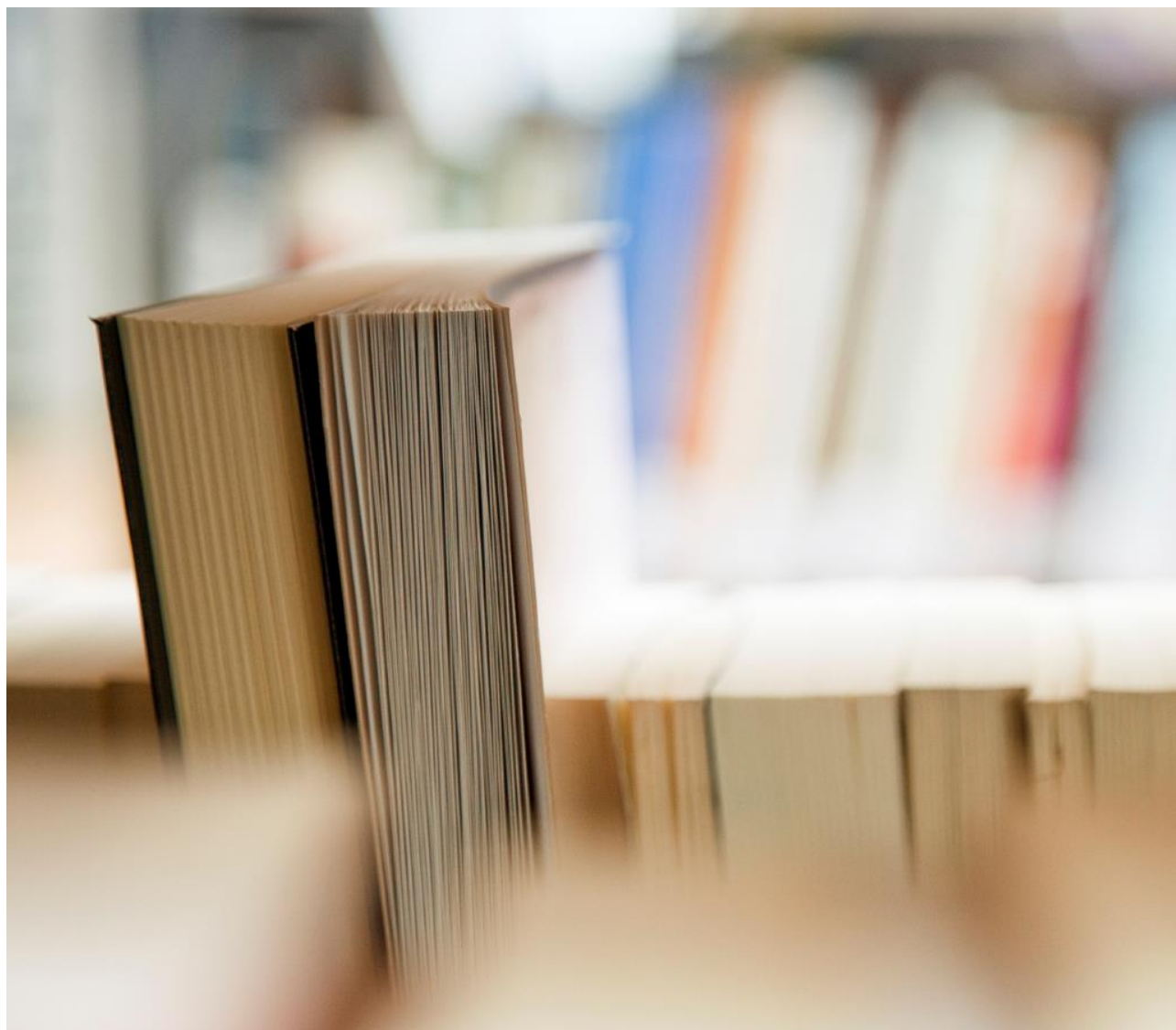


Te Whatu Ora
Health New Zealand



Education Book

Otago 2023

Practice Development Unit

“Te Mahi Ngatahi O Akoranga – The Partnership of Learning”

Contents

Introduction	1
Advance Care Planning (ACP): Level 1A one-day workshops 2023	2
Advanced Cardio-Respiratory Workshops	3
Amputee Study Day	5
Cardio-Respiratory Workshops.....	7
CVAD Workshop.....	9
Deteriorating Patient Workshop.....	11
Epidural Workshops - Obstetrics.....	13
HCA Onboarding (Otago)	14
Immediate Life Support Refresher	15
Immediate Life Support Instructor Workshop.....	16
IV Cannulation and Venepuncture Workshops.....	18
Kā Huru Huru Kea: Person-centred care and understanding behaviour	20
Male Catheterisation Course (Otago)	22
Midwifery Emergency Skills Day	24
Newborn Life Support Full Day Workshop (NZRC)	26
NZRC CORE: Advanced Rescuer Course.....	28
Palliative Care Study Day.....	31
PDRP Assessor Education Sessions.....	32
PDRP Portfolio Workshop Otago – ‘Making it easy’	34
PROMPT – Practical obstetric multi-professional training	36
Preceptorship Workshop.....	37
Queen Mary Mandatory Training Workshop.....	39
Safe Moving & Handling Train the Trainer Workshop.....	41
Tiriti o Waitangi & Cultural Humility.....	43
Tikanga & Te Reo	44
Vaccinator Training and Vaccinator Update Days	45
Wound Care Implications and Treatments Study Day 2023	46
Wound Care Competency Study Day 2023 (NPWT and Compression Competency)	48

Introduction

This booklet outlines the training opportunities that are available in 2023 for **current and future Healthcare Workforce** staff via the Practice Development Unit, Otago Site. The booklet is designed to assist you in making informed education choices to meet both mandatory education requirements and your own professional development. An electronic copy of this booklet can be found on the Otago Practice Development SharePoint site.

Every effort has been made to ensure the accuracy of the information included in this booklet at the time of printing. However scheduled sessions may change so please check the electronic version of this book on the Otago Practice Development SharePoint site.

