

Te Whatu Ora
Health New Zealand

Education for Practice 2023



**Practice Development Unit (Southland)
Level 1, Learning and Research Centre
SOUTHLAND HOSPITAL**

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Introduction

This booklet outlines the training opportunities that are available in 2023 for current and future healthcare workforce staff via the Te Whatu Ora Southern, Southland Practice Development Unit. An electronic copy of this booklet can be found on the Practice Development Service sharepoint site, Workshop Resources and General Information, Resources and Documents, Southland. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. Each programme outline indicates the suitable target audience

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing, however scheduled sessions may change so please check the electronic version of this book on the Practice Development Service sharepoint site.

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Should there be a need to change the venue of your education session, you will be contacted via e-mail.

Some sessions have a maximum number of participants therefore it is important that those wishing to attend register via Employee Connect, or through the appropriate contact person, as per the details on the programme outline.

Once your booking has been electronically approved by your manager, you will receive an e-mail confirming the details of your booking. A reminder e-mail will also be generated prior to the study day. Staff are asked to please check the Practice Development Service Sharepoint site [PDU Workshop Resources and General Information](#) and click on the "Resources and Documents" tile (Southland site) for any information or pre-reading required for your study day.

A small number of sessions also have a booking restriction and are unable to be booked on Employee Connect. The programme outline will indicate who to contact to book in.

Before booking, please note if the session is hospital or community based as included in the schedule are sessions that have been specifically developed for primary providers wishing to attend.

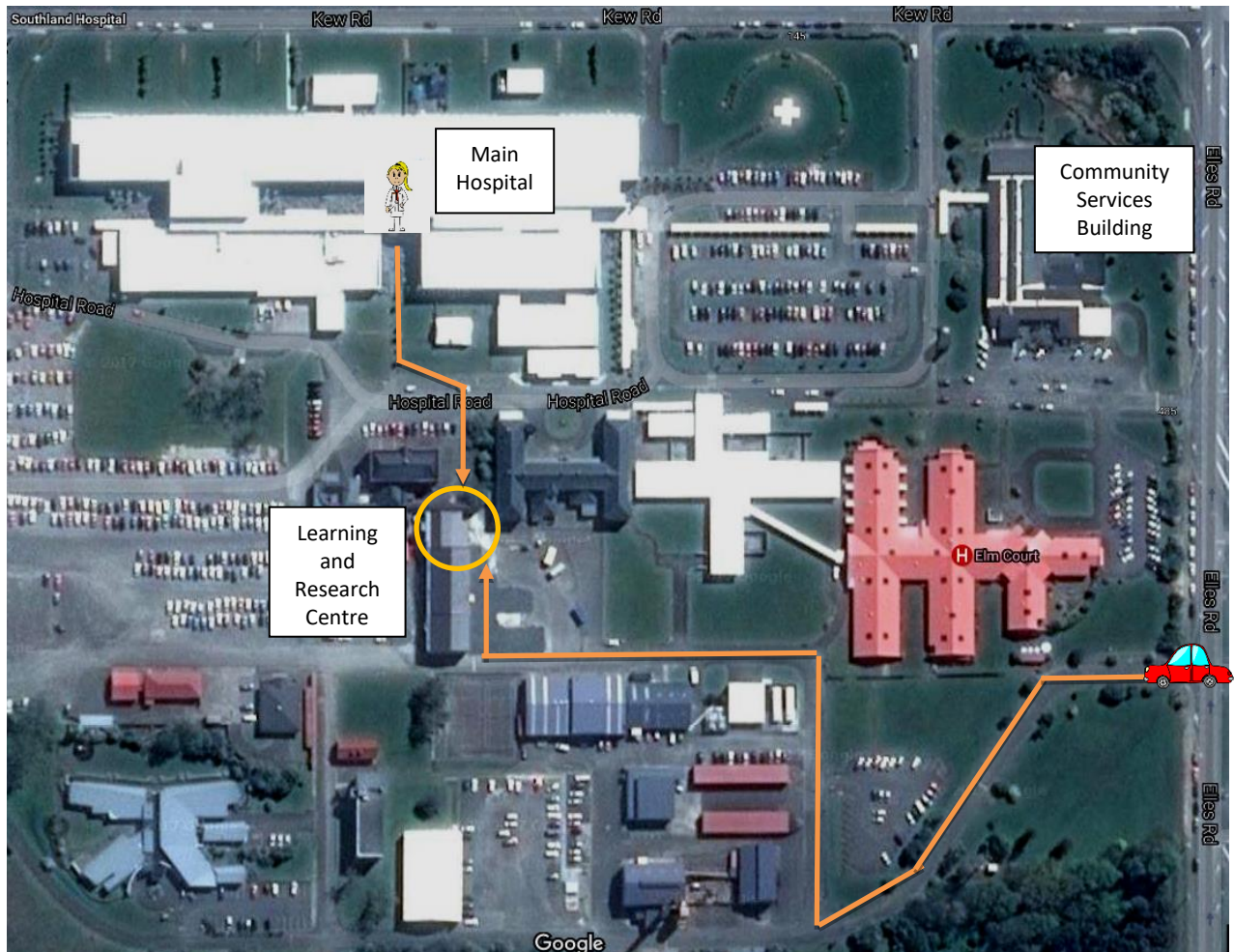
It is also important that you follow the required processes in your practice area before booking into an education session ie. discuss with or register through your manager.

If you are booked to attend a session and can no longer attend, please ask the person who booked you to withdraw you from the course, or contact the Practice Development Administrator on ext 47920 or DDI 03 2148920, as soon as possible, to allow others to fill the space.

Should the study day you are booked to attend be cancelled, you, your manager and your educator will be sent an e-mail advising of this.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2023.

Southland Hospital Learning and Research Centre



If your study day/workshop is being held in the Learning and Research Centre, please take the stairs or lift to the first floor.

For those requiring car parking, there is free parking on either side of the Learning and Research Centre building.

Workshop Chronological List

JANUARY			
Health Care Assistant / Kaiawhina Forum	11 January	Health Care Assistant / Kaiawhina On-boarding Day	23 January
NETP Launch	16 January	Health Care Assistant / Kaiawhina Study Day	24 January
NETP Computer Training	17 January	NETP SMART (external)	30 January
NETP Clinical Skills	18 January	PDRP ePortfolio Workshop (for those on PDRP)	30 January
NETP SMART (internal)	19 January		
FEBRUARY		MARCH	
An Introduction to Child Health	1 February	Diabetes Study Day	1 March
CVAD Workshop	2 February	Cannulation Workshop	2 March
Parenteral Nutrition Mini Workshop	2 February	Gastrointestinal Study Day	2 March
Port Needle Insertion Mini Workshop	2 February	Safer Moving and Handling Trainers Day (Hospital Staff)	3 March
VIP Family Violence and Child Protection (Core Training)	8 February	Surgical Ward Mandatory Catch Up	3 March
Medical Ward Mandatory Catch Up	9 February	PDRP Assessor Workshop	6 March
Immediate Life Support Refresher	14 February	Emergency Department Skills Day Workshop (Fundamentals)	7 March
NZRC CORE Advance Rescuer Course	15 February	Child Health Study Day	8 March
Surgical Skills Study Day	16 February	Medical Ward Skills Day	8 March
PDRP Portfolio Workshop for ENSIP (new graduate ENs)	20 February	Immediate Life Support Instructor Revalidation (3 yearly)	9 March
Health Care Assistant / Kaiawhina Forum	22 February	Orthopaedic Study Day	9 March
Unstable Patient Workshop – Hospital Setting	22 February	Safer Moving and Handling Trainers Day (Community Staff)	10 March
PDRP Portfolio Workshop	27 February	Health Care Assistant / Kaiawhina On-boarding Day	13 March
SMART Training (Safer Moving and Restraint Minimisation Training)	27 February	Health Care Assistant / Kaiawhina Study Day	14 March
		Immediate Life Support Refresher	14 March
		Violence Intervention Programme – Refresher Training	14 March
		NZRC CORE Advance Rescuer Course	15 March
		Preceptorship Workshop (2 days)	15/16 March
		Adult Respiratory Support by Fisher & Paykel Healthcare	16 March

		Emergency Midwifery Skills Study Day	17 March
		PDRP ePortfolio Workshop (for those on PDRP)	20 March
		SMART Training (Safer Moving and Restraint Minimisation Training)	20 March
		Health Care Assistant / Kaiawhina Forum	21 March
		Lower Leg Compression Therapy Workshop	21 March
		Venepuncture Workshop	21 March
		Māori Health Interprofessional Workshop	22 March
		Unstable Patient Workshop – Hospital Setting	22 March
		Newborn Life Support Training	23 March
		Non Invasive Ventilation (NIV) Workshop by ResMed	23 March
		PDRP Portfolio Workshop	27 March
		Immediate Life Support Instructor Workshop	28 March
		VIP Family Violence and Child Protection (Core Training)	28 March
		Care of the Trauma Patient	29 March
		Wound Assessment and Management Workshop	30 March
APRIL		MAY	
Immediate Life Support Refresher	4 April	Cannulation Workshop	1 May
NZRC CORE Advance Rescuer Course	5 April	PDRP ePortfolio Workshop (for those on PDRP)	1 May
CVAD Workshop	6 April	NETP Unstable Patient (external)	2 May
Port Needle Insertion Mini Workshop	6 April	Diabetes Study Day	3 May
Health Care Assistant / Kaiawhina Forum	12 April	Medical Ward Skills Day	4 May
NETP Unstable Patient (internal)	18 April	Emergency Midwifery Skills Study Day - Lakes District Hospital	5 May
VIP Family Violence and Child Protection (Core Training)	19 April	Respiratory Fundamentals	8 May
Infection Prevention and Control Study Day	20 April	Stroke Workshop	9 May
		Childrens Ward Mandatory Practical Study Day	9/10 May
		Preceptorship Workshop (2 days)	10/11 May

