be provided.

Desired Learning Outcomes: Those attending this study day will complete the required theory and practice for the application of NPWT and compression bandaging. Nurses will also extend their skills in comprehensive wound assessment and responsible decision making about dressing choice, and how to prevent pressure injury.

Content:

1. Negative Pressure wound treatment (NPWT), When? How? and why?
2. Appropriate use of compression bandaging in the treatment and management of leg ulcers.
3. Prevention of Pressure Injuries
4. Wound Assessment and Choosing the Right Dressing
5. Theoretical and Practical Assessment of competencies for 1 and 2

Nb. Pre study day learning (self-learning packages) require completion prior to attending this study day. Attendees are awarded 4hrs Professional Development extra to the 8hr study day for completion of this work (12hrs PD total).

Day	Dates	Venue
Mondays	11 th March 13 th May 10 th June 7 th October 11 th November	Fraser Rm B
Target Audience	RN's and EN's who require competency in NPWT and Compression Bandaging	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	

<p>Additional Information</p>	<p>How to Register and complete preparation prior to day.</p> <p>Staff who work for the Te Whatu Ora</p> <ul style="list-style-type: none"> • Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the day you will attend. • Log on to MIDAS and access Self-directed Learning Packages for completion prior to the day: Compression Bandaging MIDAS 46960 / NPWT MIDAS 81539 • Pre-reading and self-learning packages will also be sent via work email to participants at least 2 weeks prior to the study day. <p>Staff not working for Te Whatu Ora</p> <ul style="list-style-type: none"> • Register with Andrea Dorne, 4th Floor Clinical Nurse Educator, via email andrea.dorne@southerndhb.govt.nz • Self- learning packages with pre-reading requirements sent via email, with reminder email to participants 2 -3 weeks prior to the study day 	
<p>Bookings</p>	<p>Employee Connect</p>	<p>Set up on Employee Connect as: Wound Care Competency SD (25 attendees max)</p>
	<p>Name & Phone</p>	<p>Emil Schmidt 021 477059 Andrea Dorne Ext 58413</p>
	<p>Email</p>	<p>andrea.dorne@southerndhb.govt.nz emil.schmidt@southerndhb.govt.nz</p>