<https://pulse.southerndhb.govt.nz/ws/PDU/SitePages/Home.aspx>

Venues for education sessions are stated on each programme outline and are governed by room availability so take careful note of the designated location. Some sessions have a maximum number of participants, so it is important that you register through the appropriate contact person as per the details on the programme outline. Each programme outline indicates the suitable target audience.

To register, follow the required processes in your practice area i.e., discuss with or register through your manager.

If, at a later date, you are unable to attend, please contact the course facilitator and your line manager as soon as possible so that you can withdraw from the course and allow for others to fill the space. You may be offered an alternative date by the facilitator if sessions are oversubscribed. Additional sessions may also be scheduled according to demand.

Each programme outline indicates if there is a cost involved. On the whole there is no charge for education in 2023.

MENTAL HEALTH ONLY

Mental Health Addictions and Intellectual Disability Services publish the 2023 District Training Calendar for both Invercargill and Dunedin on their SharePoint site at the following link:

<http://pulse.southerndhb.govt.nz/ws/mhedu/Lists/Calendar/calendar.aspx>

The Excel Training Planner is located at our SharePoint site and outlines events for the entire year with details on how to book into the relevant workshops.

You may navigate to it by selecting '**Useful Links District**' from the Pulse main page:

- SharePoint Services
- Mental Health Education and Training
- Shared documents all DHB Staff
- Training Planner (Excel spread sheet)

Advance Care Planning (ACP): Level 1A one-day workshops 2023

Aims / Purpose: increase their knowledge about advance care planning, explore their biases, understand the legal framework for medical decision-making, improve their clinical communication skills and to effectively document conversations and plans.

Desired Learning Outcomes:

- help grow the use of ACP
- gain experience in supporting people/patients with ACP
- learn how to translate an individual's wishes into written documentation

Content: workshop covers the benefits of ACP the benefits of ACP, the legal framework with case studies, communication skills and practice, and documentation practice.

Day	Dates	Venue
Varies	16 th February 7 th March 8 th March 4 th May 15 th June 27 th July 7 th September 19 th October	Dunedin Queenstown Alexandra Invercargill Oamaru Balclutha Dunedin Invercargill
Target Audience	All Registered Health Care Professionals	
Facilitator	Viv Williams (WellSouth)/Helen Sawyer (Te Whatu Ora)	
Additional Information	Spaces limited and applications close 6 weeks prior to workshop. You will be advised via email if you have/have not been successful in securing a place	
Register	http://training/wellsouth.org.nz/upcoming-events Information regarding cities/towns, as well as times on this link*	

Advanced Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to provide Nurses with advanced knowledge in Cardiology and Respiratory Nursing.

The workshop is divided into two sessions, morning and afternoon.

The cardiology workshop is in the morning and the respiratory workshop is in the afternoon.

Desired Learning Outcomes:

This workshop will provide more advanced skills and builds on top of the Cardio-Respiratory Workshops.

The cardiology morning will present a case scenario, cardiogenic shock, temporary and permanent pacing and cardiac catheterisation.

The respiratory afternoon session will discuss pulmonary embolism management including thrombolysis, spirometry, asthma and COPD management and blood gas interpretation.

Content:

Respiratory Workshop	Cardiology Workshop
<ul style="list-style-type: none">- Pulmonary embolism and thrombolysis- Non-invasive ventilation (minimal)- Blood gas interpretation- Spirometry- Case Study	<ul style="list-style-type: none">- Case study- Advanced cardiac anatomy and physiology- Understanding cardiogenic shock- Temporary and permanent pacing- Cardiac catheterisation

Day	Dates	Venue
Tuesday	15 th May 2023	Fraser Room A
Tuesday	24 th October 2023	Fraser Room A

Target Audience	Registered Health Care Professionals Hospital and community-based health professionals.	
Start time & Duration	08:45 hours – 8.5 hours	
Facilitator	7 th floor Nurse Educators Jo Robertson-Smith Umesh Khiatani Sam Beel	
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.	
Bookings	Employee Connect	
	Name & Phone	7 th floor Educators office and cell- internal 58436 or 0275910959
	Email	joanne.robertson@southerndhb.govt.nz umesh.khiatani@southerndhb.govt.nz sam.beel@southerndhb.govt.nz

Amputee Study Day

Aims / Purpose: This study day is intended for nurse and allied health professionals who care for and/or have an interest in the management of patients undergoing lower limb amputation.

Desired Learning Outcomes: participants will extend their practice knowledge, understanding, and skills in the management and care of patients undergoing lower limb amputation.

Content: Vascular surgery and limb sparing procedures
 Wound Management pathways
 Acute pain management
 Acute postoperative management- an MDT approach
 Occupational Therapy and the Discharge Destination
 Prosthetics and the Rehabilitation Phase
 Practical workshop – patient moving and handling and product demonstration

Day	Dates	Venue
Thursday	2 nd March	Fraser room A and Otago skills laboratory, Fraser building
Monday	19 th June	
Thursday	31 st October	
Target Audience	RN's /EN's/ Allied Health professionals	
Start time & Duration	0845-1600hrs	
Facilitators	Elaine Weatherston/Andrea Dorne	
Additional Information	<p>Limited to a maximum of 28 participants</p> <p>Come dressed appropriately for practical workshop – moving and handling</p>	
Bookings	Employee Connect	<p>How to Register</p> <ul style="list-style-type: none"> Contact your Nurse Educator, CNM, Line Manager for approval and be enrolled on

		<p>Employee Connect for the particular date you wish to attend</p> <p>Staff not working for within Dunedin Hospital</p> <ul style="list-style-type: none"> Register with Andrea Dorne, 4th Floor Clinical Nurse Educator andrea.dorne@southerndhb.govt.nz
	Name & Phone	Elaine Weatherston
	Email	Elaine.Weatherston@southerndhb.govt.nz

Cardio-Respiratory Workshops

Aims / Purpose:

The aim of this workshop is to improve nurses' fundamental cardiology and respiratory knowledge.

The workshop is divided into two 3 and a half hour sessions.