		Safer Moving and Handling Trainers Day (Hospital Staff)	12 May
		De-escalation Study Day. Ka Huruuru Kea Study Day	16 May
		Immediate Life Support Refresher	16 May
		Violence Intervention Programme – Refresher Training	16 May
		NZRC CORE Advance Rescuer Course	17 May
		Health Care Assistant / Kaiawhina Forum	18 May
		Non Invasive Ventilation (NIV) Workshop by ResMed	18 May
		SMART Training (Safer Moving and Restraint Minimisation Training)	22 May
		Palliative Care Study Day	23 May
		NETP VIP Training	24 May
		Unstable Patient Workshop – Primary Care Setting	24 May
		Pain Study Day	25 May
		Venepuncture Workshop	25 May
		Emergency Midwifery Skills Study Day	26 May
		Health Care Assistant / Kaiawhina On-boarding Day	29 May
		PDRP Portfolio Workshop	29 May
		Health Care Assistant / Kaiawhina Study Day	30 May
		Surgical Skills Study Day	31 May
JUNE		JULY	
Medical Ward Mandatory Catch Up	1 June	Venepuncture Workshop	3 July
NETP Psychological Health, Diabetes, Stroke and Wounds	7 June	Health Care Assistant / Kaiawhina Forum	4 July
Immediate Life Support Instructor Revalidation (3 yearly)	8 June	VIP Family Violence and Child Protection (Core Training)	5 July
Respiratory Support and Devices (Stellar and AIRVO) Workshop	8 June	Health Care Assistant / Kaiawhina On-boarding Day	10 July
Safer Moving and Handling Trainers Day (Hospital Staff)	9 June	Health Care Assistant / Kaiawhina Study Day	11 July
PDRP ePortfolio Workshop (for those on PDRP)	12 June	Violence Intervention Programme – Refresher Training	11 July
Immediate Life Support Refresher	13 June	District Nursing Study Day	12 July

NZRC CORE Advance Rescuer Course	14 June	PDRP ePortfolio Workshop (for those on PDRP)	17 July
CVAD Workshop	15 June	Immediate Life Support Refresher	18 July
Parenteral Nutrition Mini Workshop	15 June	NZRC CORE Advance Rescuer Course	19 July
Port Needle Insertion Mini Workshop	15 June	Preceptorship Workshop (2 days)	19/20 July
Safer Moving and Handling Trainers Day (Community Staff)	16 June	Cannulation Workshop	20 July
SMART Training (Safer Moving and Restraint Minimisation Training)	19 June	NETP Cardio/Respiratory Study Day	26 July
Health Care Assistant / Kaiawhina Forum	20 June	Respiratory Support and Devices (Stellar and AIRVO) Workshop	26 July
Unstable Patient Workshop – Hospital Setting	21 June	Surgical Skills Study Day	27 July
Medical Ward Skills Day	22 June		
Newborn Life Support Training	22 June		
AT&R Unit Skills Workshop	27 June		
NETP Career Planning and PDRP Study Day	28 June		
Team Leader Workshop Medical and Surgical Ward	29 June		
AUGUST		SEPTEMBER	
Cardiac Workshop	1 August	Emergency Study Day (Advanced)	5 September
De-escalation Study Day. Ka Huruuru Kea Study Day	2 August	NETP Case Study Presentations	6 September
CVAD Workshop	3 August	Immediate Life Support Instructor Revalidation (3 yearly)	7 September
Port Needle Insertion Mini Workshop	3 August	Surgical Skills Study Day	7 September
PDRP Portfolio Workshop	7 August	Cannulation Workshop	11 September
Vaccinator Training Course, Southland – Two-Day Face to Face Tutorial	8-9 August	Health Care Assistant / Kaiawhina On-boarding Day	11 September
Vaccinator Update Course	10 August	Health Care Assistant / Kaiawhina Study Day	12 September
Safer Moving and Handling Trainers Day (Hospital Staff)	11 August	Immediate Life Support Refresher	12 September
PDRP ePortfolio Workshop for NETP Managers and Preceptors	14 August	NZRC CORE Advance Rescuer Course	13 September
Health Care Assistant / Kaiawhina Forum	15 August	SMART Training (Safer Moving and Restraint Minimisation Training)	18 September

NETP Transition Shock	16 August	Health Care Assistant / Kaiawhina Forum	19 September
Unstable Patient Workshop – Hospital Setting	16 August	Lower Leg Compression Therapy Workshop	19 September
Orthopaedic Study Day	17 August	Care of the Trauma Patient	20 September
Emergency Midwifery Skills Study Day	18 August	Emergency Midwifery Skills Study Day - Lakes District Hospital	20 September
SMART Training (Safer Moving and Restraint Minimisation Training)	21 August	Pain Study Day	21 September
Immediate Life Support Refresher	22 August	Legal Ethical Workshop	26 September
VIP Family Violence and Child Protection (Core Training)	22 August	Preceptorship Workshop (2 days)	27/28 September
NZRC CORE Advance Rescuer Course	23 August	Unstable Patient Workshop – Primary Care Setting	27 September
Medical Ward Skills Day	24 August		
Newborn Life Support Training	24 August		
PDRP ePortfolio Workshop for NETP Managers and Preceptors	28 August		
Immediate Life Support Instructor Workshop	29 August		
Surgical Ward Mandatory Catch Up	31 August		
OCTOBER		NOVEMBER	
Safer Moving and Handling Trainers Day (Hospital Staff)	6 October	Gastrointestinal Study Day	3 November
PDRP Portfolio Workshop	9 October	Cannulation Workshop	6 November
An Introduction to Child Health	10 October	Advanced Cardio-Respiratory Day	7 November
Immediate Life Support Refresher	10 October	VIP Family Violence and Child Protection (Core Training)	8 November
NZRC CORE Advance Rescuer Course	11 October	Non Invasive Ventilation (NIV) Workshop by ResMed	8 November
CVAD Workshop	12 October	Transfusion Workshop	9 November
Parenteral Nutrition Mini Workshop	12 October	Infection Prevention and Control Study Day	10 November
Port Needle Insertion Mini Workshop	12 October	PDRP Portfolio Workshop	13 November
Safer Moving and Handling Trainers Day (Hospital/Community Staff)	13 October	SMART Training (Safer Moving and Restraint Minimisation Training)	13 November
Diabetes Study Day	16 October	Venepuncture Workshop	13 November
NETP Palliative Care Management	18 October	Health Care Assistant / Kaiawhina Forum	14 November

Unstable Patient Workshop – Hospital Setting	18 October	Immediate Life Support Refresher	14 November
Violence Intervention Programme – Refresher Training	18 October	NZRC CORE Advance Rescuer Course	15 November
Respiratory Support and Devices (Stellar and AIRVO) Workshop	19 October	Surgical Skills Study Day	16 November
VIP Family Violence and Child Protection (Core Training)	19 October	Health Care Assistant / Kaiawhina On-boarding Day	20 November
Emergency Midwifery Skills Study Day	20 October	Health Care Assistant / Kaiawhina Study Day	21 November
Health Care Assistant / Kaiawhina Forum	24 October	Unstable Patient Workshop – Hospital Setting	22 November
Child Health Study Day	25 October	Womens Health Study Day	22 November
Team Leader Workshop Medical and Surgical Ward	25 October	CVAD Workshop	23 November
PDRP ePortfolio Workshop (for those on PDRP)	30 October	Medical Ward Skills Day	23 November
		Port Needle Insertion Mini Workshop	23 November
		PDRP ePortfolio Workshop (for those on PDRP)	27 November
		District Nursing Study Day	29 November
		Newborn Life Support Training	30 November
DECEMBER			
Surgical Ward Mandatory Catch Up	1 December	Wound Assessment and Management Workshop	7 December
PDRP ePortfolio Workshop (for those on PDRP)	4 December	Immediate Life Support Refresher	12 December
Health Care Assistant / Kaiawhina Forum	5 December	NZRC CORE Advance Rescuer Course	13 December
Surgical Skills Study Day	6 December	Medical Ward Mandatory Catch Up	14 December
Violence Intervention Programme – Refresher Training	6 December		

Adult Respiratory Support by Fisher & Paykel Healthcare

Overview:

To further develop knowledge and skill relating to the utilisation of humidified oxygen and respiratory therapies, and their clinical application.

Topics include:

- Understanding humidity
- Physiology of the Airway
- Breathing circuits – the setup and application of devices
- Optiflow™ Therapy
- Clinical Review
- Troubleshooting your heated humidification systems
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 16 March	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working with humidification and nasal high flow
Open to non Te Whatu Ora Southern Attendees	Yes if registrations allow. Priority will be given to Southland Hospital staff
Time	0900 – 1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	18
Facilitator	Nurse Educator – Medical Ward
Additional Information	Workshop presented by Fisher & Paykel Healthcare Product Specialists
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Advanced Cardio-Respiratory Day

Overview:

The aim of this study day is to provide nurses with advanced knowledge in Cardiac and Respiratory Nursing. The day would be split in half.

The Respiratory session will discuss Advanced Respiratory anatomy and physiology, Non-Invasive Ventilation, Spirometry, Arterial Blood Gas interpretation, and Management of Breathlessness. If you have not done the healthLearn Respiratory Fundamentals this is recommended before coming to this course.

The cardiac session may discuss advanced cardiac anatomy and physiology and treatments.

Date of Study Day/Workshop	Venue
Tuesday 7 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Hospital Based Registered Nurses
Open to non Te Whatu Ora Southern Attendees	No
Time	0900 – 1600
Face to Face Education Hours	7 hours
Online Education Hours	Nil
Maximum Number of Attendees	Min 10 – Max 20
Facilitator	Lisa Mason (Respiratory CNS) Alan Jones (Cardiac & Heart Function CNS)
Additional Information	Participants should attend both parts of the day
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

An Introduction to Child Health

Overview:

This workshop is aimed at Registered Nurses who care for paediatric patients in a general environment, such as Emergency Department, CCU and the community. Content will include: basic assessment and management of unwell infants and children; case studies; presentations from Children's Ward Clinical Nurse Specialists; skills stations covering nasogastric insertion, in and out catheters and finger prick bloods; providing family-centred care; developmental play and simulation.

Date of Study Day/Workshop	Venue
Wednesday 1 February Tuesday 10 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered Nurses with an interest in paediatrics
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0800 – 1600 (TBC once speakers confirmed)
Face to Face Education Hours	8 hours
Online Education Hours	1 hour
Maximum Number of Attendees	20
Facilitator	Laura Popham and Sharon Tou Children's Ward Nurse Educators
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

AT&R Unit Skills Workshop

Overview:

To provide nurses with the opportunities to update their knowledge and skills around caring for patients within the AT&R Unit.