The cardiology workshop is in the morning and a respiratory workshop in the afternoon.

Desired Learning Outcomes:

The ECG workshop will provide an introduction to several areas, which includes, achieving a good quality 12 lead ECG recording, understanding the cardiac electrical conduction pathway (a basic understanding of cardiac anatomy and physiology is also revisited), and the difference in ischemia and infarction with basic ECG recognition. Heart failure is also presented.

By the end of the respiratory afternoon session nurses will appreciate the importance of thorough respiratory assessment and the difference between asthma and COPD. Participants will gain an awareness of the fundamentals of disease management and the role of inhaled therapies.

Content:

ECG Workshop	Respiratory Workshop
<ul style="list-style-type: none">- Understanding the electrical conduction pathway and ECG rhythm interpretation (workshop)- Rhythm recognition (e.g., sinus rhythm, ectopic heart beats, AF and heart blocks)- Taking a 12 lead ECG, telemetry, and trouble shooting- Infarction and ischemia on ECG- Cardiac rehab- Heart Failure	<ul style="list-style-type: none">- Respiratory assessment.- Basic asthma and COPD pathophysiology- Fundamentals of disease management- Practice in inhaler use- Management of breathlessness and palliation

Day	Dates	Venue
Wednesday	8 th March 2023	Fraser Room A
Wednesday	5 th July 2023	Fraser Room A
Friday	17 th Nov 2023	Fraser Room A
Target Audience	Registered Healthcare Professionals Hospital and community-based health professionals.	
Start time & Duration	08:30 hours	
Facilitator	7 th floor Nurse Educators Jo Robertson-Smith Umesh Khiatani Sam Beel	
Additional Information	Participants are welcome to attend the full workshop or just the morning or afternoon session. Please make this clear when enrolling.	
Bookings	Employee Connect	
	Name & Phone	7 th floor Educator office and cell – internal 58436 or 0275910959
	Email	Joanne.robertson@southerndhb.govt.nz Umesh.khiatani@southerndhb.govt.nz Sam.beel@southerndhb.govt.nz

CVAD Workshop

Desired Learning Outcomes: Registered Nurses will be introduced to evidence-based theory and best practice guidelines when caring for the patient with any type of CVAD device in-situ.

Content Description:

- Anatomy & physiology
- Types & indications for CVAD
- ANTT
- CVAD maintenance
- Blood sampling and blood cultures
- Introduction of Complications and troubleshooting
- Alteplase administration
- Practical demonstrations throughout the day

Day	Date	Venue
Mondays	20 th Feb 27 th Mar 15 th May 19 th June 17 th July 21 st Aug 18 th Sept 30 th Oct 20 th Nov 6 th Dec	Fraser lecture Room, 1 st Floor Fraser Building, 464 Cumberland St, Dunedin.
Target Audience	Registered Nurses	

Start Time and Duration	0830 – 1630hrs	
Attendee Limit	35 (Te Whatu Ora Hospital Staff) 15 (Otago Trust Hospitals/External Services)	
Facilitator	Derek Smith	
Additional Information	Reading material handed out on the day	
Bookings	Otago	Derek Smith (IV CNS) 0275620078 Derek.smith@southerndhb.govt.nz
	Employee Connect	Set up on Employee Connect as 'CVAD workshop'

Deteriorating Patient Workshop

Aims / Purpose:

“Learning meets experience”

This study day has been designed to increase your confidence around the core elements of early detection and management of those who are either at risk of or who are deteriorating. Elements such as physical assessment, ISBAR and Early Warning Score are taught and discussed. These tools will assist you to hone your skills and explore how to apply them in situations where your patients need you to aim for optimal outcomes.

Desired Learning Outcomes:

- Recognise importance of early detection of deterioration in patients
- Advancing clinical judgement using standardised clinical tools and assessment
- Understand the importance of vital signs
- Know what is normal for the individual patient and therefore what is abnormal for that patient

Content:

- Case scenario presentation
- Discussion: why patients deteriorate
- EWS/ISBAR – escalation skills
- Skill stations
- Reflection and application

Day	Dates	Venue
Tuesdays	14 th February 28 th February 30 th May 20 th November 11 th December	Fraser A, Practice development unit, 1 st floor, Fraser building.
Target Audience	Enrolled and Registered nurses, and rotational Physiotherapists	
Time	08:30–16:00	

Facilitator and Contact	Bronwyn McGuire / Julz Smith Bronwyn.McGuire@southerndhb.govt.nz Julz.Smith@southerndhb.govt.nz
Bookings	Via Employee Connect

Epidural Workshops - Obstetrics

Available for External Attendees: YES

Workshop Content: A 3.5-hour workshop around Epidurals in Obstetrics. Pre course quiz and pre reading, post course quiz & work sheet to complete with Anaesthetist on the day. SIM and troubleshooting pump included

Desired Learning Outcomes: Participant will feel confident and competent caring for a woman with an epidural in situ and Patient controlled Epidural Anaesthesia (PCEA)

Dates	All Tuesday's: 31 st January, 16 th May, 15 th August, 21 st November
Venue	Quenelle Room, 2 nd floor DPH
Start Time & Duration	08:30 sharp -12 Midday
Additional Information	Certificate will be issued once pre and post Quizzes have been marked
Target Audience	Core Midwives & LMC's
Facilitator	Dr Steve Hillier, Michael Barlev or nominated other e.g., Dr Julie Thompson
Bookings	Book through Midwifery Educator via an email Wendy.Munro@southerndhb.govt.nz

HCA Onboarding (Otago)

Aims / Purpose: To provide orientation sessions for Health Care Assistants (HCAs) working in physical health services at Dunedin and Wakari Hospital.

Desired Learning Outcomes: HCAs will gain foundation knowledge to support safe work practices and become aware of support pathways.

Content: Introductions to Te Ara Hauora, Infection Prevention and Control Principles and PPE practical, Professional Responsibilities, Drips drains and attachments, Pressure Injury Prevention, ILS Theory and Practical, Patient Watch, Healthlearn and Southern Online Programs, Moving and Handling Theory and Practical.

Day	Dates	Venue
First Tuesday and Wednesday of every month (except January) 2023		Fraser Rooms – PDU
Target Audience	Health Care Assistants	
Start time & Duration	0830 -1600	
Facilitator	Emily Borst and Pam Markby	
Additional Information		
Bookings	Employee Connect	Educator Bookable Only
	Name & Phone	Emily Borst 0272237783
	Email	emily.borst@southerndhb.govt.nz

Immediate Life Support Refresher

Desired Learning Outcomes:

Yearly update to ensure our staff are prepared for cardiac arrest and choking.

Workshop Content:

- Immediate life support for adult, child, and infant.
- Choking algorithm for adult, child, and infant.

Dates	15 February 15 March 13 April 14 June 12 July 16 August 12 September 17 October 21 November 6 December
Venue	Otago Clinical Skills Laboratory, 2 nd Floor, Fraser Building
Target Audience	All Te Whatu Ora Southern staff who do not have an Approved Instructor/Assessor in their area of work
Time	09:00 – 10:30
Attendee Limit	Minimum of 5 / Maximum of 12
Facilitator	Resuscitation Coordinator- Bronwyn McGuire/Julz Smith
Bookings	Enrol via Employee Connect
Additional Information	Complete the appropriate Quiz before attending. This is completed via HealthLearn, and the course code is SRNR008. More information emailed out the week prior to attendance.

Immediate Life Support Instructor Workshop

Desired Learning Outcomes:

The Workshop is designed to create approved Immediate Life Support Assessor / Instructors which will enable local practical CPR updating and revalidation for staff in individual areas – promoting high quality Immediate Life Support and maintaining that quality to a consistent standard across the district with support from the Resuscitation Coordinator

Workshop Content:

- Resuscitation theory and ANZCOR guidelines
- Practical skills and assessment of Immediate Life Support practices

Critiquing and teaching and assessing strategies.

Dates	March 17th June 9th November 24th
Venue	Otago Clinical Skills Laboratory 2 nd Floor, Fraser Building
Time	09:00–16:00
Additional Information	<ul style="list-style-type: none"> • Email with pre-reading and resources sent to enrolled participants one week prior to workshop. A resource folder is given on the day • Maximum attendance – 8 • Resuscitation information and resources for Immediate Life Support Assessor / Instructors can be found on the PDU SharePoint site via the Te Whatu Ora: Southern Pulse Homepage with additional and resource information available via http://www.nzrc.org.nz/guidelines/ • There is a separate refresher for these 3 yearly.
Target Audience	This workshop is not limited to health professionals. Anyone keen to enhance and maintain Immediate Life Support practices in their area can choose to be an approved Assessor / Instructor, registered nurses,

	registered midwives, allied health personnel, administrators, health care assistants, etc.
Facilitator	Resuscitation Coordinator
Bookings	Enrol via Employee Connect or contact the Resuscitation Coordinators, Julz Smith: Julz.Smith@southerndhb.govt.nz Bronwyn McGuire: bronwyn.mcguire@southerndhb.govt.nz

IV Cannulation and Venepuncture Workshops

Desired Learning Outcomes: To introduce the participant to evidence based theoretical and practical information required to perform cannulation and venepuncture.

Content Description: Anatomy of veins used for cannulation and venepuncture
 Type and appropriate use of equipment
 Blood sampling
 Infection prevention and control
 Complications and management
 Practical demonstration

Day	Date	Venue
Monday	13 th February 6 th March 8 th May 12 th June 24 th July 14 th August 11 th September 9 th October 6 th November 4 th December	Clinical skills lab Fraser building
Target Audience	Health Professionals	
Start Time and Duration	09:00 to 12:00 (3 hours) OR 13:00 to 16:00 (3 hours)	
Attendee Limit	10	
Facilitator	Derek Smith	

Additional Information	<p>Reading material handed out on day</p> <p>Four observed practical assessments to be handed in to service educator on completion</p>	
Cost	No charge	
Bookings	Employee Connect	<p>Book on Employee Connect under 'IV Cann & Veni (Otago)</p> <p>External Bookings: Please contact PDU Administrator, ext. 59552</p> <p>DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz</p>



Kā Huru Huru Kea: Person-centred care and understanding behaviour



Aims / Purpose:

To provide participants with the core knowledge and practical skills in protecting oneself and others when faced with an unexpected client response, confrontation, personal threat or other crisis situation (Nursing council competency 2.5).

Desired Learning Outcomes:

- Have a clear understanding of the ABC framework to identify the triggers, which supersede undesirable behaviours.
- Apply the TA-DA approach
- Improve communication skills by understanding the effect that body language and your communication style plays in de-escalation
- Building self-awareness and building resiliency

Content:

- Person-centred care
- Communication skills
- How to de-escalate an unexpected client or family/ whanau response
- How to assess for delirium
- Keeping ourselves safe
- Resilience and burnout

Day	Dates 2022	Venue
Thursday - General	February 23 rd May 11 th June 29 th July 20 th October 26 th	Practice Development Unit Fraser rooms
Thursday - HCA's	December 7th	Practice Development Unit Fraser rooms
Target Audience	Staff working in all clinical areas- max 20 participants	

Start time & Duration	0830-0430hrs	
Facilitators	Sarah Champion (Restraint Minimisation Coordinator Otago) Helen Paton- Clinical-Neuro Psychologist OPH	
Additional Information	Workbook handed out on the day- please email for PDF version	
Bookings		Employee connect
	Email	Sarah.Campion@southerndhb.govt.nz

Male Catheterisation Course (Otago)

Desired Learning Outcomes:

- Standardisation of care for the safe insertion (procedure) of urinary catheters in males, incorporating Best Practice.
- Safe and consistent care of those with a urinary catheter

Content Description:

Pre-reading competency to be completed prior to booking:

- HealthLearn RGMS160 - Urinary Catheterisation and Catheter care course.

For Non DHB Staff without access to healthLearn a workbook will be provided via email to be completed prior to attending course.