A variety of relevant topics will be identified prior to this workshop based on need, interest and change in practice.

Date of Study Day/Workshop	Venue
Tuesday 27 June	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working in AT&R
Open to non Te Whatu Ora Southern Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10
Facilitator	Richie Sabulao-Tablate Nurse Educator
Additional Information	
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Cannulation Workshop

Course Overview and Learning Outcomes:

A **4 hour** course that develops skill and knowledge around cannulation thus enabling the participant to safely insert an appropriate intravenous catheter into a vein.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Utilising appropriate infection prevention techniques
- Accessing a vessel with an appropriately sized safety cannula
- Verifying successful placement
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Thursday 2 March (AM) Monday 1 May (PM), Thursday 20 July (AM), Monday 11 September (PM) Monday 6 November (PM)	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to non Te Whatu Ora Southern Attendees	Yes (Registered staff that are employed in clinical areas requiring cannulation)
Time	AM – 0830 to 1230 hours PM – 1300 to 1700 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Cardiac Workshop

Overview:

The aim of the day is to improve nurse's fundamental cardiac knowledge. The content covered will be anatomy and physiology, cardiac assessment, fundamentals on cardiac disease and cardiac management, learning to read ECG and cardiac medications. Also included is the fundamentals of heart failure and heart failure management.

Date of Study Day/Workshop	Venue
Tuesday 1 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 to 1630 hours
Face to Face Education Hours	7.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	Min 10 Max 20
Facilitator	Deborah Colvin and Alan Jones
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Care of the Trauma Patient Workshop

Overview:

This workshop is designed to provide an overview of the management of trauma patients in hospital. The aim of the workshop is to facilitate and enhance knowledge, skills and attitudes of nurses to assist them in assessing, planning, delivering and evaluating care of the trauma patient.

- Demonstrate an understanding of chest, abdominal, musculoskeletal and head injuries.
- Demonstrate an understanding of trauma nursing management.

Content Description:

- Lectures in the mornings, including overview of trauma, mechanisms of injury, chest and abdominal musculoskeletal trauma with case studies included.
- Afternoon rotating skills workstations including:
 - Traction
 - Chest Drains
 - PTA testing
 - Collars and Braces

Date of Study Day/Workshop	Venue
Wednesday 29 March Wednesday 20 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for admitted trauma patients.
Open to non Te Whatu Ora Southern Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	Nil
Maximum Number of Attendees	16
Facilitator	Rebecca Coats- Trauma Nurse Coordinator
Additional Information	
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Child Health Study Day

Overview:

A variety of relevant paediatric topics will be covered. Confirmation of the theme will occur closer to the dates.

Date of Study Day/Workshop	Venue
Wednesday 8 March Wednesday 25 October	Seminar Rooms A and B Sim B Suite Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children’s Ward nurses and any other nurses with an interest in child health
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0800 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	None
Maximum Number of Attendees	20
Facilitator	Laura Popham and Sharon Tou Children’s Ward Nurse Educators
Additional Information	Any pre-reading/workbooks will be sent out prior
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Children's Ward Mandatory Practical Study Day

Overview:

- To complete annual mandatory practical sessions – CPR, manual handling, Cosy Cot and oxygen therapy.
- You will be rostered a two hour slot to complete each 30 minute session.

Date of Study Day/Workshop	Venue
Tuesday 9 May Wednesday 10 May	Skills Lab Sim A and Sim B Suite Level 1, Learning and Research Centre Southland Hospital
Target Audience	Children's Ward staff only
Open to non Te Whatu Ora Southern Attendees	No
Time	0830 – 1600 hours
Face to Face Education Hours	2 hours
Online Education Hours	1 hour
Maximum Number of Attendees	No limit
Facilitator	Laura Popham and Sharon Tou Children's Ward Nurse Educators
Additional Information	You will be paid 3 hours – 2 hour practical session on the day and 1 hour to complete online learning (this can be done any time before your practical session) Please bring completed 2023 Paediatric Compulsory Passport – this will be emailed prior
Cost	No cost
Bookings	Laura and Sharon will organise

CVAD Workshop (Central Venous Access Devices)

Course Overview and Learning Outcomes:

A **5.5 hour** course that enables attendees to work at a more advanced level with all types of central lines. Attendees will also be able to troubleshoot CVAD issues within their area.

The key learning outcomes include:

- Central venous anatomy and administration principles.
- Dressing and blood sampling procedures.
- Troubleshooting and complications of CVADs.

Note: there are other concurrent sessions in the afternoon that will cover topics such as:

- Port needle insertion and removal
- Parenteral nutrition

These need to be booked separately

Date of Study Day/Workshop	Venue
Thursday 2 February Thursday 6 April Thursday 15 June Thursday 3 August Thursday 12 October Thursday 23 November	Skills Lab and IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to non Te Whatu Ora Southern Attendees	Yes (Registered staff that are employed in clinical areas encountering CVADs)
Time	0830 to 1400 hours
Face to Face Education Hours	5.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	9 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	Nil
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

De-escalation Study Day. Ka Huruuru Kea Study Day

Overview:

Person-centred Care and Understanding Behaviour

De-escalation study day. Ka Huruuru Kea study day is design to help caring staff understand the underlined physiological, and psychological drive behind the very challenging clients, and how to de-escalate the situation. The day is divided into theory, and practical sessions giving you the opportunity to put new skills into practice.

Date of Study Day/Workshop	Venue
Tuesday 16 May Wednesday 2 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Allied health, HCA's and nursing staff from Southland Hospital acute wards
Open to non Te Whatu Ora Southern Attendees	No
Time 0830-1700	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Haim Haviv Safer Moving and Handling Coordinator Restraint Minimisation and Safe Practice Coordinator
Additional Information	
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

The focus of Ka Huruuru Kea day is person centred care and understanding behaviour. By learning the principles behind these, practical strategies can be put into place. By doing so it makes the client journey smoother, and a less stressful work environment for staff.

Diabetes Study Day

Course Overview:

Designed with you and your workplace in mind, an interactive day to answer your questions about diabetes management.

To provide skills and knowledge in diabetes management so nurses can:

- Access and interpret clinical indicators of general health status and metabolic control
- Act as a resource within their practice setting/ workplace
- Assist individuals with or at risk of developing diabetes to access resources/ information
- Evaluate treatment outcomes and refer appropriately
- Have an awareness of local and national guidelines

Desired Learning Outcomes:

- To demonstrate a systematic understanding of diabetes and its clinical management
- To educate the health professionals about limiting risks associated with chronic and acute complications and patient-centred self-management techniques
- To demonstrate an ability to advance diabetes care, service delivery and innovate change

Date of Study Day/Workshop	Venue
Wednesday 1 March	Seminar Rooms A and B
Wednesday 3 May	Level 1, Learning and Research Centre
Monday 16 October	Southland Hospital
Target Audience	Health professionals
Open to non Te Whatu Ora Southern Attendees	Yes – Health Professionals
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10 minimum 26 maximum
Facilitator	Donna Madden
Additional Information	Taught by Secondary Care based Nurse specialists
Cost	No cost

Bookings

Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie
ext 47920 or DDI 03 2148920

e-mail julie.gorrie@southerndhb.govt.nz

District Nursing Study Day

Course Overview:

- Wound Care
- Urology
- Palliative Care
- Stoma Therapy
- Post-Operative Care



Date of Study Day/Workshop	Venue
Wednesday 12 July Wednesday 29 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	District Nurses – Invercargill and Rural
Open to non Te Whatu Ora Southern Attendees	No
Time	0900 – 1500 hours
Education Hours	6 hours
Maximum Number of Attendees	25
Facilitator	Sara Webb / Sarah Hassall
Additional Information	Coffee/Tea Provided.
Cost	No cost
Bookings	Not available to book via Employee Connect Please contact your educator who will book you

Emergency Department Skills Day Workshop (Fundamentals)

Overview:

Within this study day the focus will be on managing patients placed in the fast track area. This may include skills such as applying moon boots, tubigrip, Scott knee brace, plastering, minor burns and assessing children.

Date of Study Day/Workshop	Venue
Tuesday 7 March	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department staff
Open to non Te Whatu Ora Southern Attendees	Priority will be given to Te Whatu Ora Staff
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Nurse Educator and ED CNSs
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Emergency Department Study Day (Advanced)

Overview:

This study day will focus on recognising the deteriorating patient and provide complex care in the Emergency Department.

Simulation may be used to practice skills in a safe setting.

Date of Study Day/Workshop	Venue
Tuesday 5 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Emergency Department staff
Open to non Te Whatu Ora Southern Attendees	No
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	ED Nurse Educator and ED CNSs
Additional Information	
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Emergency Midwifery Skills Study Day

Course Overview and Learning Outcomes:

Compulsory day for Midwives. NZ Midwifery Council annual requirement for relevant skills.

Date of Study Day/Workshop	Venue
<p><u>Southland Hospital</u> Friday 17 March Friday 26 May Friday 18 August Friday 20 October</p>	<p><u>Southland Hospital</u> Skills Lab Level 1, Learning and Research Centre Southland Hospital</p>
<p><u>Lakes District Hospital</u> Friday 5 May Wednesday 20 September</p>	<p><u>Lakes District Hospital</u> Meeting Room Lakes District Hospital</p>
Target Audience	Midwives
Open to non Te Whatu Ora Southern Attendees	Yes
Time	Southland – 0830 – 1630 hours Lakes District Hospital – 0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	1 hour (Te Whatu Ora Southern staff only)
Maximum Number of Attendees	10
Facilitator	Bernadette Archer
Additional Information	Pre reading will be e-mailed Smart phone or tablet required
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Gastrointestinal Study Day

Course Overview and Learning Outcomes:

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with gastrointestinal disorders – including bowel cancer.

- Review anatomy and physiology of GI tract
- Update current surgical procedures
- Review medication prescribed in the care of a GI patient
- Discuss nutritional support for the patient with a GI disorder
- Outline the care of an Ostomy patient
- Discuss the care of a post-operative patient following bowel surgery
- Update current surgical evidence

Date of Study Day/Workshop	Venue
Thursday 2 March Friday 3 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to non Te Whatu Ora Southern Attendees	Yes – Health Professionals
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	16
Facilitator	Kim Snoep, Clinical Nurse Specialist
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Health Care Assistant / Kaiawhina Forum

Overview:

The forum will provide a once a month learning opportunity for Health Care Assistants / Kaiawhina, covering a wide variety of topics about direct patient care, equipment, Health and Safety and more. The forum can be attended face to face or via Microsoft TEAMS as appropriate.

Date of Study Day/Workshop	Venue
Wednesday 11 January	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Wednesday 22 February	
Tuesday 21 March	
Wednesday 12 April	
Thursday 18 May	
Tuesday 20 June	
Tuesday 4 July	
Tuesday 15 August	
Tuesday 19 September	
Tuesday 24 October	
Tuesday 14 November	
Tuesday 5 December	
Target Audience	All Health Care Assistants / Kaiawhina
Open to non Te Whatu Ora Southern Attendees	No
Time	1500 – 1600 hours
Face to Face Education Hours	45 minutes
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	CNC Maïke Rickertsen
Additional Information	Some topics might offer an online opportunity to join via TEAMS (if appropriate for the topic, a link to TEAMS will be sent to you in advance)
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Health Care Assistant / Kaiawhina On-boarding Day

Course Overview and Learning Outcomes:

This day is designed for all newly employed Health Care Assistants / Kaiawhina as an orientation day, which will offer a number of theoretical and practical learning sessions.

Date of Study Day/Workshop	Venue
Monday 23 January	Seminar Rooms A and B
Monday 13 March	Level 1, Learning and Research Centre
Monday 29 May	Southland Hospital
Monday 10 July	
Monday 11 September	
Monday 20 November	
Target Audience	Newly employed Health Care Assistants / Kaiawhina
Open to non Te Whatu Ora Southern Attendees	No
Time	0800 to 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	10
Facilitator	CNC Maike Rickertsen
Additional Information	Booklets will be provided on the day
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Health Care Assistant / Kaiawhina Study Day

Overview:

This workshop is packed full of interesting and evidence based best practice topics around patient care, collaborative team work, communication and safety. There will be a mix of presentations as well as hands on practical sessions to put learning into action.

Date of Study Day/Workshop	Venue
Tuesday 24 January	Seminar Rooms A and B
Tuesday 14 March	Level 1, Learning and Research Centre
Tuesday 30 May	Southland Hospital
Tuesday 11 July	Please note the 24 January workshop will be held in the Skills Lab, Level 1, Learning and Research Centre, Southland Hospital
Tuesday 12 September	
Tuesday 21 November	
Target Audience	All Health Care Assistants / Kaiawhina
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0800 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	15
Facilitator	CNC Maike Rickertsen
Additional Information	Tea, coffee and water will be provided Contact Person: Maike Rickertsen 027 234 4519
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Immediate Life Support Instructor Revalidation (3 yearly)

Course Overview and Learning Outcomes:

3 yearly updates for Southern DHB CPR instructor/assessors.

Instructors will be updated to ensure consistency of teaching and practice across the organisation.

- Update on any changes to guidelines
- Demonstration and practice of CPR related skills including use of AED trainer
- Peer assessment
- Refresher of online resources
- Overview of resuscitation events from previous year
- Management of common medical emergencies
- Simulated scenario

Date of Study Day/Workshop	Venue
Thursday 9 March	Skills Lab
Thursday 8 June	Level 1, Learning and Research Centre
Thursday 7 September	Southland Hospital
Target Audience	RNs, HCAs, Allied Health staff who are workplace instructors/assessors
Open to non Te Whatu Ora Southern Attendees	Yes – if previous attendee at SDHB Instructor Workshop
Time	0830 – 1230 hours
Education Hours	4 hours
Maximum Number of Attendees	8
Facilitator	Paul Winder – Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day
Cost	No cost
Bookings	<p>Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Immediate Life Support Instructor Workshop

Course Overview and Learning Outcomes:

Participants will gain sufficient skills and knowledge to be Immediate Life Support (CPR) instructors and assessors in their workplace.

- Physiology of cardiac arrest
- Common conditions that cause cardiac arrest
- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory defibrillators (AEDs)
- Airway management including Laryngeal Mask Airway insertion
- Introduction to CPR online resources
- Competency assessment
- Use of QCPR app to support training and assessment
- Manikin maintenance and trouble shooting
- Teamwork and communication

Date of Study Day/Workshop	Venue
Tuesday 28 March Tuesday 29 August	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs, ENs, HCAs, Allied Health staff who want to become workplace instructors/assessors
Open to non Te Whatu Ora Southern Attendees	No (only with prior arrangement)
Time	0830 to 1630 hours
Education Hours	8 hours
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Updated resources will be provided on the day and e-mailed post course
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Immediate Life Support Refresher

Course Overview and Learning Outcomes:

An update in relevant resuscitation skills at immediate life support level for both Community and Hospital based staff who do not have a workplace assessor.

- Update on current guidelines
- Demonstration and practice of CPR related skills including use of an AED
- Assessment of skill competency
- Use of basic airway adjuncts and oxygen (if relevant to workplace)
- Recognition and management of anaphylaxis (if relevant to workplace)
- Direction on how to complete online quiz

Date of Study Day/Workshop	Venue
Tuesday 14 February	Skills Lab
Tuesday 14 March	Level 1, Learning and Research Centre
Tuesday 4 April	Southland Hospital
Tuesday 16 May	
Tuesday 13 June	
Tuesday 18 July	
Tuesday 22 August	
Tuesday 12 September	
Tuesday 10 October	
Tuesday 14 November	
Tuesday 12 December	
Target Audience	RNs, ENs, HCAs, Allied Health staff, vaccinators
Open to non Te Whatu Ora Southern Attendees	Yes – on negotiation with facilitator Additional workplace specific group sessions can be set up by prior arrangement
Time	1230 – 1430 hours
Education Hours	2 hours
Maximum Number of Attendees	8
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Recommended to complete Immediate Life Support quiz on HealthLearn prior to the day.

Cost	No cost
Bookings	<p>Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Infection Prevention and Control Study Day

Course Overview and Learning Outcomes:

- Reinforcement of IPC standards
- Practical skills
- Academic lecturers
- Topical discussions

Date of Study Day/Workshop	Venue
Thursday 20 April Friday 10 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	IPC reps, all staff including nursing, HCA and community staff
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 – 1600 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	30
Facilitator	Sue Dillon / Rachel Pannett
Additional Information	Nil
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

IV Certification Level 1

Course Overview and Learning Outcomes:

A **1.5 hour** course for all nursing staff who will be administering IV medication as a core component of their role.

The key learning outcomes include:

- Skills and knowledge required to administer IV medication and fluid via PIV and CVAD
- Overview of the volumetric IV pump
- Discuss completion of IV certification Level 1

Date of Study Day/Workshop	Venue
Every Tuesday	IV Training Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered and enrolled nurses who administer IV medications/fluids
Open to non Te Whatu Ora Southern Attendees	No
Time	1030 – 1200 hours
Face to Face Education Hours	1.5 hours
Online Education Hours	Nil
Maximum Number of Attendees	4
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	You will be expected to complete <ul style="list-style-type: none"> • Clinical calculations RGMC001 • Medication safety RGMC016 • IV therapy Blood and Blood products RGM5015 • Practice competencies
Cost	No cost
Bookings	Please book via email with IV CNS IVService.Southland@southernhb.govt.nz Bookings will be confirmed by email

Legal Ethical Workshop

Desired Learning Outcomes:

Registered and Enrolled Nurses will develop knowledge and critical thinking skills in relation to ethical, legal and professional issues in nursing. Knowledge gained will assist the nurse with clinical decision making to resolve ethical and legal issues in clinical practice.

Content Description:

Topics suggested from feedback in 2022 workshop:

- NZNO current legislation
- Bias
- Role of the Coroners Act in unexpected death
- HDC Complaints and Case studies

Date of Study Day/Workshop	Venue
Tuesday 26 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled nurses
Open to non Te Whatu Ora Southern Attendees	Yes
Time	Registration open at 0815 with and 0830 start (full day)
Education Hours	8 hours
Maximum Number of Attendees	20
Facilitator	Nicola Brandsen, Educator Health Informatics and Research
Additional Information	Content may be adjusted based on speaker availability
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Medical Ward Skills Day

Overview:

Further development of skills and knowledge in clinical skills, interventions and clinical presentations in the Medical Ward. Topics will be identified and developed prior to workshop based on need, interest and/or change

Date of Study Day/Workshop	Venue
Wednesday 8 March	Skills Lab
Thursday 4 May	Seminar Rooms A and B
Thursday 22 June	Seminar Rooms A and B
Thursday 24 August	Seminar Rooms A and B
Thursday 23 November	Seminar Rooms A and B
	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses working in Medical Ward
Open to non Te Whatu Ora Southern Attendees	No
Time	0900 – 1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	TBC
Maximum Number of Attendees	8
Facilitator	Nurse Educator – Medical Ward
Additional Information	This workshop is designed for nurses working in the Medical Ward and registrations will be prioritised for ward staff first.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Medical Ward Mandatory Catch-Up

Overview:

This workshop is to provide opportunity for Medical Ward staff to attend a day to catch up on required mandatory training.

Date of Study Day/Workshop	Venue
Thursday 9 February	Seminar Rooms A and B
Thursday 1 June	Level 1, Learning and Research Centre
Thursday 14 December	Southland Hospital
Target Audience	Medical Ward staff wanting to complete annual mandatory requirements in workshop environment
Open to non Te Whatu Ora Southern Attendees	No
Time	0900 – 1300 hours
Face to Face Education Hours	4 hours
Online Education Hours	Mandatory healthLearn requirements
Maximum Number of Attendees	12
Facilitator	Nurse Educator – Medical Ward
Additional Information	This is for Medical Ward staff only. Bookings must be made via Nurse Educator (bookings not open on Employee Connect)
Cost	No cost
Bookings	Please contact your educator who will book you

Newborn Life Support Training - Invercargill

Course Overview and Learning Outcomes:

Provides Newborn Life Support training to all relevant staff based on the New Zealand Resuscitation Council guidelines.