Day	Date 2023:		Venue
Thursday afternoons	Feb 16 Apr 20 Jun 22	Aug 24 Oct 26 Dec 14	Skills Lab for scheduled dates or Educators please contact Archie directly to organise an in service with your team in your own clinical area at a different time: Min 6 staff, Max 10.
Target Audience	RNs (preferably PDRP Level 2+), Doctors and Medical Students. Otago Area		
Start Time and Duration	13:00-15:00 2		
Attendee Limit	Min 6 staff, Max 10.		
Facilitator	Archie Auchinvole: Clinical Nurse Specialist Urology		
Additional Information	Bookings Essential. - HealthLearn RGMS160 - Urinary Catheterisation and Catheter care course to be completed before attending practical session.		
Cost	N/A		

Bookings

Essential via: **Employee Connect - male catheterisation course**

Midwifery Emergency Skills Day

Desired Learning Outcomes:

Core and LMC Midwives will be updated and upskilled in Obstetric emergencies

Core and LMC Midwives will feel confident and competent when attending Obstetric emergencies

RN's will have an over view of Obstetric Emergencies & feel more confident in how they can contribute in these situations

Workshop Content for 2023:

- Post-Partum Haemorrhage (PPH), Shoulder Dystocia, Breech, SEPSIS,
- PM – CPR including Maternal Collapse, Fetal Scalp pH & Acid base balance, newborn resuscitation update

Dates	Catch up 2022 day in Dunedin 22 nd Feb 2023 26 th April 31 st May 22 nd June 26 th July 31 st August 28 th September 26 th October November – ALEXANDRA – TBC 29 th November 13 th December 28th February 2024 – Catch up Day for 2023 Council year (FOR THOSE PULLED OFF DAY WHEN SHORT ETC)
Venue	All Held in Quenelle Room 08:30 – 4:30 2 nd Floor Dunedin Public Hospital
Start Time & Duration	08:30–4:30
Additional Information	An email will be sent out to participants a month prior so Pre – Reading and CPR Quiz can be either picked up or sent out as requested beforehand

Attendee Limit	6 participants to 1 facilitator – 12 (maximum)
Target Audience	Midwives – Core/LMC & RN's employed on the unit
Facilitator	Wendy Munro – Midwifery Educator and Assistant
Bookings	Wendy Munro Midwifery Educator Wendy.Munro@southerndhb.govt.nz Extension 58736

Newborn Life Support Full Day Workshop (NZRC)

Desired Learning Outcomes:

That the participant can demonstrate effective airway management of the neonate and can effectively demonstrate ventilations and chest compressions.

Workshop Content:

- Pre and Post course Quiz, pre – reading,
- Resuscitation Skills covering the algorithm sequence, Airway skills, Bag & mask ventilation, UVC insertion, LMA insertion, practice with scenarios putting it all together.
- Practical Assessment

Dates	NZRC - Newborn Life Support Full Days 2023 25 th January 8 th March 12 th April 24 th May 21 st June 30 th August 13 th September 22 nd November
Venue	Skills Lab Fraser Building
Start Time & Duration	08:30 – 4:15
Additional Information	Our administrator will email out to participants the timetable for the day, a pre course quiz and a link to the NZRC website for pre reading: http://www.nzrc.org.nz/guidelines/#Section-13-Guidelines
Target Audience	LMC Midwives, Core midwives, NICU nurses, medical teams working with newborns
Rotational Facilitators	Wendy Munro, Lynette Will, Mel Rackham, Liza Edmonds, Mary Fahey, Juliet Manning, Yvonne Mosley Martin, Kylie Fraser
Attendee Limit	6 Participants to 1 facilitator – 12 maximum – 6 minimum

Bookings

Nicolene Niemand

Nicolene.Nemand@southerndhb.govt.nz

59291

NZRC CORE: Advanced Rescuer Course

Aims / Purpose:

Registered participants will learn and demonstrate resuscitation-related clinical and non-clinical skills at the “Advanced” level required to be certified by the New Zealand Resuscitation Council (NZRC)

Desired Learning Outcomes:

To be certified to the level of “Advanced Rescuer” at the standard required by the New Zealand Resuscitation Council (NZRC)

Content:

- Skill Station learning, practice and testing:
 - Adult, child and infant collapse
 - AED management in an emergency
 - Manual defibrillation and cardiac rhythm recognition
 - Airway management
 - Basic trauma management

- Knowledge Quiz: 25 questions multiple choice. 80% required for pass
- Scenarios: group work focussing on effective communication and team work in emergencies

Day	Dates		Venue
Thursdays	Feb 2 Feb 23* March 9 March 30* April 27 May 11 May 18* Jun 1 June 15 June 29*	July 19 Aug 1 Aug 10* Aug 23 Sep 1 Sep 20 Oct 5* Oct 20 Nov 1 Nov 16* Nov 28 Dec 13	The Otago Clinical Skills Laboratories, Fraser Building, Floor 2 <i>*indicates the course has a maximum of 12 Trainee Interns already registered for the course</i>

Target Audience	Doctors, Senior Registered Nurses and Senior Registered Anaesthetic Technicians working in acute areas of Dunedin Hospital – <i>Dunedin Hospital clinical staff indicated above take priority with registrations</i>
Start time & Duration	<p>This is an 8 hour course</p> <p>START: 0830 (participants must be registered and seated by 0820 at the latest) – late arrivals may be turned away and will not complete the course</p> <p>FINISH: 1630 (approximately)</p>
Facilitator	Paul Medeiros, OCSL Operations Coordination
Additional Information	<p>These officially NZRC accredited courses get fully booked up <u>at least</u> 6 months in advance – book well in advance to avoid disappointment – short notice requests for enrolment are rarely actioned. We will accommodate requests as we are able.</p> <p>Acute Dunedin Hospital area staff take priority when enrolments are requested and booked</p> <p>Once successfully registered, the participant will be sent an official registration confirmation and then a further email with detailed course information 3-4 weeks prior to the course.</p> <p>The course follows a strict cancellation and DNA policy:</p> <ul style="list-style-type: none"> • Registered participants cancelling within the minimum 3 weeks of the course (as required by the NZRC) may not be able to be re-registered for another course for a minimum of 6 months • Registered participants that do not arrive (DNA) as scheduled may not be able to be re-registered for another course for a minimum of 12 months <p>All cancellations and DNAs are reviewed on a case-by-case basis.</p> <p>Any individuals arriving that have not been formally registered cannot attend the course.</p> <p>Registered participants cannot pass their registration to someone else. If a registrant cannot attend a course they</p>