The New Zealand Resuscitation Council provides a curriculum that offers participants skills and knowledge in Newborn Life Support. Each course that we provide promotes best practice, emphasises team work, and is underscored by ANZCOR resuscitation guidelines.

Date of Study Day/Workshop	Venue
<u>Full Days</u> Thursday, 23 March Thursday, 22 June Thursday, 24 August Thursday, 30 November	Skills Lab / Sim B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Any staff who are likely to be present at births as part of their normal practice
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	12
Facilitator	NZRC NLS Instructors
Additional Information	Pre-reading will be sent out approximately 3 weeks prior to the workshop. Full day required every 3 years to maintain certification plus annual update.
Cost	No cost
Bookings	Not available to book via Employee Connect Please contact Dale Scully c/o Neonatal Unit ext 47924 e-mail dale.scully@southerndhb.govt.nz

Non Invasive Ventilation (NIV) Workshop by ResMed

Overview:

To further develop knowledge and skill relating to NIV support (via the Stellar 150 device) provided by ResMed product specialist.

Topics include:

- Understanding NIV
- BiPAP (with Stellar 150)
- Hands on interactive sessions

Date of Study Day/Workshop	Venue
Thursday 23 March	Seminar Rooms A and B
Thursday 18 May	Skills Lab
Wednesday 8 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for patients receiving non-invasive ventilation via Stellar 150
Open to non Te Whatu Ora Southern Attendees	Yes if registrations allow and use the Stellar 150 device. Priority will be given to Southland Hospital staff
Time	0900 – 1330 hours
Face to Face Education Hours	4 hours
Online Education Hours	4 hours
Maximum Number of Attendees	8
Facilitator	Nurse Educator – Medical Ward
Additional Information	Workshop presented by ResMed Product Specialist Please note this workshop utilises the Stellar 150 respiratory device.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Nurse Entry to Practice (NETP) Programme

Overview:

The following education days support the practice of new graduate nurses in their clinical environments. They aim to scaffold existing nursing knowledge and encourage critical thinking and reflection in/on practice. Newfound knowledge and skill can be transferrable across all clinical settings; thus equipping graduate nurses to be competent in theory and practice by the end of their NETP year.

Topic	Date
NETP Launch	16 January
NETP Computer Training	17 January
NETP Clinical Skills	18 January
NETP SMART (internal)	19 January
NETP SMART (external)	30 January
Māori Health Interprofessional Workshop	22 March
NETP Unstable Patient (internal)	18 April
NETP Unstable Patient (external)	2 May
NETP VIP Training	24 May
NETP Psychological Health, Diabetes, Stroke and Wounds	7 June
NETP Career Planning and PDRP	28 June
NETP Cardio/Respiratory	26 July
NETP Transition Shock	16 August
NETP Case Study Presentations	6 September
NETP Palliative Care Management	18 October

Venue	Level 1, Learning and Research Centre Southland Hospital, unless otherwise advised
Target Audience	RN graduates funded on Health NZ NETP Programme.
Open to non Te Whatu Ora Southern Attendees	Yes
Time	Usually 0900 – 1600 unless stated on timetable sent out prior to the day
Face to Face Education Hours	Reflected in timetable of day
Online Education Hours	Nil
Maximum Number of Attendees	30
Facilitator	NETP Coordinator - Southland
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

NZRC CORE Advanced Rescuer Course

Course Overview and Learning Outcomes:

Development of skills and knowledge in basic and advanced adult and paediatric resuscitation.

Standardised course content developed by the New Zealand Resuscitation Council (NZRC).

One day course that teaches and assesses the following skills and knowledge -

- Basic resuscitation for adults and children
- Arrhythmia recognition and the use of advisory and manual defibrillators
- Airway management including Laryngeal Mask Airway insertion
- The generic approach to the early management of trauma
- Advanced management of adult and paediatric collapse including appropriate drug therapies and peri-arrest management
- The use of teamwork and communication in managing a crisis

Date of Study Day/Workshop	Venue
Wednesday 15 February Wednesday 15 March Wednesday 5 April Wednesday 17 May Wednesday 14 June Wednesday 19 July Wednesday 23 August Wednesday 13 September Wednesday 11 October Wednesday 15 November Wednesday 13 December	Level 1, Learning and Research Centre Southland Hospital
Target Audience	Trainee Interns, House Officers, Registrars, SMOs RNs – CCU/Emergency/PACU/PRIME/Transfers/CTC/ Duty Managers Anaesthetic Techs, GPs, Dentists
Open to non Te Whatu Ora Southern Attendees	Available to GPs if places available
Time	0800 to 1700 hours
Education Hours	8 hours

Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Pre-reading workbooks and course information will be sent out 3 - 4 weeks prior to the course
Cost	\$ 500.00 for non-hospital staff
Bookings	NB: Not available for booking via Employee Connect Contact Course Director to book: Paul Winder paul.winder@southerndhb.govt.nz Cell phone 027 403 7417

Orthopaedic Study Day

Course Overview and Learning Outcomes:

To provide nurses and other health professionals with the opportunity to develop their knowledge and skills in caring for orthopaedic patients.



- Review anatomy and physiology of the musculoskeletal system
- Update of common musculoskeletal conditions
- Care of the orthopaedic patient postoperatively
- Management of the orthopaedic patient with supporting orthopaedic devices
- Discussion of the drug journey of the orthopaedic patient
- Update of current surgical evidence
- Multidisciplinary care following knee and hip surgery

Date of Study Day/Workshop	Venue
Thursday 9 March Thursday 17 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to non Te Whatu Ora Southern Attendees	Yes, but preference given to Surgical Ward Staff
Time	0830 – 1430 hours 1430 – 1700 hours SDL
Face to Face Education Hours	6 + 2 hours SDL
Online Education Hours	Not required
Maximum Number of Attendees	16
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	Orthopaedic booklets to be completed
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Pain Study Day

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of pain management

- Pathophysiology of pain and pain pathways
- Mechanisms of acute and chronic pain
- Update on pain assessment including tools
- Management of complex pain
- Discussion of analgesic ladder and medication choices
- Review analgesia delivery methods



Date of Study Day/Workshop	Venue
Thursday 25 May Thursday 21 September	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health professionals
Open to non Te Whatu Ora Southern Attendees	Yes, focus on acute and persistent pain
Time	0830 – 1430 + 1430 – 1700 SDL
Face to Face Education Hours	6 + 1 hours SDL (booklets)
Online Education Hours	1 hour (healthLearn)
Maximum Number of Attendees	16
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	Complete healthLearn Entonox (RGMS008) Read the articles/information/quiz (CAMD001) Wound Catheter/PCA booklets
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Palliative Care Study Day

Overview:

- Palliative care assessment and philosophy
- Last days of life 'Te Ara Whakapiri'
- Advance Care Planning
- Medication management
- Ethical issues of hydration and nutrition at end of life
- Multi-disciplinary approach

Date of Study Day/Workshop	Venue
Tuesday 23 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Hospital Registered Nurses, Enrolled Nurses and Allied Health
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 to 1600 hours
Face to Face Education Hours	7 hours
Online Education Hours	1 hour
Maximum Number of Attendees	Minimum 10 Maximum 20
Facilitator	Holley Andersen
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Parenteral Nutrition Mini Workshop

Course Overview and Learning Outcomes:

To provide health care professionals with the opportunity to gain a greater understanding of parenteral nutrition.



Two hour course that teaches the following skills and knowledge:

- Process of patient selection for Parenteral Nutrition
- Types, benefits and trends in Parenteral Nutrition
- Responsibilities around commencement and discontinuation of Parenteral Nutrition
- Nursing care implications for patients on Parenteral Nutrition
- Trouble shooting and complications of Parenteral Nutrition

NOTE – this training is already part of the CVAD full-day workshop. This booking is only relevant for staff who require Parenteral Nutrition training as a STAND ALONE course.

Date of Study Day/Workshop	Venue
Thursday 2 February Thursday 15 June Thursday 12 October	Seminar Room A Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health agency staff
Open to non Te Whatu Ora Southern Attendees	Yes for health agency staff caring for people in community with Parenteral Nutrition.
Time	1400 to 1600 hours
Education Hours	2 hours
Maximum Number of Attendees	12
Facilitator	Marie Mitchell- Surgical Educator
Additional Information	2 hour stand alone workshop but recommended to attend central venous access devices in the am for context.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP Assessor Workshop

Overview:

This workshop aims to provide the **PDRP Assessor** further time to explore the ePortfolio platform for Te Kāhui Kōkiri Mātanga, provide national/regional/local updates and provide forum to discuss topics/issues or relevance to PDRP assessing.

Date of Study Day/Workshop	Venue
Monday 6 March	Videoconference Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	<u>ONLY</u> for PDRP Assessors
Open to non Te Whatu Ora Southern Attendees	Yes if PDRP assessors from MOU partners
Time	1000 – 1400 hours
Face to Face Education Hours	3.5 hours
Online Education Hours	Attendee <u>must</u> complete healthLearn Course RGIT003 (30min) prior to attending if not already
Maximum Number of Attendees	12
Facilitator	Nurse Coordinator – PDRP
Additional Information	Attendees to bring own laptop/device that can connect to wifi if possible.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP ePortfolio Workshop for NETP Managers and Preceptors

Overview:

This workshop is to introduce ePortfolios to managers and preceptors of NETP nurses who are undertaking an ePortfolio as part of the NETP programme. This workshop is 'hands on' training in the ePortfolio.

Date of Study Day/Workshop	Venue
Monday 14 August Monday 28 August	Videoconference Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	Workshop is only for managers and preceptors of NETP nurses who are undertaking an ePortfolio as part of their NETP requirements.
Open to non Te Whatu Ora Southern Attendees	Yes – if the employing organisation has a PDRP MOU and access to healthLearn
Time	1000 – 1200 hours 14 August 1300 – 1500 hours 28 August NB: not all time allocated will be needed for training. Time available for attendees to remain and work on ePortfolio aspects if required.
Face to Face Education Hours	2 hours
Online Education Hours	Attendees must complete healthLearn Course RGIT003 (30min) prior to attending
Maximum Number of Attendees	10
Facilitator	Nurse Coordinator - PDRP
Additional Information	Attendees to bring own laptop/device that can connect to wifi if possible. Attendee numbers may be reduced due to availability of laptop/devices.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP ePortfolio Workshop (for those on PDRP)

Overview:

This workshop is to introduce ePortfolios to nurses **who have previously submitted a portfolio or been to a PDRP Portfolio workshop/undertaken PDRP education**. As part of this workshop participants will do 'hands on' training in the ePortfolio.

Date of Study Day/Workshop	Venue
Monday 30 January (1300 – 1500)	Videoconference Room
Monday 20 March (1000 – 1200)	Level 1, Learning and Research Centre
Monday 1 May (1300 – 1500)	Southland Hospital
Monday 12 June (1000 – 1200)	
Monday 17 July (1300 – 1500)	
Monday 30 October (1000 – 1200)	
Monday 27 November (1300 – 1500)	
Monday 4 December (1000 – 1200)	
Target Audience	Registered and Enrolled Nurses who have previously submitted a portfolio or have undertaken PDRP education and are wanting to complete a PDRP ePortfolio
Open to non Te Whatu Ora Southern Attendees	Yes – if the employing organisation has a PDRP MOU
Time	1000 – 1200, or, 1300 – 1500 as above
Face to Face Education Hours	2 hours
Online Education Hours	Attendees must complete healthLearn Course RGIT003 (30min) prior to attending
Maximum Number of Attendees	10
Facilitator	Nurse Coordinator - PDRP
Additional Information	Attendees to bring own laptop/device that can connect to wifi if possible. Attendee numbers may be reduced due to availability of laptop/devices.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP Portfolio Workshop

Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels and introduce ePortfolios. As part of this workshop all participants will have significant time to work on self-reflection, peer review and/or appraisal with support from the PDRP Co-ordinators.

Date of Study Day/Workshop	Venue
Monday 27 February	Videoconference Room
Monday 27 March	Level 1, Learning and Research Centre
Monday 29 May	Southland Hospital
Monday 7 August	
Monday 9 October	
Monday 13 November	
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP ePortfolio
Open to non Te Whatu Ora Southern Attendees	Yes – if the employing organisation has a PDRP MOU
Time	0900 – 1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	Attendees must complete healthLearn Course RGIT003 (30min) prior to attending
Maximum Number of Attendees	10
Facilitator	Nurse Coordinator - PDRP
Additional Information	Attendees to bring own laptop/device that can connect to wifi if possible. Attendee numbers may be reduced due to availability of laptop/devices.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

PDRP Portfolio Workshop for ENSIP (new graduate ENs)

Overview:

This workshop aims to provide EN on ENSIP with knowledge regarding submission requirements for PDRP and introduce ePortfolios. As part of this workshop all participants will have significant time to work on self-reflection with support from a PDRP Co-ordinator.

Date of Study Day/Workshop	Venue
Monday 20 February	Videoconference Room Level 1, Learning and Research Centre Southland Hospital
Target Audience	<u>ONLY</u> for Enrolled Nurses part of ENSIP
Open to non Te Whatu Ora Southern Attendees	N/A
Time	0900 – 1600 hours
Face to Face Education Hours	6.5 hours
Online Education Hours	Attendees <u>must</u> complete healthLearn Course RGIT003 (30min) prior to attending
Maximum Number of Attendees	10
Facilitator	Nurse Coordinator - PDRP
Additional Information	Attendees to bring own laptop/device that can connect to wifi if possible.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Port Needle Insertion Mini-Workshop

Course Overview and Learning Outcomes:

A **2 hour** course that enables attendees to effectively access and de-access a patient's port device as it is required in clinical areas.

The key learning outcomes include:

- Placement of Ports and relevant equipment used
- Techniques in accessing and verifying position
- Troubleshooting and complications of Ports
- De-accessing Huber needles from the Port

NOTE – Attendees must have completed the CVAD Workshop before attending the Port Needle Insertion Workshop.

Please also note that both the CVAD and Port workshops require to be booked separately on Employee Connect.

Date of Study Day/Workshop	Venue
Thursday 2 February Thursday 6 April Thursday 15 June Thursday 3 August Thursday 12 October Thursday 23 November	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to non Te Whatu Ora Southern Attendees	Yes (Registered staff that are employed in clinical areas encountering Ports)
Time	1400 – 1600 hours
Face to Face Education Hours	2 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Preceptorship Workshop – Southland

Overview:

Research shows that a robust preceptorship programme leads to improved recruitment, retention of nurses, and improved patient outcomes. Furthermore, the preceptee has an increased level of safe clinical practice, the preceptor feels supported; and both parties have increased job satisfaction (New Zealand Nurse Educators Preceptorship Subgroup, 2010).

The workshop includes the following components:

- Growing/encouraging reflective practice and critical thinking
- Preceptor support structure
- EBP models to explain reality shock and stages of transition into practice
- Socialisation into the clinical environment
- Adult teaching principles and techniques/practices
- Assessment and feedback

Date of Study Day/Workshop	Venue
15 and 16 March*	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
10 and 11 May	
19 and 20 July	
27 and 28 September*	
Target Audience	RN's and EN's who will be preceptoring nursing graduates in their clinical environment.
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0900 – 1600 hours
Face to Face Education Hours	2 x 8 hour education days = 16 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	NETP Coordinator & SIT tutor
Additional Information	Pre-reading is sent out 2 weeks prior
Cost	No cost

Bookings

Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Julie Gorrie
ext 47920 or DDI 03 2148920
e-mail julie.gorrie@southerndhb.govt.nz

*Please note that the March and September sessions are not available to be booked on Employee Connect. If you wish to be booked into one of these sessions, please contact Julie Gorrie as above

Respiratory Fundamentals

Overview:

The aim of this study day is to improve nurses' fundamental Respiratory knowledge. The content covered will be anatomy and physiology, Respiratory Assessment, Fundamentals on respiratory disease and disease management, oxygen/home oxygen, and inhaler technique/practical.

Date of Study Day/Workshop	Venue
Monday 8 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0900 – 1500 hours
Face to Face Education Hours	6 hours
Online Education Hours	4 hours – healthLearn Fundamental Respiratory RGMD004
Maximum Number of Attendees	Min 10 Max 20
Facilitator	Lisa Mason
Additional Information	The healthLearn Respiratory Fundamentals is expected to be done prior to this respiratory study (if not already completed).
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Respiratory Support and Devices (Stellar and AIRVO) Workshop

Overview:

To further develop knowledge and skill relating to non-invasive ventilation support (via Stellar 150) provided by ResMed product specialist and nasal high flow (via AIRVO) provided by Fisher & Paykel product specialists.

Date of Study Day/Workshop	Venue
Thursday 8 June	Seminar Rooms A and B
Wednesday 26 July	Skills Lab
Thursday 19 October	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses caring for patients receiving non-invasive ventilation (NIV) via Stellar 150 or nasal high flow (NHF) via AIRVO
Open to non Te Whatu Ora Southern Attendees	Yes if registrations allow and use the Stellar 150 and AIRVO devices. Priority will be given to Southland Hospital staff.
Time	0900 – 1300 hours – NIV with Stellar 150 1330 – 1530 hours – NHF with AIRVO
Face to Face Education Hours	6 hours (presenters via zoom)
Online Education Hours	Optional online learning
Maximum Number of Attendees	8
Facilitator	Nurse Educator – Medical Ward
Additional Information	Workshop presented by ResMed and Fisher & Paykel Product Specialists who will be PRESENTING VIA ZOOM . Practical workshop supported by Nurse Educator.
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Safer Moving and Handling Trainers Day (Hospital Setting)

Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

Date of Study Day/Workshop	Venue
Friday 3 March Friday 12 May Friday 9 June Friday 11 August Friday 6 October Friday 13 October	Seminar Rooms A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Safer Moving and Handling Trainers
Open to non Te Whatu Ora Southern Attendees	No
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Haim Haviv Safer Moving and Handling Coordinator Restraint Minimisation and Safe Practice Coordinator
Additional Information	Please complete the mandatory online training prior to attendance (healthLearn RGHS007). RGWL101 Bariatric Care is also available and optional to complete.

	Please wear comfortable clothing and footwear for practical sessions
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Safer Moving and Handling Trainers Day (Primary/Community)

Learning Outcomes:

- Understand why moving and handling programmes are required in the workplace
- Fundamental postures and actions when performing a manual handling task
- Work as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Content Description:

- Discomfort, pain and injury
- Risk Assessment
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Techniques
- Moving and Handling People: The New Zealand Guidelines
- Bariatric patients
- Emerging trends or technology

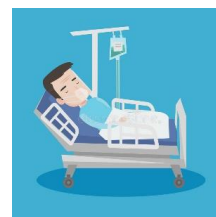
Date of Study Day/Workshop	Venue
Friday 10 March	Seminar Rooms A and B
Friday 16 June	Level 1, Learning and Research Centre
Friday 13 October	Southland Hospital
Target Audience	Safer Moving and Handling Trainers
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 – 1700 hours
Face to Face Education Hours	8 hours
Online Education Hours	Nil
Maximum Number of Attendees	20
Facilitator	Haim Haviv Safer Moving and Handling Coordinator Restraint Minimisation and Safe Practice Coordinator
Additional Information	Please complete the mandatory online training prior to attendance (healthLearn RGHS007). RGWL101 Bariatric Care is also available and optional to complete. Please wear comfortable clothing and footwear for practical sessions

Cost	No cost
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

SMART Training (Safe Moving and Restraint Minimisation Training)

Course Overview and Learning Outcomes:

- Mandatory for all new employees in Nursing, Midwifery, Allied Health who have “direct” clinical patient contact
- De-escalation is also open to administration and clerical staff (two hours 0800 – 1000 hours)
- This format will ensure compliance with both RMSP, de-escalation and moving and handling
- Moving and handling require a yearly update
- RMSP three yearly in conjunction with mandatory components



Desired Learning Outcomes:

- Understand the legal implications and individual responsibilities for restraint minimisation and safe practice and moving and handling programmes in the workplace
- Identify the risks and develop skills to prevent/manage risks and promote patient safety
- Fundamental skills, postures and actions when performing a manual handling task
- Competent in responsibilities regarding documentation, notification and intervention