	<p>should email the course coordinator immediately to allow the standby system to be utilised if appropriate.</p> <p>If requested, participants may be loaned a NZRC Advanced Rescuer manual for the course by the OCSL. These are sent to participants via the internal mail system and cannot be collected from the OCSL itself.</p> <p>All participants must have a good ground-level understanding of resuscitation and be at least certified to the level of "Immediate Rescuer" to be enrolled onto the course.</p>	
<p>Bookings</p>	<p>Employee Connect (Te Whatu Ora participants)</p>	<p>Course enrolment requests are made by email to the OCSL Operations Coordinator. Requests are accepted through the requesting department Manager or Educator</p> <p>There is a maximum of 14 participants per course – this will not be exceeded</p> <p>Of the annual scheduled courses, 8 are dedicated to Trainee Interns as part of the Critical Care Module (indicated by *). A maximum of 2 additional participants can be enrolled onto the Trainee Intern courses</p> <p><u>Dunedin Hospital employee participants:</u></p> <p>12 hours is recorded for successful completion of this course.</p> <ul style="list-style-type: none"> • 8 hours: for the course itself • 4 hours: for pre-reading
	<p>Name</p>	<p>Paul Medeiros</p>
	<p>Email</p>	<p>Te Whatu Ora Health New Zealand Southern: paul.medeiros@southerndhb.govt.nz</p> <p>University of Otago: Paul.medeiros@otago.ac.nz</p>

Palliative Care Study Day

Aims / Purpose: To increase knowledge and understanding of Palliative Care

Desired Learning Outcomes: Able to discuss what is meant by a palliative care approach and incorporate into practice

Content: Overarching theme will be individual approach to care and building staff capacity for applying a palliative care approach within systems

- Palliative care in practice – symptom management
- Last Days of life
- Advance Care Planning

Day	Dates	Venue
Tuesday	30/03/2022	Fraser Building, Room A, Dunedin Hospital
Tuesday	21/09/2022	Fraser Building, Room A, Dunedin Hospital
Target Audience	All Registered Health Care Professionals	
Start time & Duration	0830hrs – 1600hrs	
Facilitator	Palliative Care Advisory Service	
Additional Information	This is a multidisciplinary study day – open to all health care professionals	
Bookings	Employee Connect	
	Name & Phone	Helen Sawyer 0276018236

	Email	PalliativeCareDND@southerndhb.govt.nz

PDRP Assessor Education Sessions

Course Overview and Learning Outcomes:

Note: Pre-requisites for attendance:

- Have health Learn access established
- PDRP assessor or in the process of becoming an assessor



Two separate workshops are being provided, morning and afternoon sessions to support own e-Portfolio creation including:

- Completing Health Learn e-Portfolio course
- Building own e-Portfolio: which includes utilising the e-Portfolio platform; also, educators and PDRP resource people wanting to understand the e-Portfolio platform to support nurses.
- E-Portfolio Peer / Manager Appraiser: aimed at those involved in writing peer reviews for nurse applicants (e.g., managers, preceptors etc) and supporting managers who need to complete the managers endorsement.

<p>Date & Venue of Sessions</p> <p>Room D, Practice Development Unit, 1st Floor Fraser Building, Dunedin Hospital</p> <p>23rd of March 2022</p>	<p>**PLEASE NOTE: You must have Health Learn access prior to attending the day (otherwise you will not be able to access the e-Portfolio platform)</p> <p>You will attend a morning <u>or</u> a PM session</p>
<ul style="list-style-type: none"> • Morning session 0900 – 1200 • Maximum number 6 participants 	
<ul style="list-style-type: none"> • PM session 1300 – 1600 • Maximum number 6 participants 	

Target Audience	Limited to Te Whatu Ora PDRP assessors and those people coordinating PDRP within their organisations
Bookings	Te Whatu Ora Employees - Please book via Employee Connect or contact your manager or educator who will book you <i>Contact Tanya Meldrum for more information if required</i>
Education Hours	Build an e-Portfolio – 3 hours per session
Maximum Number of Attendees	6
Facilitator	Tanya Meldrum
Additional Information	Tea and coffee will be available

PDRP Portfolio Workshop Otago – ‘Making it easy’

Course Overview:

This workshop aims to provide participants with knowledge regarding submission requirements for all PDRP levels. As part of this workshop all participants will have significant time to work on Self-Assessment, Peer-Assessment and /or appraisal with support from the PDRP Co-ordinators.



Desired Learning Outcomes:

On completion of the workshop participants will:

- Have started their own hard copy portfolio or **e-portfolio**
- Understand the requirements for a Competent Level portfolio integrating the principles outlined in the Whakamaua Māori Health Action plan 2020–2025
- Understand the requirements for a Proficient Level and Expert / Accomplished Level portfolio, and what constitutes quality evidence
- Be able to write self-assessment examples which meet NCNZ and PDRP requirements
- Be able to provide appropriate feedback to peers

**Additional workshop outcomes can be tailored to participants on the day*

Dates	Venue
March 23 rd , 2023	Practice Development Unit

June 14 th , 2023 September 19 th , 2023	1 st Floor Fraser Building Dunedin Hospital
Target Audience	Registered and Enrolled Nurses wanting to complete a PDRP portfolio / e-Portfolio
Time and Duration	0830 to 1630hrs
Attendee Limit	5 min – 7 max
Facilitator	Tanya Meldrum (PDRP Coordinator)
Additional Information	You are welcome to bring your own laptop (especially if you are not a Te Whatu Ora member) Load PDRP documents (appraisal / self-assessment and workbook) prior to arrival so you can save them and work on them in the afternoon session. (If your intension is to complete an e-Portfolio ensure you have completed the health learn course prior to attendance - RGIT003)
Cost	No charge
Bookings	Te Whatu Ora - Southern Employees – Please book via Employee Connect Non-Te Whatu Ora - Southern Employees – Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail PDUadmin.Otago@southerndhb.govt.nz

PROMPT – Practical obstetric multi-professional training

Desired Learning Outcomes:

Understanding the importance of working as a Team in reducing morbidity and mortality for mothers and babies. Understanding that teamwork includes excellent clear communication, Leadership and identified roles in an emergency, and situational awareness.