Content Description:

- De-escalation – Identifying Triggers and Skills to Respond
- Security Team Breakaway Techniques
- RMSP Legislation, Responsibilities and Documentation
- Risk Assessment – LITEN UP Approach
- Patient Handling Requirements
- Fundamentals of Postures and Actions
- Practical Skills Stations

Date of Study Day/Workshop	Venue
Monday 27 February	Seminar Rooms A and B
Monday 20 March	Level 1, Learning and Research Centre
Monday 22 May	Southland Hospital
Monday 19 June	
Monday 21 August	
Monday 18 September	
Monday 13 November	
Target Audience	All Nursing, Midwifery and HCA's
Open to non Te Whatu Ora Southern Attendees	Yes, primary care providers, rest homes, hospitals

Time	0830 – 1700 hours (8 hours)
Face to Face Education Hours	8 hours
Online Education Hours	-
Maximum Number of Attendees	15
Facilitator	Haim Haviv Safer Moving and Handling Coordinator Restraint Minimisation and Safe Practice Coordinator
Additional Information	<p>Please complete the online training prior to attendance</p> <p>Safer manual handling healthLearn RGHS007 (for ward-based staff) OR healthLearn SRNR005 (for community staff) AND/OR Optional: healthLearn Bariatric Care RGWL101</p> <p>Restraint minimisation: Online mandatory revalidation every 3 years on healthLearn: Restraint Minimisation and Safe Practice (RMSP) RGHS008 Enablers: safe and appropriate use RGHS001 Restraint 3 yearly review healthLearn Restraint Minimisation and Safe Practice – non registered staff RGHS009 Please wear comfortable clothing and footwear for practical sessions</p>
Cost	No cost
Bookings	<p>Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Stroke Workshop

Overview:

Further development of skills and knowledge to improve the quality of care provided to stroke patients across the healthcare continuum.

Desired Learning Outcomes:

- Anatomy and physiology
- Assessment skills
- Acute interventions: thrombolysis and clot retrieval
- Nursing care of stroke patients
- MDT roles in stroke
- Patient education and support

Date of Study Day/Workshop	Venue
Tuesday 9 May	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Registered and Enrolled Nurses working within stroke
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	0
Maximum Number of Attendees	20
Facilitator	TBC
Additional Information	Nil
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Surgical Skills Study Day

Course Overview and Learning Outcomes

To provide health professionals with the opportunity to update their knowledge and skills around caring for people with surgical interventions.



- Update of current surgical trends and evidence
- Discuss the care of the postoperative patient following surgery
- Update on practical skills:
 - Gastrointestinal, nasogastric insertion, stoma siting, making a template and stoma care, orthopaedic manual handling, cryotherapy, traction, braces wound care, Negative Pressure Wound Therapy (including PICO dressings) urology, continuous bladder irrigation, manual irrigation and maintaining a fluid balance chart

Date of Study Day/Workshop	Venue
Thursday 16 February	Skills Lab or Seminar Room A
Wednesday 31 May	Level 1, Learning and Research Centre
Thursday 27 July	Southland Hospital
Thursday 7 September	
Thursday 16 November	
Wednesday 6 December	
Target Audience	Those working in acute settings
Open to non Te Whatu Ora Southern Attendees	Yes, but preference will be given to surgical ward staff
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	12
Facilitator	Marie Mitchell – Surgical Educator
Additional Information	
Cost	No cost
Bookings	<p>Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz</p>

Surgical Ward Mandatory Catch-Up

Overview:

This workshop is to provide opportunity for Surgical Ward staff to attend a day to catch up on required mandatory training.

Date of Study Day/Workshop	Venue
Friday 3 March	Skills Lab
Thursday 31 August	Level 1, Learning and Research Centre
Friday 1 December	Southland Hospital
Target Audience	Surgical Ward staff wanting to complete annual mandatory requirements in workshop environment
Open to non Te Whatu Ora Southern Attendees	No
Time	0900 – 1300 hours
Face to Face Education Hours	4 hours
Online Education Hours	Annual healthLearn requirements
Maximum Number of Attendees	12
Facilitator	Marie Mitchell – Surgical Nurse Educator
Additional Information	This is for Surgical Ward staff only. Bookings must be made via Nurse Educator (bookings not open on Employee Connect)
Cost	No cost
Bookings	Please book via your educator

Team Leader Workshop (Medical and Surgical Ward)

Overview:

This workshop aims to further develop leadership skills and knowledge of nurses employed in the Medical or Surgical Wards.

Date of Study Day/Workshop	Venue
Thursday 29 June Wednesday 25 October	Seminar Rooms A and B Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	Identified nurses working the Medical or Surgical Wards who are developing as leaders
Open to non Te Whatu Ora Southern Attendees	No
Time	1000 – 1530 hours
Face to Face Education Hours	5 hours
Online Education Hours	3 hours
Maximum Number of Attendees	16
Facilitator	Nurse Educator – Medical/Surgical Ward
Additional Information	This workshop is designed for nurses working in the Medical and Surgical Wards to further develop their leadership skills.
Cost	No cost
Bookings	Please book via Employee Connect or contact your manager or educator who will book you

Transfusion Workshop

Course Overview and Learning Outcomes:

A **full day workshop** that aims to develop knowledge in transfusion medicine that is appropriate to the attendee's role and area of work.

The key learning outcomes includes an increase in expertise around:

- Haemostasis and blood pathophysiology.
- Jehovah Witnesses and their viewpoint around transfusion medicine.
- Transfusion complications.
- Massive blood use in trauma.
- Development of plasma-based blood products

Note: Keynote speaker is Suzi Rishworth (Transfusion Nurse Specialist)

Date of Study Day/Workshop	Venue
Thursday 9 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	All registered clinical staff
Open to non Te Whatu Ora Southern Attendees	Yes (All registered and non-registered staff who have an interest in transfusion medicine.)
Time	0830 to 1630 hours
Education Hours	8 hours
Maximum Number of Attendees	25 attendees
Facilitator	Peter Boon IV CNS
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Unstable Patient Workshop – Hospital Setting

Course Overview and Learning Outcomes:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores
- Communication and teamwork strategies
- Simulated patient cases to challenge assessment skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 22 February	Skills Lab
Wednesday 22 March	Level 1, Learning and Research Centre
Wednesday 21 June	Southland Hospital
Wednesday 16 August	
Wednesday 18 October	
Wednesday 22 November	
Target Audience	RNs and ENs working in hospital setting - Medical, Surgical, Rehabilitation, Perioperative, Lakes District Hospital
Open to non Te Whatu Ora Southern Attendees	Dunstan Hospital, Gore Health, Southern Cross
Time	0830 – 1630 hours
Education Hours	8 hours
Maximum Number of Attendees	12
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Unstable Patient Workshop – Primary Care Setting

Course Overview and Learning Outcomes:

To improve the skills and knowledge required for effective assessment and management of the unstable or deteriorating patient in the Primary Care/Community setting.

- Review physiology of system failure and cellular shock
- Common conditions that contribute to patient deterioration
- Review signs and symptoms of the deteriorating patient
- Systematic management of the unstable patient
- Use of early warning scores and local systems to guide response
- Communication and teamwork strategies
- Simulated patient cases to challenge assessments skills and clinical reasoning

Date of Study Day/Workshop	Venue
Wednesday 24 May Wednesday 27 September	Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	RNs and ENs working in community-based healthcare
Open to non Te Whatu Ora Southern Attendees	Yes – Rest Homes, Medical Centres
Time	0830 – 1630 hours
Education Hours	8 hours
Maximum Number of Attendees	10
Facilitator	Paul Winder Resuscitation and Simulation Nurse Specialist
Additional Information	Booklet of course content will be issued on the day
Cost	No cost
Bookings	Please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Vaccinator Training Course, Southland – Two-Day Face to Face Tutorial

Overview:

To provide participants with the knowledge and skills required to become competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
Invercargill 8 and 9 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	For new vaccinators. Initial education pathway for authorised vaccinators and pharmacist vaccinators
Open to non Te Whatu Ora Southern Attendees	Open to non Te Whau Ora attendees who have a current practicing certificate from registration authority (e.g., Nursing Council of New Zealand, Pharmaceutical Society of New Zealand, or other health professional body)
Time	9.00am – 5.00pm
Face to Face Education Hours	Two days 9am – 5pm in a classroom setting (16 hours)
Online Education Hours	4 hours
Maximum Number of Attendees	20-30 (venue dependent)
Facilitator	The Immunisation Advisory Centre
Additional Information	Pre-reading, online open book assessment, appropriate CPR qualification and clinical assessment required to complete the course to become an authorised vaccinator.
Cost	Two days at \$190
Bookings	Register via IMAC learning platform Education Immunisation Advisory Centre (immune.org.nz)

Vaccinator Update Course – Southland

Overview:

Two yearly vaccinator update courses to provide participants with the knowledge and skills required to continue to be competent vaccinators. Participants will understand the processes and systems, which underpin vaccinator practice as outlined in the Immunisation Handbook and meet the minimum legal requirements for vaccinators.

Date of Study Day/Workshop	Venue
Vaccinator Update Course – Southland 10 August	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Vaccinators that are required to complete their 2 yearly approved vaccinator update to maintain their status.
Open to non Te Whatu Ora Southern Attendees	Yes – open to non Te Whatu Ora attendees who have a current practicing certificate from a registration authority (e.g. Nursing Council of New Zealand, Pharmaceutical Society of New Zealand or other health professional body) and need to complete their 2 yearly vaccinator update course.
Time	9.00am to 12.30pm
Face to Face Education Hours	3.5 hour update course in classroom setting
Online Education Hours	2-4 hours prereading then online assessment post update.
Maximum Number of Attendees	20-30 (venue dependant)
Facilitator	The Immunisation Advisory Centre
Additional Information	Pre-reading required
Cost	\$90
Bookings	Register via IMAC learning platform Education Immunisation Advisory Centre (immune.org.nz)

Venepuncture Workshop

Course Overview and Learning Outcomes:

A **4 hour** course that develops skill and knowledge around venepuncture thus enabling participants to draw a high quality blood sample using modern vacutainer safety systems.