Dates	24 th February 2023 8 th September 2023
Venue	Quenelle Room 2 nd Floor Main ward Block Ante –Natal Clinic for scenarios
Start Time & Duration	07:45 – 16:30
Additional Information	Cost involved \$230 for those outside the DHB \$130 for those working for the DHB Pre reading Manual included in cost
Target Audience	Multi Professional Midwives Medical Staff Anaesthetists Anaesthetic Technicians

	Nurses from all areas St John Paramedics
Facilitator	Consultant Celia Devenish and a group of Multi Professional Trainers passionate about simulation and PROMPT to improve outcomes and responsiveness to emergency situations
Bookings	Lyn Crosbie – Service Administrator Women’s Health Lyn.Crosbie@southerndhb.govt.nz

Preceptorship Workshop

This interactive 2-day workshop covers the following topics:

- Learning styles
- Constructive communication
- Giving feedback
- Teaching a skill
- Assessing and documenting performance
- Managing conflict situations

The workshop uses a blend of traditional teaching methods with group work, role plays and fun activities to enable you to feel confident supporting students, new graduates, and Internationally Qualified Nurses.

You will also have the opportunity to meet staff from Otago Polytechnic and the University of Otago to learn about the different courses and expectations for Diploma of Enrolled Nursing students, Bachelor of Nursing students, Master of Nursing Students and Competence Assessment Programme (CAP) candidates.

The role of the preceptor is crucial for developing our future workforce. Being a preceptor is such a rewarding experience and we encourage you to take this next step in your career.

Preceptor Workshop Certification

At the end of this workshop, you will receive a certificate of participation to confirm the 16 hours of professional development. Following this, you will need to collect feedback from 2 separate preceptees and show these to your CNM or Nurse Educator to verify and endorse your competence in the clinical area.

Following completion of this course an **update** is available on HealthLearn: course SRLD002. This is to be completed every 3 years.

Dates	20 th & 21 st March 22 nd & 23 rd May 26 th & 27 th June 7 th & 8 th August 25 th & 26 th September 24 th & 25 th October
Venue	Ground Floor Helensburgh House Wakari Hospital
Start Time & Duration	0900 – 1630hrs
Additional Information	Mandatory Requirement for Preceptoring New Graduate Nurses NETP/NESP/ENSIPP
For Enquiries	Colette Parai NETP Coordinator DDI: 58775 colette.parai@southerndhb.govt.nz Or Fiona Armon NESP Coordinator DDI: 55366 Fiona.Armon@southerndhb.govt.nz
Bookings	Te Whatu Ora Nurses:

via Employee Connect (you will require your Unit Manager/Educator approval)

Non Te Whatu Ora Employees: Please contact PDU Administrator, ext. 59552 DDI 03 474 59552 or, e-mail

PDUadmin.Otago@southerndhb.govt.nz

Please provide the following information:

- Full name
- Designation
- Place of Work
- Managers full contact details including email address
- Your full contact details

Queen Mary Mandatory Training Workshop

Desired Learning Outcomes:

Midwives and NICU Nurses will learn about and understand issues they may come across when working with breastfeeding women. Midwives and NICU nurses will be confident in assisting breastfeeding women to problem solve these issues.

Workshop Content:

AM: Lactation Consultants presentations around topical issues affecting the breastfeeding population we encounter.

PM: TBA

Dates	8th Feb 2023 – Catch up for missed 2022 Day <u>Start of Midwifery Council 2023 Calendar year</u> 13 th April 25 th May 8 th June 6 th July 9 th August 14 th September
--------------	--

	<p>12th October 9th November 7th December 9th February 2024 – Catch up Day for 2023 (FOR THOSE PULLED OFF DAY WHEN SHORT ETC)</p>
Venue	<p>Quenelle Room 2nd Floor Main Hospital</p>
Start Time & Duration	<p>08:00 – 4:30</p>
Additional Information	<p>Reading Material may be handed out on the day</p>
Target Audience	<p>Midwives, RN's on our unit & NICU Nurses</p>
Facilitators	<p>AM – Lactation Consultants & PM – TBA</p>
Bookings	<p>Lactation Consultants – lactation.consultants@southerndhb.govt.nz Wendy Munro – Midwifery Educator Wendy.Munro@southerndhb.govt.nz Extension 58736</p>

Safe Moving & Handling Train the Trainer Workshop

Available for External Attendees

Workshop Content:

- Discomfort, pain and injury, fundamentals of posture and actions
- Risk assessment
- Patient handling requirements
- Practical techniques and safe use of equipment
- Moving and handling of people: the New Zealand guidelines
- Bariatric patients
- Emerging trends and technologies
- Teaching adults



Desired Learning Outcomes:

- Understand why Moving and Handling Programmes are required in the workplace
- Fundamentals of posture and actions when performing manual handling tasks
- Working as part of a team
- State the legislation governing manual handling in your workplace
- Explain the process of manual handling risk assessment and management

Dates	<ul style="list-style-type: none"> • Mon Feb 27 • Tues Mar 21 • Mon May 29 • Mon Jun 19 • Weds Oct 25 • Mon Nov 27
Venue	Clinical Skills Lab Dunedin Public Hospital
Start Time & Duration	9.00am-4.00pm
Additional Information	Contact will be made one week prior: with timetable, required reading and course activities
Target Audience	Clinical staff who would like to be Moving and Handling Trainers
Facilitator	Sarah Champion and Julz Smith; Moving and Handling Coordinators
Bookings	Via Employee connect, Local educator or Sarah.Campion@southerndhb.govt.nz Julz.Smith@southerndhb.govt.nz

Tiriti o Waitangi & Cultural Humility

Workshop Content:

Morning – Best practice in applying Te Tiriti o Waitangi principles, case studies

Afternoon – Cultural Humility, understanding our accountability and how to work in a humble way to support whanau.

Desired Learning Outcomes: Develop cultural toolbox and critical awareness of culture.

Dates	Dunedin- Monthly, March 6 th , 03 rd April, 22 nd May, 06 th June, 03 rd July, 1 st Aug, 4 th Sept, 2 nd Oct, 6 th Nov, 4 th Dec
Venue	Fraser A
Start Time & Duration	0900-1600
Additional Information	Wear comfortable clothing and shoes Jacket if it is a cold day.
Target Audience	Anyone wishing to grow their practice or meet regulatory requirements

Facilitator	Mathew Kiore
Bookings	Pulse- Cultural Education

***NB:** External attendant's welcome

Tikanga & Te Reo

Workshop Content:

- **Morning** - Introduction to Te Reo Māori in Health
- **Afternoon** - Tikanga and Cultural tools to support practice

Desired Learning Outcomes: Develop cultural toolbox

Dates	Dunedin, Monthly- Feb 8 th , Mar 7 th , Apr 4 th , May 23 rd , Jun 7 th , July 4 th , Aug 2 nd , Sep 5 th , Oct 6 th , Nov 7 th , Dec 12 th .
Venue	Fraser A
Start Time & Duration	0900-1600
Additional Information	Wear comfortable clothing and shoes Jacket if it is a cold day.

Target Audience	Anyone wishing to grow their practice or meet regulatory requirements
Facilitator	Mathew Kiore
Bookings	Pulse- Cultural Education

***NB:** External attendant's welcome

Vaccinator Training and Vaccinator Update Days

Please keep an eye out on the IMAC website for dates for Invercargill and Dunedin for 2023. At the time of print these were not yet available.

[Immunisation Advisory Centre | \(immune.org.nz\)](http://immune.org.nz)

Wound Care Implications and Treatments Study Day 2023

Aims / Purpose: This study day is intended for nursing staff (RNs and ENs) who undertake wound care as part of their practice.

Desired Learning Outcomes: Nurses will extend their skills in comprehensive wound assessment; responsible decision-making regarding dressing choice; how to prevent skin injury (Pressure Injury, IAD, Skin Tears); and management of a variety of wounds.

Workshop Content:

1. Wound Assessment and Choosing the Right Dressing
2. Wound Debridement
3. Burns
4. Negative Pressure Wound Therapy overview
5. SSKIN Prevention of pressure injuries/IAD prevention
6. Staging Pressure injury
7. Leg Ulcers
8. Skin Tears
9. Small Group exercises – assessment, staging, right dressing choice

Day	Dates	Venue
Mondays	13 th February 3 rd April 10 th July 11 th December	Fraser Rm A or B
Target Audience	RN's and EN's	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	<p>How to Register</p> <ul style="list-style-type: none"> Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the particular day you wish to attend <p>Staff not working for Te Whatu Ora</p> <ul style="list-style-type: none"> Register with Andrea Dorne, 4th Floor Clinical Nurse Educator andrea.dorne@southerndhb.govt.nz 	
Bookings Te Whatu Ora Staff	Employee Connect	Set up on Employee Connect as: Wound Care Implications & Treatments SD (25 attendees max)
	Name & Phone/Email	Emil Schmidt 021 477059 emil.schmidt@southerndhb.govt.

Wound Care Competency Study Day 2023 (NPWT and Compression Competency)

Aims / Purpose: This study day is intended for nursing staff (RN and EN) who are required to gain competency in Negative Pressure Wound Therapy (NPWT) and Compression Bandaging for practice. Sessions on Pressure Injury Prevention, Wound Assessment and making the right dressing selection will also be provided.

Desired Learning Outcomes: Those attending this study day will complete the required theory and practice for the application of NPWT and compression bandaging. Nurses will also extend their skills in comprehensive wound assessment and responsible decision making about dressing choice, and how to prevent pressure injury.

Content:

1. Negative Pressure wound treatment (NPWT), When? How? and Why?
2. Appropriate use of compression bandaging in the treatment and management of leg ulcers.
3. Prevention of Pressure Injuries
4. Wound Assessment and Choosing the Right Dressing
5. Theoretical and Practical Assessment of competencies for 1 and 2

Nb. Pre study day learning (self-learning packages) require completion prior to attending this study day. Attendees are awarded 4hrs Professional Development extra to the 8hr study day for completion of this work (12hrs PD total).

Day	Dates	Venue
Mondays	13th March 17th April 3rd July 9th October 13th November	Fraser Rm B
Target Audience	RN's and EN's who require competency in NPWT and Compression Bandaging	
Start time & Duration	0830-1630	
Facilitators	Emil Schmidt/ Andrea Dorne	
Additional Information	<p>How to Register and complete preparation prior to day.</p> <p>Staff who work for the Te Whatu Ora</p> <ul style="list-style-type: none"> • Contact your Nurse Educator or CNM for approval and be enrolled on Employee Connect for the day you will attend • Log on to MIDAS and access Self-directed Learning Packages for completion prior to the day: Compression Bandaging MIDAS 46960 / NPWT MIDAS 81539 • Pre-reading and self-learning packages will also be sent via work email to participants at least 2 weeks prior to the study day. <p>Staff not working for Te Whatu Ora</p> <ul style="list-style-type: none"> • Register with Andrea Dorne, 4th Floor Clinical Nurse Educator, via email andrea.dorne@southerndhb.govt.nz • Self- learning packages with pre-reading requirements sent via email, with reminder email to participants 2 -3 weeks prior to the study day 	

Bookings	Employee Connect	Set up on Employee Connect as: Wound Care Competency SD (25 attendees max)
	Name & Phone	Emil Schmidt 021 477059 Andrea Dorne Ext 58413
	Email	andrea.dorne@southerndhb.govt.nz emil.schmidt@southerndhb.govt.nz