The key learning outcomes include:

- Identifying and dilating an appropriate vessel
- Accessing a vessel with a vacutainer system and/or
- Accessing a vessel with a safety butterfly system
- Correct order of draw
- Optimising draw quality
- Minimising and recognising complications

Date of Study Day/Workshop	Venue
Tuesday 21 March	Skills Lab and IV Training Room
Thursday 25 May	Level 1, Learning and Research Centre
Monday 3 July	Southland Hospital
Monday 13 November	
Target Audience	All registered clinical staff
Open to non Te Whatu Ora Southern Attendees	Yes (Registered and non-registered staff eg. nursing/midwifery students, that are employed in clinical areas requiring venepuncture)
Time	1300 – 1700 hours
Face to Face Education Hours	4 hours
Online Education Hours	Nil
Maximum Number of Attendees	6 attendees
Facilitator	Peter Boon and/or Angela Knox IV CNS
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Violence Intervention Programme – Refresher Training

Course Overview and Learning Outcomes:

To build on knowledge gained from Family Violence and Child Protection Core training and to keep staff informed on new processes such as National Child Alerts etc.

Desired Learning Outcomes:

- Overview of the Six step process
- Updates around Policy/Procedure relating to Family Violence
- National Child Alert Process /ED screen checklist /Strangulation Guidelines
- Case Study

Date of Study Day/Workshop	Venue
Tuesday 14 March 8.30 am to 1 pm	DHB Boardroom for all sessions Community Services Building Southland Hospital
Tuesday 16 May 1 – 5 pm	
Tuesday 11 July 8.30 am to 1 pm	
Wednesday 18 October 8.30 am to 1 pm	
Wednesday 6 December 1 – 5 pm	
Target Audience	Only open to staff that have attended VIP Core training.
Open to non Te Whatu Ora Southern Attendees	Yes – Health Practitioners only that have completed VIP Core Training
Time	As above
Face to Face Education Hours	4 hours
Maximum Number of Attendees	Min 10 Max 20
Facilitator	Nicola Hillis & Lynley Ischia – Southern VIP Coordinators
Additional Information	MUST have attended VIP Family Violence and Child Protection Training (Core)
Cost	No cost

Bookings

Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you

All others, please contact Andrea Orłowski
Telephone (03) 2181949 ext 48648
e-mail andrea.orłowski@southerndhb.govt.nz

VIP Family Violence and Child Protection (Core Training)

Course Overview:

- To give staff the knowledge, skills and frameworks to identify and address child abuse and partner abuse in the Te Whatu Ora Health context.

Content Description:

- Topics include theory, power, control and victimisation.
- Partner abuse: Why screen? How to ask the question? What to say when she/he says yes.
- Discussing policy around reporting and working on getting this right.
- Epidemiology of family violence and effects of violence on children: how common, does it matter?
- Child abuse: principles and practice and the Child Protection National Alert system.
- Professional dangerousness: responses that don't help.
- Role of Oranga Tamariki and the Police (Family Harm Team): what will they do when we refer?
- How to access and sign up to the ePro-safe database and the benefits.

Date of Study Day/Workshop	Venue
Wednesday 8 February Tuesday 28 March Wednesday 19 April Wednesday 5 July Tuesday 22 August Thursday 19 October * Wednesday 8 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital * Skills Lab for 19 October Level 1, Learning and Research Centre Southland Hospital
Target Audience	All DHB staff
Open to non Te Whatu Ora Southern Attendees	Yes but only health practitioners
Time	0830 to 1630 hours
Education Hours	8 hours including on-line training
Maximum Number of Attendees	8 min – 20 max
Facilitator	Nicola Hillis and Lynley Ischia – Southern VIP Coordinators

Additional Information	
Cost	No cost
Bookings	<p>Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you</p> <p>All others, please contact Andrea Orlowski Telephone (03) 2181949 ext 48648 e-mail andrea.orlowski@southerndhb.govt.nz</p>

Women's Health Study Day

Programme to be confirmed at a later date

Date of Study Day/Workshop	Venue
Wednesday 22 November	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Health Professionals
Open to non Te Whatu Ora Southern Attendees	Yes, but preference is given to hospital health professionals
Time	0830 – 1630 hours
Face to Face Education Hours	8 hours
Online Education Hours	Not required
Maximum Number of Attendees	20
Facilitator	TBC – Please direct any enquiries to Nikki Vesty, Womens Health CNS, nikki.vesty@southerndhb.govt.nz
Additional Information	
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Wound Assessment and Management Workshop (Inpatient Nurses)

Overview:

This workshop is to further develop knowledge and skill relating to the prevention, assessment, and management of wounds (including pressure injuries). To develop and discuss understanding of wound products and their clinical application.

Topics may include:

- Wound care products update
- Pressure injury treatment and prevention
- Diabetic ulcers
- Skin tears prevention and management of... what is best practice
- Wound management and TIME principles
- Negative pressure wound therapy

Date of Study Day/Workshop	Venue
Thursday 30 March Thursday 7 December	Seminar Rooms A and B Level 1, Learning and Research Centre Southland Hospital
Target Audience	Nurses <u>working in inpatient wards.</u>
Open to non Te Whatu Ora Southern Attendees	Yes if registrations allow. Priority will be given to Southland Hospital ward based nurses.
Time	0900 – 1500 hours
Face to Face Education Hours	5.5 hours
Online Education Hours	Optional online learning. Information will be given prior to workshop
Maximum Number of Attendees	12
Facilitator	Nurse Educator – Medical Ward
Additional Information	NB: this workshop is for nurses working in inpatients areas and will be given priority over community/outpatient/external registrations
Cost	No cost
Bookings	Te Whatu Ora Southern employees please book via Employee Connect or contact your manager or educator who will book you All others, please contact Julie Gorrie ext 47920 or DDI 03 2148920 e-mail julie.gorrie@southerndhb.govt.nz

Wound Clinic Advanced Assessment and Diagnostic Skills – Outpatients

Overview:

To enhance learning and knowledge of advanced assessment and diagnostic reasoning skills in a vascular nurse-led clinic.

To conduct a focused patient lower leg history, examination, and investigations (ankle-brachial pressure index and/or toe-brachial pressure index) to aid diagnosis and to develop an individualised patient management plan.

Date of Study Day/Workshop	Venue
Every Monday	Outpatient Clinic
Target Audience	Post-Graduate Registered Nurses undertaking Advanced Assessment & Diagnostic Reasoning Paper
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Mandy Pagan CNS Wound
Additional Information	<p>For wound resources pre-clinic please contact: amanda.pagan@southerndhb.govt.nz</p> <p>Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy.</p> <p>MRSA clearance (within one-month accepted) if you do not work for Te Whatu Ora, Health NZ Southern prior to clinic attendance</p>
Cost	No cost
Bookings	Please book via joanne.clark@southerndhb.govt.nz Extension: 47993

Wound Clinic Training - Outpatients

Overview:

To provide a nurturing learning environment, whilst working alongside expert nurses, to advance wound knowledge and practical skills that can be applied into practice.

Please advise the clinic nurses if there is any particular skill you wish to be introduced to so we can help to accommodate and enhance your learning experience. This may include:

- To perform a comprehensive wound assessment utilising the TIME acronym.
- To discuss wound aetiology and appropriate product and/or compression selection.
- To discuss the importance of skin hygiene and care.
- Applying the wound hygiene principles including conservation sharp wound debridement.
- Mentorship in conservative sharp wound debridement if undertaking the Level 7 Certificate in Wound Debridement.

Date of Study Day/Workshop	Venue
Every Wednesday	Fracture Clinic
Target Audience	Nurses already performing wound care and wanting to increase their skills and knowledge. The clinic predominantly manages patients with lower leg ulcers.
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0900 to 1200 hours
Face to Face Education Hours	3 hours
Online Education Hours	Nil
Maximum Number of Attendees	One
Facilitator	Wound Clinic Team
Additional Information	For wound resources pre-clinic please contact: amanda.pagan@southernhb.govt.nz Disclaimer: Each clinician must work within their scope of practice; clinic attendance does not provide competency for wound debridement or application of compression therapy. MRSA clearance (within one-month accepted) if you do not work for Te Whatu Ora, Health NZ Southern prior to clinic attendance

Cost	No cost
Bookings	Please book via joanne.clark@southerndhb.govt.nz Extension: 47993

WOUND SERVICE: Lower Leg Compression Therapy Workshop

Overview:

This workshop is intended for nurses who currently work with patients/residents/clients with lower leg wounds that require compression therapy.

- Overview of best practice venous leg ulcer guidelines and atypical presentations.
- Describe risk factors, signs and symptoms of arterial and venous leg ulcers.
- Discuss the principles of measuring the ankle brachial pressure index (ABPI) in the assessment of arterial disease.
- Discuss the principles and safety of applying compression in the prevention and treatment of venous leg ulcers.
- Skin care and the importance of compression hosiery post healing to reduce ulcer recurrence.
- Provide education for patients receiving compression therapy.
- SDHB District Nurses demonstrate competence in the application of compression therapy.

Date of Study Day/Workshop	Venue
Tuesday 21 March Tuesday 19 September	Seminar A and B or Skills Lab Level 1, Learning and Research Centre Southland Hospital
Target Audience	District nurses or nurses applying compression bandaging systems <u>routinely</u>. This excludes nurses working in hospital and community who are <u>not</u> routinely applying compression bandaging.
Open to non Te Whatu Ora Southern Attendees	Yes
Time	0900 – 1400 hours
Face to Face Education Hours	5 hours
Online Education Hours	3 hours
Maximum Number of Attendees	Maximum 8 (six District Nurses)
Facilitator	Mandy Pagan CNS Wound

Additional Information	<p>Prior completion of the Compression Therapy Self-directed Learning Package MIDAS ID: 46960</p> <p>External DHB attendee’s competency must be done in consultation with their organisation.</p> <p>Morning Tea provided.</p> <p>WEAR LOOSE CLOTHING ON YOUR LEGS FOR COMPRESSION BANDAGING APPLICATION.</p>
Cost	<p>No cost</p>
Bookings	<p>Please book via Mandy Pagan CNS Wound Cellphone: 027 807 0132 or via email amanda.pagan@southerndhb.govt.nz</p>